Advocacy Postcard Writing

Suggested Scripts for October 18, 2026

Oppose Harmful Changes to the U.S. Census
(to Thompson, Schiff, Padilla)

I urge you to oppose the proposed Census rule change by the Department of Commerce. This change would erase immigrant representation across the country and worsen civil rights protections for all Americans.

Thank you for your time and consideration.

Fight Election Interference
(to Thompson, Schiff, Padilla, Newsom)

I am concerned about the Trump administration's ongoing interference with our election systems. I ask you to defend the integrity of our elections by publicly condemning the DOJ's unlawful seizure of state voter records and Trump's unconstitutional calls to nationalize the election and to ban all mail-in voting.

Thank you for your time and consideration.

Block the Sale of Bombs to Israel
(to Thompson, Schiff, Padilla)

I urge you to conduct oversight of Israel's continued military attacks in both Gaza and Lebanon. I ask you to: [CHOOSE 1-3 actions from below]:

- support a resolution to block the State Department's $2.8 billion arms sale deal to Israel, (and)
- reject any occupation of Gaza by Israeli forces, (and)
- support the rebuilding of Gaza for the Palestinian people, not luxury developments for the benefit of Trump and his oligarch allies, (and)
- oppose any new military financing partnership with Israel, (and)
- support a resolution that calls for the U.S. recognition of a Palestinian state to push for a two-state solution between Israel and Palestine.

Thank you for your time and consideration.

Scripts can be addressed to officials indicated above. You may want to also email and/or make a phone call. Contact information for each is below:

Senator Alex Padilla
Phone: 202-224-3553
email from website: padilla.senate.gov
331 Hart Senate Office Building
120 Constitution Ave.
Washington DC 20510-0506

Senator Adam Schiff
Phone: 202-224-3841
email from website: schiff.senate.gov
SD-B40B Dirksen Senate Office Building
Washington DC 20510

Congressman Mike Thompson
Phone 202-225-3311
email from website: mikethompson.house.gov
268 Cannon Office Building
Washington DC 20515