

May Prayer Guide

Theme: Hope

Romans 15:13

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

Week 1: Pray with Hope and Joy

John 15:11

These things have I spoken to you, that my joy may be in you, and that your joy may be full.

This week, let your prayers be filled with joyful hope:

- Rejoice in the joy that comes from abiding in Christ.
 - Praise Him as the source of your strength, provision, and delight.
 - Ask God to renew your joy in Him daily, no matter your circumstances.
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Week 2: Pray with Hope and Peace

Philippians 4:6-7

Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

This week, focus on praying with a heart anchored in peace:

- Release your worries to the Lord through prayer and thanksgiving.
 - Rest in the peace that comes from knowing He is in control.
 - Ask the Holy Spirit to calm your heart and mind as you hope in Him.
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Week 3: Pray with Hope and Believing

Mark 9:24

And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.

This week, pray with a heart of belief:

- Acknowledge any doubts and ask God to strengthen your faith.
 - Remember that belief is not based on where you are but on who He is.
 - Reflect on the heroes of faith in **Hebrews 11** and ask God to grow your confidence in His promises.
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Week 4: Pray with Hope and Hope

Ephesians 6:13-14

Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

This week, let your prayers be grounded in active, persevering hope:

- Ask God to help you stand firm, fully equipped with His truth and righteousness.
 - Pray with bold, enduring hope—even when the path forward seems unclear.
 - Remember: hope is not passive—it calls us to action and trust.
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May this month deepen your hope in Christ and anchor you in joy, peace, belief, and perseverance through prayer.