

## GAME PLAN (P/O)

WEEK 1 (SEPT 7 2025)

### ***BIG IDEA***

Making peace is part of God's game plan.

### ***BIBLE***

David and Abigail: 1 Samuel 25:2–35

## ***ABOUT THIS WEEK***

To play a sport, you'll need a great coach with a good strategy to help you reach your goals. This week, we'll take a look at the time Abigail stepped in to bring peace between David and her husband, Nabal. By trusting God and sticking to the winning strategy, Abigail shows us how making peace is part of God's game plan.

### **SERIES FOLDER DOWNLOAD**

Hey Grow Curriculum user! You're currently inside of our tool called The Lesson Builder, but did you know there's a lot more included with this teaching series? [CLICK HERE](#) to access all of the resources and downloads for this series including videos, graphics, PDFs, Word docs, and more!

#### CHECK-IN/PLAYTIME (15 MIN)

Check- In Opens 15 min before the Experience begins and closes 15 min after it begins

Kids will play until check-in closes

Start countdown 5 minutes before check-in closes (9:40am, 11:20am, 1:20pm)

Whoever is doing check-in should stay there and welcome all kids. An Adult (18years or older) must drop kids off and check for name-tag with phone number on it.

## ***Welcome Time!***

#### Welcome (5 MIN)

To play a sport, you'll need a great coach with a good strategy to help you reach your goals.

This week, we'll take a look at the time Abigail stepped in to bring peace between David and her

husband, Nabal.

By trusting God and sticking to the winning strategy, Abigail shows us how making peace is part of God's game plan.

#### Rules (5 MIN)

1. Be Kind (make heart with hands)
2. Use Listening Ears (Cup ear with hand)
3. Use walking feet (walk in place)
4. Keep hands and feet to yourself (hold up hands then point to feet)
5. Help Clean up (pretend like your using a broom)
6. HAVE FUN!

#### ACTIVITY | Balloon Volleys (10 MIN)

**PRE SUNDAY PREP:** Have several green balloons in orange room in a bag; Have the room divided in half with masking tape; Have a few beach balls in purple room

- **INSTRUCTIONS:**

- **ORANGE:** *For this activity, you will need yellow or green balloons ("tennis balls") and a piece of masking tape to divide the room in two. You can also use beach balls if you have kids in your group with latex allergies. Kids will be divided into two groups and put on different tape sides. The kids will toss the balloons back and forth like they are playing tennis.*
- **PURPLE:** *Keeping a ball in the air is tricky for toddlers. Instead, you can all sit on the floor and roll a beach ball back and forth between the two sides.*
- **Have you ever had an idea different than your friend's?** That can be really hard! When you have different ideas, that's called disagreeing. Disagreeing can feel like tennis. You just go back and forth and back and forth. You might say, "It's mine!" "No, it's my turn!"
- When you're disagreeing like that, it's hard to feel peace. Peace is what happens when we get along and find a way to agree.
- Today's story is about God's game plan for us. God wants us to have and make peace!

#### ACTIVITY | Peace Bridge (5 MIN)

- **INSTRUCTIONS:** *This activity is a variation of "Red Rover." Break the kids into two equal teams and have them hold hands on opposite sides of the room, creating two chains. Lead one team to call on a kid from the other team to "come over." When they do, instead of running through a pair of arms like in the original game, have the whole team, while still holding hands, form a circle around that kid and cheer for them! Repeat until every kid has had a chance to be cheered for. If you have a big group, call on a few kids at once.*
- **What helps you to feel peace?** When it's a scary, sad, or confusing day, sometimes kind words can bring peace.
- In today's Bible story, we will meet a woman named Abigail who chose to use kind words and good choices to help make peace.

## Story Time

BIG IDEA | Making peace is part of God's game plan. (5 MIN)

- **INSTRUCTIONS:** *Play an upbeat sports-themed track ([like this](#)) and have kids chant the Big Idea by repeating small chunks after you while doing the hand motions below.*
- In any sports game, players need to follow the coach's game plan. We all have the best coach—God! God has the best game plan!
- Let's find out what's in God's game plan for us. Drumroll, please ... *(Lead the kids in a drumroll.)*
  - **Making peace** ([Sign language for "peace"](#) or hold up two fingers.)
  - **is part of God's** (*Point up.*)
  - **game plan.** (*Open palms like a book.*)

VIDEO | Game Plan WK 1 (8 MIN)

- **INSTRUCTIONS:** *Play this week's episode of [Cali's World](#).*
- *Other campuses: you can use the video linked above or download the videos for this month [here](#)*

Worship (8 MIN)

- **INSTRUCTIONS:** Play Videos loaded on the Sunday playlist on Youtube
  - **1st Experience:** [Jesus is Alive \(Freeze Dance\)](#) (**motions**) by Kids Spring
  - **2nd Experience:** [My BFF \(Motions\)](#) by Bible Adventure Worship (Life Way)
  - (other Locations: Click the song title to access youtube video's)

## Bathroom (10 MIN)

- Line Kids up (Lead Teacher in front/assistant in back)
- Exit room to left and walk kids to the kids bathroom
- Allow 4 girls at a time or 4 boys (boys and girls should never go in at the same time)
- Lead teacher stands at the door with foot in door so they can hear if there are any problems
- Assistant helps keeps the kids waiting entertained, quiet and in their spots against the wall
- Make sure to ask if they washed their hands when done
- Once all kids are done and out of the restroom, lead teacher checks to make sure it looks ok, toilets have been flushed and nothing has been placed in toilets.
- Then walk back to class
- We never assist with anything other than buttoning pants and lead teacher should be in view of assistant at all time.
- If a child needs assistance other than buttoning pants the parent/guardian must be contacted

## Sharing Time

### SNACK | Goldfish (10 min)

- Have kids sit at table and pass out Goldfish and water

ONLY ONE SERVING OF GOLDFISH PER CHILD

YOU MAY GIVE AS MUCH WATER AS YOU WANT KEEPING IN MIND RESTROOM BREAKS

### ACTIVITY | Circle Time (during snack)

- **PRE SUNDAY PREP: Print the Bible Story Images [here](#). (they are labeled by episode EX. epslimage1)**

- **INSTRUCTIONS:** Use Bible Story Cards to have kids help you retell the Bible story and answer the following questions

- **Why was David so mad?** *Nabal wasn't being kind. He didn't want to share his things.*
- **What did Abigail do to make peace?** *She calmed David down. She said sorry instead of Nabal. She offered gifts.*
- **How do you think that made David feel?** *David was happy.*
- **How can we make peace with our friends?** *We can share. We can take turns. We can say sorry. We can play fair.*
- **Making peace is whose game plan?** *God's!*

### MEMORY VERSE | Psalm 33:11 (NIV) (5 MIN)

- **INSTRUCTIONS:** Help kids learn this month's memory verse by setting the words to the tune

of "Old MacDonald Had a Farm." You can also have kids repeat the verse after you in small chunks, say them using silly voices, or create simple hand motions for keywords.

- **"But the plans of the Lord stand firm forever, the purposes of his heart through all generations."**

#### ACTIVITY | Peace Baskets (10 MIN)

**PRE SUNDAY PREP:** Print a copy of the printable on cardstock; put a printable, brown paper bag and stapler in Orange room; Pre-make Purple rooms baskets and cut out the foods for them to color

- **INSTRUCTIONS:**
  - **ORANGE:** Help kids roll the top of a brown paper bag down a few times to create a "basket." Then, have them color in and cut out the items from the [printable](#). The long strip with the Big Idea will serve as the handle, which you can tuck under the folded area of the basket and secure with glue dots. See a worked example [here](#).
  - **PURPLE:** There baskets will be premade and the foods cut out; have them color the foods and put them in their baskets
- Abigail was a peacemaker. She knew it would be better to make peace than argue and fight. Abigail gave David gifts like bread, sheep, grain, and figs that helped David feel better. **Making peace is part of God's game plan.**

## Play Time

#### ACTIVITY | Coloring Page (at home)

- **INSTRUCTIONS:** Print and distribute [this coloring page](#) along with crayons or markers. You can review today's Bible story, Big Idea, and memory verse as the kids color.