

# FOCUS 20/25 BIBLE READING PLAN

## The Worth of Prayer

### The Book of PSALMS

#### PSALM 2

WHY "do the "nations  
And the people  
thing?"

2 The kings of the earth  
themselves,  
And the "rulers  
together.

# THE WORTH OF PRAYER

## September Devotional

### **WEEK 1: The Posture of Prayer – Turning Toward God**

Prayer isn't just about what we say—it's about the posture of our hearts as we approach God. Before we ever ask for strength, healing, direction, or breakthrough, we must ask: Am I turned toward Him? This week, we explore what it means to be honest, surrendered, trusting, and attentive in our prayer life. From King David's repentance to Mary's obedience, from Nehemiah's leadership to groanings too deep for words—we learn that the posture of prayer sets the tone for the power of prayer. Let this week shape how you turn to God, before you ask Him to move.

Sept 1 | Posture: Honest Prayer | Psalm 51:1–12

Sept 2 | Posture: Listening to God | 1 Samuel 3:1–10

Sept 3 | Posture: A Heart That Trusts | Proverbs 3:1–8

Sept 4 | Posture: Surrender | Luke 1:26–38

Sept 5 | Posture: A Praying Leader | Nehemiah 1:1–11

Sept 6 | Posture: When You Don't Have Words | Romans 8:26–28

Sept 7 | Posture: Prayer and Fasting | Ezra 8:21–23

### **WEEK 2: Prayers that Build & Battle**

In our spiritual lives, prayer is not only how we build strength and character—it's also how we battle fear, lies, temptation, and discouragement. This week, we will learn from prayers in Scripture that protect, intercede, break through, and speak prophetically into the battles we face—both visible and invisible. These prayers are not just emotional cries; they are spiritual strategies. This week, let's grow stronger together and fight well, through prayer.

Sept 8 | Prayers for Protection | Psalm 91:1–16

Sept 9 | Prayers of Battle | 2 Chronicles 20:1–30

Sept 10 | Prayer for Strength | Isaiah 40:27–31

Sept 11 | Prayers of Lament | Lamentations 3:19–26

Sept 12 | Community Prayer | Acts 4:23–31

Sept 13 | Intercession | Genesis 18:16–33

Sept 14 | Prophetic Prayer | 1 Kings 18:36–3

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### **WEEK 3: Jesus—the Ultimate Prayer Model**

If you want to learn how to pray, look no further than Jesus. In His life, we see prayer not as an obligation—but very life. Jesus prayed early in the morning and deep into the night. He prayed in crowds and alone. He prayed when He was joyful and when He was in agony. This week, we explore how Jesus modeled prayer for every part of our lives: persistence, Scripture, worship, surrender, and intercession. He didn't just talk to God—He trusted God.

Sept 15 | Jesus Prays | Luke 5:15–16, Luke 6:12–16

Sept 16 | Jesus Teaches Prayer | Matthew 6:5–13

Sept 17 | Jesus' Gethsemane Prayer | Luke 22:39–46

Sept 18 | Jesus Prays for Us | John 17:1–26

Sept 19 | Persistence in Prayer | Luke 18:1–8

Sept 20 | Praying the Scriptures | Psalm 119:9–18

Sept 21 | Worshipful Prayer | Revelation 5:6–14

### **WEEK 4: The Early Church & Bold Praying**

The early church didn't play it safe. They prayed with boldness, lived with courage, and trusted the power of God to show up in extraordinary ways. Their lives were marked by shared prayers, supernatural breakthroughs, and sacrificial love. This week, we learn how prayer wasn't just personal—it was communal, powerful, and essential to their mission. As we reflect on the church's legacy, we are reminded that bold prayer leads to bold living. We too are called to be a praying, Spirit-filled community that believes God still moves.

Sept 22 | Early Church Prayers | Acts 2:42–47

Sept 23 | Breakthrough Prayer | Acts 12:1–17

Sept 24 | Boldness in Prayer | Acts 16:25–34

Sept 25 | Paul's Prayer for the Church | Ephesians 1:15–23

Sept 26 | A Legacy of Faith | 2 Timothy 1:1–7

Sept 27 | Generational Prayer | Deuteronomy 6:1–9

Sept 28 | God Hears the Broken | Psalm 34:15–22

### **WEEK 5: A Legacy of Prayer**

Prayer is never just about the moment. It builds bridges between generations, plants seeds for future faith, and continues to echo even after our voices grow silent. This week, we're leaning into the legacy that prayer leaves behind—how it shapes us, strengthens others, and secures our future in Christ. As we wrap up this month of prayer, be reminded: your prayers matter more than you know.

Sept 29 | The Prayer of Jabez | 1 Chronicles 4:9–10

Sept 30 | Keep Praying | 1 Thessalonians 5:16–24



# WEEK 1: The Posture of Prayer – Turning Toward God

Prayer begins not with perfect words but with a posture—a heart that turns toward God. In this first week, we explore what it looks like to bring our whole selves before the Lord: honest, listening, surrendered, and trusting. Prayer isn't only asking—it's receiving, waiting, yielding, and standing in reverence. This week helps us center our lives by posturing our hearts in the right direction.

## September 1 | “Honest to God”

**READ:** Psalm 51:1–12

True prayer doesn't start with polished language—it begins with honesty. David's cry in Psalm 51 wasn't poetic for the sake of beauty; it was desperate, messy, and raw. He confessed without filters because he knew mercy was greater than shame. Your failures don't repel God—Your honesty moves him. David's posture was one of repentance and restoration. He didn't just ask for forgiveness—he begged to be changed from the inside out.

In community, we often struggle to be honest. We present a version of ourselves we think others will accept. But spiritual legacy begins with truth: truth before God, ourselves, and one another. When we become a people of honest prayer, we create a space where others can be vulnerable, too. The posture of prayer begins with dropping the mask.

**What's one area of your life where you need to be more honest with God? How does honesty in prayer help shape your relationships with others?**

**PRAY:**

Lord, I come just as I am. No filter, no mask. Create in me a clean heart and renew a right spirit within me.

**ACT:**

Write a personal prayer of repentance or honesty in your journal. Be specific and unfiltered.

**Evening Examen:**

***Where did I feel close to God today? Was there a moment I avoided being honest—with God or someone else?***

## September 2 | “Speak, Lord. I’m Listening”

**READ:** 1 Samuel 3:1–10

The posture of listening is rare in our world of noise. Samuel's willingness to respond—“Speak, Lord, your servant is listening”—came before he fully understood who was calling. Prayer is not just about talking; it’s about attuning your ear. God still speaks, often quietly, through Scripture, nudges, people, and peace. But are we listening?

Listening to God forms the foundation of healthy leadership, discernment, and legacy. If we want to be a church that lives and leads in power, we must cultivate spiritual ears. Like Samuel, sometimes the best thing we can say in prayer is nothing at all—just “Here I am.”

**How do you position yourself to hear from God daily? What distractions are keeping you from listening in prayer?**

**PRAY:**

Lord, still my heart. Make me sensitive to Your voice, even in the quiet.

**ACT:**

Spend 10 minutes in silence today after reading Scripture. Ask, “God, what do You want me to hear today?”

**Evening Examen:**

***What voice did I listen to most today—God’s or the world’s? What might God have been trying to say that I overlooked?***

## September 3 | “Leaning on Trust”

**READ:** Proverbs 3:1–8

Trusting God is a posture of dependence, not passivity. It’s daily choosing His way when yours seems clearer. Proverbs reminds us not to lean on our own understanding—not because we’re unintelligent, but because divine wisdom surpasses logic. To trust God is to surrender control and direction.

Community thrives when we trust God’s path more than our plans. Legacy grows when we teach our children and peers to do the same. Trust builds bridges over confusion, disappointment, and fear. It’s not a blind leap; it’s a steady walk hand-in-hand with the One who sees the end from the beginning.

**In what areas are you still leaning on your own understanding? How can trusting God create deeper unity in your community?**

**PRAY:**

God, I give You my plans, my fears, and my future. Teach me to trust even when I don’t understand.

**ACT:**

Identify one area where you’ve been self-reliant and take one small step today to trust God with it.

**Evening Examen:**

***Where did I feel peace from trusting today? Did I try to control something instead of surrendering it?***

## September 4 | “The Yes of Surrender”

**READ:** Luke 1:26–38

Mary’s “yes” to God was one of the most courageous acts of surrender in history. She didn’t have all the answers, but she had enough trust to say, “Be it unto me.” That posture of prayer—openness and surrender—allowed her to carry purpose and legacy that changed the world.

What is God asking you to say yes to? Often, the most powerful moves of God begin not with grand gestures but surrendered hearts. In your community, your yes could unlock healing, reconciliation, or revival. A posture of surrender makes room for divine possibility.

**What is God calling you to surrender today? How does your “yes” impact those around you?**

**PRAY:**

God, I don’t have all the answers, but I say yes to Your will.

**ACT:**

Write down something you’ve resisted saying yes to—and take the first step of surrender.

**Evening Examen:**

***What did surrender look like for me today? Where did I resist God's leading?***

## September 5 | “A Leader Who Prays”

**READ:** Nehemiah 1:1–11

Nehemiah was a leader who didn't just plan—he prayed. When faced with brokenness, he didn't rush into action. He wept, fasted, and prayed first. His heart broke for what broke God's heart. That posture fueled his leadership and influenced a nation. Before he built walls, he built trust with God.

Every legacy begins with prayer. If you're in any position of influence—parent, coach, manager, mentor—your greatest leadership weapon is prayer. A praying leader brings clarity, humility, and compassion into every room. You don't need a title to pray like Nehemiah. You just need a burden and boldness.:

**What has God burdened your heart for? How can you pray for your family, church, or city?**

**PRAY:**

Lord, break my heart for what breaks Yours. Make me a leader who prays first and acts second.

**ACT:**

Pray specifically for someone or something you lead. Journal what God places on your heart.

**Evening Examen:**

*Did I lead with prayer today? What burden grew heavier on my heart?*



## September 6 | “When Words Won’t Come”

**READ:** Romans 8:26–28

Some days, prayer feels impossible. Grief, confusion, or exhaustion can steal your words. But Romans reminds us we’re not alone—when we can’t find words, the Spirit intercedes. This is the comfort of community and legacy: we don’t carry burdens alone, and even heaven joins in the groaning.

Your silence isn’t a failure. It’s a sacred place where God listens to your tears. In these moments, the Spirit takes over. Don’t underestimate silent prayer. It may be your most powerful intercession.

**Have you ever felt stuck in prayer? What helped you keep going? How does knowing the Spirit prays for you change your view of silence?**

**PRAY:**

Holy Spirit, intercede for me. When I have no words, let my silence still reach Heaven.

**ACT:**

Sit in God’s presence for 10 minutes without words. Trust that your silence is heard.

**Evening Examen:**

*Did I make space for silence today? Where did I sense God’s presence without speaking?*

## September 7 | “Fasting Focus”

**READ:** Ezra 8:21–23

Fasting isn't a hunger strike to get God's attention—it's a way to sharpen our own. Ezra called the people to fast, not to impress God, but to seek Him clearly for protection and direction. It was a posture of humility and faith.

When we fast and pray as a community, something shifts. God honors unity, dependence, and holy hunger. Legacy is forged when people sacrifice comfort for clarity. What are you willing to lay down so you can pick up what God has for you?

**What distractions need to be set aside to hear from God more clearly? How might fasting strengthen your community's focus?**

**PRAY:**

Lord, I want to seek You with my whole heart. Help me remove anything that blurs my view.

**ACT:**

Choose one meal or activity to fast from today. Use that time to pray for guidance.

**Evening Examen:**

*Where did I sense deeper hunger for God today? Did I make a sacrifice that brought spiritual clarity?*

## WEEK 2: Prayers That Build & Battle

Prayer is not passive—it's powerful. This week, we lean into the dimension of prayer that strengthens us in battle, binds us in unity, and breaks chains that keep us bound. These passages teach us how to stand firm, from protective prayers to bold intercession and prophetic declarations. We are not just participants in spiritual warfare—we are equipped, backed by heaven, and surrounded by a praying community. Prayer builds up the weary and battles against the forces that come to tear us down.

### September 8 | "Sheltered in the Shadow"

**READ:** Psalm 91:1–16

There's nothing more secure than being under God's covering. Psalm 91 is not a superstition or a lucky charm—it's a declaration of trust in God's constant presence. It reminds us that God is our refuge and fortress, shielding us from what we see and what we don't. The enemy thrives on fear, but prayer anchors us in faith.

As a community, our prayers for one another create a canopy of protection. This is legacy: praying protection over children, over elders, over each other's minds and hearts. In a chaotic world, our protection isn't in the absence of danger—it's in the presence of the Almighty.

**Where do you need to trust God for protection right now? Who can you cover in prayer this week?**

**PRAY:**

Father, I rest in Your shadow. Cover me and those I love with Your wings.

**ACT:**

Text or call someone and let them know you're praying Psalm 91 over them today.

**Evening Examen:**

***When did I feel most safe or covered today? Did I speak or think fear more than I prayed faith?***

## September 9 | “The Battle Is the Lord’s”

**READ:** 2 Chronicles 20:1–30

Jehoshaphat faced a vast army, but he didn’t start with weapons—he started with worship and prayer. His posture was humility: “We don’t know what to do, but our eyes are on You.” What followed was divine strategy and victory without lifting a sword. Worship led the way. God fought for them.

We don’t battle people—we battle fear, doubt, injustice, and spiritual resistance. Our power isn’t in shouting louder; it’s in seeking God first. When our families, churches, or cities face battles, our greatest weapon is prayer followed by praise.

**What battles are you trying to fight in your own strength? How can worship become your weapon this week?**

### **PRAY:**

Lord, I fix my eyes on You. I don’t have all the answers, but I trust You to fight for me.

### **ACT:**

Write out a prayer and praise declaration over your current battle. Declare God’s power out loud.

### **Evening Examen:**

***What felt like a battle today? Did I pray first or panic first?***

## September 10 | “Prayed Up and Strengthened”

**READ:** Isaiah 40:27–31

When life wears us down, prayer lifts us up. Isaiah reminds us that strength isn't just physical—it's spiritual. Those who wait on the Lord will renew their strength. Prayer is the waiting room where God exchanges our weakness for His strength.

You may feel like you've been running on fumes. Don't give up. As a community, when we check on one another, pray for one another, and carry each other's burdens, we multiply strength. A praying church is a strong church. Prayer doesn't always remove the weight—but it gives you wings to rise above it.

**What has been draining your strength lately? Who strengthens you when you're weary—and how can you return the favor?**

**PRAY:**

God, renew me. I am tired, but I wait on You with expectation.

**ACT:**

Encourage someone today who looks tired or burdened. Let them know you're praying for strength.

**Evening Examen:**

***Where did I feel strengthened today? Where do I still need renewal?***



## September 11 | “When It Hurts to Pray”

**READ:** Lamentations 3:19–26

There are times when words don’t heal but hurt. Jeremiah, the weeping prophet, prayed from a pit of despair. But even in the middle of sorrow, he remembered: “The steadfast love of the Lord never ceases.” Lament is sacred—it’s honest prayer in the face of suffering.

We need room in our communities for lament—to grieve, to cry, to feel without being rushed into resolution. Prayer doesn’t always fix everything overnight, but it does remind us we are not alone in the pain. God meets us in the pit and whispers, “Hope is not lost.”

**What sorrow or pain are you carrying today? Do you give yourself permission to lament before God?**

**PRAY:**

Lord, You see my tears. Meet me in my sorrow and remind me of Your faithfulness.

**ACT:**

Write a personal lament to God. Don’t hold back—be as honest as Jeremiah.

**Evening Examen:**

*Did I allow myself to feel or did I numb today? Where did I experience God’s compassion?*

## September 12 | “Together in Prayer”

**READ:** Acts 4:23–31

When the early believers were threatened, they didn’t isolate—they gathered and prayed. Their prayer didn’t ask for safety—it asked for boldness. The Spirit shook the room, not because of eloquent words but because of unified faith. Community prayer shifts atmospheres.

When we pray together—across generations, backgrounds, and preferences—we declare, “We are one in Christ.” That kind of unity builds legacy. We model to the next generation what it looks like to pray through pressure, persecution, and purpose.

**What happens when people pray in unity? How can your small group, team, or family grow stronger in prayer?**

**PRAY:**

Lord, shake our hearts. Make us bold and unshaken as we pray together.

**ACT:**

Gather with someone or a group today and pray together—intentionally and boldly.

**Evening Examen:**

*Did I pray with someone today? What boldness did I ask for?*

## September 13 | “Standing in the Gap”

**READ:** Genesis 18:16–33

Abraham’s intercession for Sodom is a masterclass in bold, persistent prayer. He didn’t plead out of fear—he pleaded out of relationship. He stood in the gap for others, believing in God’s mercy even when judgment seemed imminent.

Intercession is a privilege and a responsibility. It’s not gossip in disguise—it’s advocacy before the throne. Legacy is built when we teach others how to stand in the gap with prayer, not just opinion. Who are you praying for that doesn’t even know it?

**Who needs you to stand in the gap in prayer right now? What does it mean to intercede out of love?**

**PRAY:**

God, teach me to intercede. Break my heart for others the way Yours breaks for them.

**ACT:**

Make a short list of 3 people or situations and pray specifically for them this week.

**Evening Examen:**

***Who did I lift up to God today? Did I intercede or just observe?***

## September 14 | “Fire-Fueled Prayer”

**READ:** 1 Kings 18:36–39

Elijah’s prophetic prayer was short but explosive. It wasn’t performance—it was power. He prayed that people would see and believe, and fire fell. Prophetic prayer declares God’s reality over present circumstances. It brings heaven to earth.

The church needs prophetic voices in pulpits, living rooms, and classrooms. Your prayers can call fire down in places of spiritual drought. Speak what God says, and trust Him to show up.

**What do you need to speak life over today? Are your prayers faith-filled or fear-filled?**

### **PRAY:**

God, let my words align with Your Word. Let my prayers reflect Heaven.

### **ACT:**

Declare one prophetic truth out loud today—over your family, your work, your church, or your city.

### **Evening Examen:**

*Did my words today align with God’s truth? Where do I need to pray with more fire?*

## WEEK 3: Jesus—the Ultimate Prayer Model

If you want to learn how to pray, watch Jesus. His life wasn't just filled with miracles—it was grounded in constant communion with the Father. Jesus shows us prayer isn't a backup plan—it's the source of power, clarity, and peace. This week, we sit at His feet, study His rhythm, and follow His example. Whether you're just learning to pray or longing to go deeper, Jesus offers us a blueprint: withdraw, listen, trust, and speak to the Father with confidence.

### September 15 | “Withdraw to Refuel”

**READ:** Luke 5:15–16, Luke 6:12–16

Even at the height of His popularity, Jesus often withdrew to lonely places to pray. He knew the importance of spiritual margin. The busier the season, the more intentional He became about finding space to talk to the Father. Before selecting the twelve, He prayed all night—showing us that major decisions require spiritual preparation.

We live in a world that rewards hustle but undervalues stillness. As followers of Jesus, we must regularly pull away—not to escape, but to refuel. In those quiet places, God speaks, strengthens, and sends us back filled. If Jesus needed prayer space, so do we.

**When was the last time you withdrew to pray without distraction? What decisions do you need to bring before God this week?**

#### **PRAY:**

Jesus, teach me to pause. Make space in my life where You can speak clearly.

#### **ACT:**

Block out at least 20 minutes this week to unplug and be in quiet prayer with God.

#### **Evening Examen:**

***Did I create space for God today? What did I hear or sense in prayer?***



## September 16 | “Lord, Teach Us to Pray”

**READ:** Matthew 6:5–13

The disciples didn’t ask Jesus to teach them how to preach, heal, or lead—they said, “Teach us to pray.” Jesus responded with what we now call The Lord’s Prayer. This prayer is not just for recitation—it’s a model for all prayer. It begins with worship, moves into alignment with God’s will, asks for provision and protection, and ends in trust and praise.

This model grounds us and guides us. It keeps our prayers from becoming all requests and no relationship. When we pray like Jesus taught, we remember who we’re talking to: a loving Father who hears, helps, and holds us close.

**Which part of the Lord’s Prayer speaks to your life right now? How can you begin to model your personal prayers after this format?**

### **PRAY:**

Father, hallowed be Your name. May Your kingdom come and Your will be done in my life today.

### **ACT:**

Pray the Lord’s Prayer slowly and reflectively. Let each line become a personal conversation with God.

### **Evening Examen:**

***Did I align my will with God’s today? What part of the Lord’s Prayer do I need to live out tomorrow?***

## September 17 | “Not My Will, But Yours”

**READ:** Luke 22:39–46

In the Garden of Gethsemane, Jesus wrestled with deep sorrow. His prayer was raw, honest, and full of surrender: “If You’re willing, take this cup—but not My will, Yours be done.” This wasn’t weak faith—it was real faith. Faith that chooses obedience when it’s costly. Faith that trusts even in anguish.

There is legacy in surrender. When we pray in surrender, we teach our children, our friends, and even our church that faith is not about always feeling strong—it’s about always choosing trust. Jesus didn’t just model miracles—He modeled how to stay surrendered in the hardest moments.

**What is your “cup” right now? What’s difficult to surrender? How can Jesus’ Gethsemane prayer shape your prayer posture?**

**PRAY:**

Father, I don’t always understand, but I trust You. Help me to say, “Not my will, but Yours.”

**ACT:**

Write out a “surrender list”—areas of your life you’re committing to lay before God.

**Evening Examen:**

***Where did I struggle to surrender today? Where did I say “yes” to God’s will even when it was hard?***

## September 18 | “Jesus Prays for Us”

**READ:** John 17:1–26

Before going to the cross, Jesus prayed for His disciples—and for us. He prayed for our protection, unity, joy, and truth. Think about that: Jesus prayed for you by name before you were ever born. He saw your faith walk, your challenges, your community—and He prayed that we’d be one, just as He and the Father are one.

This prayer is a legacy prayer. It spans generations, connecting us across time and space to the heart of Christ. If Jesus prayed for us, surely we can pray for one another. Our community grows stronger when we echo the prayers of Jesus in our own hearts and homes.

**How does it feel knowing Jesus prayed for you? Who in your life needs to hear you’re praying for them?**

**PRAY:**

Lord Jesus, thank You for praying for me. Help me live in a way that honors Your prayer.

**ACT:**

Reach out to someone and let them know you prayed for their strength, unity, or joy today.

**Evening Examen:**

*Did I walk in unity today? Did I reflect the kind of joy Jesus prayed for?*

## September 19 | “Don’t Stop Praying”

**READ:** Luke 18:1–8

Jesus told the parable of the persistent widow to show us we should always pray and not give up. This woman kept coming to the judge until she got justice. Persistence in prayer isn’t about wearing God down—it’s about building up our own faith and trust.

Some answers take time. Some breakthroughs come after seasons of silence. But God hears. Legacy is built when we teach the next generation to persevere in prayer—to pray again, believe again, and keep trusting when the “yes” hasn’t come yet.

***Where do you feel like giving up in prayer? How can persistence grow your trust in God?***

### **PRAY:**

God, give me the faith to keep asking, the strength to keep knocking, and the patience to keep waiting.

### **ACT:**

Revisit a prayer you stopped praying and begin to lift it up again today.

### **Evening Examen:**

***What did I persist in today? Where do I need to keep praying, even when I don’t see progress?***

## September 20 | “Praying the Scriptures”

**READ:** Psalm 119:9–18

Sometimes, the best prayers come straight from God’s Word. Psalm 119 teaches us how Scripture and prayer are intertwined. When we pray the Word, we align ourselves with God’s truth, renew our minds, and saturate our hearts with His promises.

Teaching others to pray Scripture is one of the most powerful tools we can pass on. It gives us language when we don’t have words, and authority when we’re facing lies. Scripture is not just for reading—it’s for praying, believing, and declaring.

**Have you ever prayed Scripture before? How did it shape your prayer? What verse speaks to your current situation?**

**PRAY:**

Lord, open my eyes to see wonderful things in Your Word. Let Your truth shape my prayers.

**ACT:**

Choose a verse and personalize it into a prayer today. Speak it out loud.

**Evening Examen:**

***What Scripture shaped my thinking today? Did I let the Word guide my prayers?***



## September 21 | “Holy, Holy, Holy”

**READ:** Revelation 5:6–14

Prayer isn’t always asking—it’s also adoring. In Revelation 5, we witness worshipful prayer around the throne. Creatures, elders, and angels cry out in unified praise: “Worthy is the Lamb!” This scene reminds us that at the center of prayer is a Person—not just a need.

Worship anchors our souls in who God is. It lifts our eyes from problems to power. When we build a culture of worshipful prayer in our homes and churches, we reflect heaven. Worship is our legacy, and praise is our weapon.

**Do you take time to worship in prayer, not just request? What does Revelation’s throne room scene stir in your heart?**

**PRAY:**

Worthy are You, Jesus. I worship You for who You are—not just what You do.

**ACT:**

Spend 5 minutes in worshipful prayer—no requests, just reverence.

**Evening Examen:**

***Did I worship today—or just request? What attribute of God filled my heart with awe?***

## WEEK 4: The Early Church & Bold Praying

The early church didn't grow because of marketing or charisma—it grew through bold, Spirit-empowered prayer. They weren't just praying for safety but strength, courage, unity, and breakthrough. They prayed in community, in crisis, and with confidence. Their legacy is our model. If we want to see transformation in our homes, churches, and communities, we must return to the kind of prayer that shaped the early believers: bold, unshaken, and filled with expectation.

### September 22 | “Devoted Together”

**READ:** Acts 2:42–47

The early church was devoted to prayer, teaching, fellowship, and breaking bread. It wasn't a checklist—it was a lifestyle. They prayed together and saw God move in miraculous ways. There was a holy rhythm in their community—a flow of generosity, worship, and unity that created space for God to add to their numbers daily.

Prayer was the backbone of their togetherness. When prayer becomes central, not optional, community becomes vibrant, not stale. It's not just what they did—it was who they were. That same Spirit is available to us now.

**What does being “devoted” to prayer look like for you? How is prayer shaping your church or community?**

**PRAY:**

Lord, make us a community devoted to prayer and open to Your Spirit's movement.

**ACT:**

Schedule a short prayer gathering (in person or virtual) with 1–2 others this week.

**Evening Examen:**

***How did I participate in spiritual community today? Was I open to being devoted, not just disciplined?***

## September 23 | “When Chains Break”

**READ:** Acts 12:1–17

Peter was in prison, but the church was praying. God responded with divine intervention—an angel led Peter out, and he knocked on the very door where they were praying for his freedom. They were surprised, but their prayers had power.

This is breakthrough prayer. It may not always come the way we expect, but God moves when we pray with faith and urgency. It’s a reminder: prayer isn’t passive—it’s how we wage war in the Spirit.

**Where are you or someone close to you needing breakthrough? Do you pray expecting God to move—or just hoping?**

**PRAY:**

God of deliverance, move in power again. Open prison doors in hearts, homes, and systems.

**ACT:**

Identify someone who feels “stuck” and commit to pray breakthrough prayers over them this week.

**Evening Examen:**

*Did I pray boldly today? Where did I witness small signs of breakthrough?*

## September 24 | “Songs in the Midnight”

**READ:** Acts 16:25–34

Paul and Silas were beaten and imprisoned, yet at midnight, they prayed and sang hymns. Their worship didn’t wait for the breakthrough—it brought the breakthrough. An earthquake shook the foundations, doors flew open, and even the jailer’s heart turned to God.

This is the legacy of bold praise and prayer—it doesn’t just shake circumstances, it transforms people. Your song may free someone else. Your midnight praise may birth morning miracles.

**What’s your response when life locks you down? How can praise become your protest and your power?**

**PRAY:**

God, help me to pray and praise even in the dark. Let my worship shake what needs to shift.

**ACT:**

Choose a worship song and sing it out loud today as a declaration of faith.

**Evening Examen:**

***Did I praise even when I didn’t feel like it? Who might have been encouraged by my faith today?***

## September 25 | “Paul’s Prayer for Us”

**READ:** Ephesians 1:15–23

Paul’s prayer for the church in Ephesus is one of depth and clarity. He doesn’t pray for things—he prays for revelation: that we’d know God better, understand the hope we’re called to, and walk in resurrection power. These are legacy prayers—ones that shape identity and destiny.

We must learn to pray for more than comfort. Paul’s prayer pushes us to intercede for wisdom, spiritual growth, and deeper intimacy with God. Imagine what would happen if we prayed this way for our families, churches, and communities.

**What part of Paul’s prayer speaks to your current season? Who can you begin praying this Scripture over?**

**PRAY:**

Lord, open the eyes of our hearts. Let us know You deeply and walk in Your power.

**ACT:**

Write out Ephesians 1:17–19 and pray it over yourself and someone else this week.

**Evening Examen:**

***Did I pray for others with spiritual depth today? Where did I see evidence of God’s power?***



## September 26 | “Faith Passed Down”

**READ:** 2 Timothy 1:1–7

Paul reminds Timothy of the sincere faith that first lived in his grandmother Lois and mother Eunice. Faith is not just personal—it’s generational. When we pray with and for our families, we water seeds that will bear fruit long after we’re gone.

Legacy begins with prayer. It continues when we fan into flame the gift of God in the next generation. Our prayers today become someone else’s strength tomorrow.

**Who prayed you into the faith? Who are you praying into it now? How can you cultivate generational legacy through prayer?**

**PRAY:**

Father, thank You for the prayers that covered me. Help me be a prayer covering for others.

**ACT:**

Reach out to someone in the next generation and speak encouragement and prayer over them.

**Evening Examen:**

*How did I invest in legacy today? Did I stir up someone’s faith—or let it sit dormant?*

## September 27 | “Generation to Generation”

**READ:** Deuteronomy 6:1–9

Moses instructs the people to impress God’s commands on their children—talking about them at home, walking, lying down, and getting up. Prayer is meant to be woven into our everyday lives, not just set apart in a Sunday box.

When prayer becomes part of our family rhythm, we model that God isn’t just an event—He’s the center. These verses challenge us to be intentional: what are we passing down? A busy schedule or a prayerful spirit?

**How visible is prayer in your daily rhythm? What legacy is being built in your home, classroom, or circle?**

**PRAY:**

God, let my life be a living prayer. May generations behind me see and follow.

**ACT:**

Lead or invite a family prayer moment today—around the table, before bed, or before school.

**Evening Examen:**

***Where did I make space for God in ordinary moments? Did I speak of Him clearly to those who follow after me?***

## September 28 | “He Sees the Broken”

**READ:** Psalm 34:15–22

The Lord is close to the brokenhearted and saves those crushed in spirit. This is the promise of prayer—not that we’ll never feel pain, but that we’ll never carry it alone. God hears every cry. He doesn’t ignore suffering—He moves toward it.

Our community must become a place where brokenness is seen, heard, and met with compassion. Prayer doesn’t require perfection—it just requires honesty. God draws near when we stop pretending.

**Have you let God into the broken places of your heart? How can you reflect His nearness to someone hurting?**

**PRAY:**

Lord, be near to the brokenhearted today—especially those who feel unseen or unheard.

**ACT:**

Send a message or make a call to someone walking through pain. Let them know they are not alone.

**Evening Examen:**

***Where did I feel God’s nearness today? Did I extend that same comfort to someone else?***

## WEEK 5: A Legacy of Prayer

The final week centers on legacy. Prayer doesn't just impact the present—it shapes the future. The prayers we pray today outlive us, affecting generations yet unborn. This week, we focus on the kind of prayer that leaves a mark—prayers that expand territory, build up others, strengthen the weary, and make space for God to move in powerful and personal ways. Let's commit to leaving behind more than memories—let's leave a legacy of faith-filled prayer.

### September 29 | “The Prayer of Jabez”

**READ:** 1 Chronicles 4:9–10

In the middle of a long genealogy, Jabez stands out—not for wealth, title, or popularity, but for his prayer. He cries out to God for blessing, expanded influence, divine presence, and protection—and God grants his request. Jabez wasn't bold for boldness' sake. He believed God could do more, and he asked for it.

This short but potent prayer reminds us that our beginnings do not limit legacy. Jabez was named for pain but prayed for possibility. Your past doesn't define your potential. Legacy begins with a simple, faith-filled prayer: “God, do more in me and through me than I can imagine.”

**What do you want God to expand in your life? Have you been limiting your prayers based on your past?**

**PRAY:**

God, enlarge my territory and increase my capacity to serve others and glorify You.

**ACT:**

Write your own “Jabez Prayer” based on your season of life. Pray it daily this week.

**Evening Examen:**

***Where did I invite God to expand me today? Did I live today with legacy or limitation in mind?***

## September 30 | “Keep Praying”

**READ:** 1 Thessalonians 5:16–24

Paul gives a final charge to the believers in Thessalonica: Rejoice always. Pray continually. Give thanks in all circumstances. These are more than poetic instructions—they are habits of a person who lives with a prayerful rhythm. This kind of praying builds resilience and leads to wholeness, joy, and discernment.

Legacy prayer isn’t loud—it’s consistent. It’s the quiet decision to keep praying when you don’t feel like it, keep trusting when you don’t see results, and keep thanking God in the middle of chaos. That’s the prayer that outlasts seasons and leaves a mark on the world.

**What’s one thing you’ve been praying about for a long time? How can you stay faithful in prayer without growing weary?**

**PRAY:**

Lord, strengthen me to pray continually, rejoice honestly, and trust deeply.

**ACT:**

Choose one prayer you’ve been tempted to give up on—write it down and recommit to it.

**Evening Examen:**

Was I faithful in prayer today, even in small ways? What helped me stay connected to God in this moment?