

February A.M. P.M. Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 A.M. Oatmeal Strawberries Milk P.M. 1/2 Peanut but- ter banana sandwich Milk	2 A.m. Biscuit/ Gravy Cooked Apples Milk P.M. Yogurt Graham cracker water	3
4	5 A.M. Toast /Jelly Grapes Milk P.M. Pepper sticks/dip Milk Infants: crackers	6 A.M. Scrambled egg Applesauce Milk P.M. Cottage Cheese Cherry Tomatoes Water	7 A.M. Pancakes Strawberries Milk P.M. Cereal Milk	8 A.M. Cream of Wheat Peaches Milk P.M. Cheese Sand- wich Water	9 A.M. Bagel/ Cream Cheese Apricots Milk P.M. Orange Cranber- ry Muffin Milk	10
11	12 A.M. Waffle Warm Peach topping Milk P.M. English Muffin Jelly Milk	13 A.M. Hash Brown Tropical fruit Milk P.M. Hummus Pita chips	14 A.M. Boiled egg Mandarin Oranges Milk P.M. Tuna Dip Crackers	15 A.M. Baked oat- meal Mandarin oranges Milk P.M. Cheese Cubes grapes Water	16 A.M. Cereal Milk P.M. Fruit Cup Milk	17
18	19 A.M. Toast Cooked Apples Milk P.M. String Cheese Fresh Pears	20 A.M. Yogurt Blue- berries Milk P.M. Soft Pretzels Cheese sauce Water	21 A.M. Cheese Toast Fruit Cocktail Milk P.M. Apple Milk	22 A.M. Applesauce French Toast 1/2 Apple Milk P.M. Goldfish Crack- ers Milk	23 A.M. Butter Biscuit Mandarin oranges Milk P.M. Graham Cracker Pudding Milk	24
25	26 A.M. Egg Cup Banana Milk P.M. Bread Sticks marinara Water	27 A.M. Grits Peaches Milk P.M. Cheese Quesadilla water	28 A.M. Turkey bacon Pineapple Milk P.M. Cinnamon Pita Chips milk			