

Psalm 145 – “Speaking UP” Gospel Community Follow-up.

Psalm 145 encourages God’s people to intentionally contemplate how amazing God is so that his praise and the amazing things he’s done become part of our daily conversations. David is encouraging us to speak openly and freely about God and all he has done, and is doing. He reminds us that God is great and glorious, and good, and gracious.

It is a tragic reality that often the language of the Psalms is absent on the lips of his people. In fact, it is easy to allow our minds to be so consumed with demands and issues of daily life and not even think about how good God is.

What Psalm 145 encourages us to do is also key to our witness in this world. Speaking about the amazing things God has done reveals the reality of his kingdom to others. Read the beginning of Genesis 3 carefully and you will notice that the devil manipulates Eve by getting her to question the character of God. The very first humans reject God and his ways not because they didn’t know his command, but because they questioned his character.

We can teach about his commands. We can go to great lengths to explain what the bible says about important issues. We can give our views on politics and social issue, but quite honestly what people are having the most trouble seeing is that God is good; that he is really great and glorious and gracious. Sometimes we even have a hard time believing these things in our own hearts, especially in times of difficulty and disappointment.

The things we dwell on in our minds are the things that capture the affections of our hearts. The things that dominate our hearts are the things we speak about often. So this Psalm is encouraging God’s people to intentionally contemplate how amazing God is so that his praise and stories of the amazing things he has done spill out into our daily conversations.

Questions to guide follow-up:

- Why do you think openly blessing God and speaking of his amazing deeds is often absent from our daily interactions with people?
- Think through the last several months. How has God revealed his greatness, goodness, and graciousness to you? Take some time with your group to share stories of God’s greatness, goodness, and grace.
Note: This could be a personal story or a story from scripture that impacted you recently. See if you can identify a couple of stories to share with the larger church family.
- How we can make blessing God and celebrating the things he’s done a more normal part of our every day conversations?