

TOTALLY EXTREME PREK LESSON 3 - OVERVIEW

Extreme Honesty

Series Focus:

Jesus is our perfect prophet, priest, and king.

Bible Story:

David & Abigail

1 Samuel 25

Romans 3:23-24

Memory Verse:

“Remember Jesus Christ, raised from the dead, descended from David. This is my gospel.”

2 Timothy 2:8

Worship Songs:

Praise You Anywhere

Runnin'

Lesson Focus:

I can be honest with Jesus.

Suggested schedule for a 90 minute service:

Sample Service	Your Service	Classroom Format	Large/Small Group Format
8:45		Welcome	Welcome in Group Areas
9:05			Move Groups to Gathering Area
9:10		Lesson Time ● Wiggle-Tamer ● Worship ● Read ● Story ● Lesson ● Memory Verse	Lesson Time ● Wiggle-Tamer ● Worship ● Read ● Story ● Lesson ● Memory Verse
9:35			Move Back to Group Areas
9:40		Table Time Options ● Craft ● Play ● Talk ● Memory Verse Review ● Prayer	
10:00		Pickup Time	Pickup Time

THERE'S A LOT MORE!

Go to your resource
folders for...

Coloring Page
Crafts

Editable Lessons

Copy & Paste Communication
Worship Song Videos

PREP SHEET

Welcome / Pickup Supplies:

For each room children will check into, have...

- One Building Toy (like Legos)
- One Tactile Toy (like Playdoh)
- Coloring Sheets

Wiggle Tamer Supplies:

- A Small Ball

Lesson Supplies (Teaching with Roleplay):

- 3 Cutout Sheep
- A Toy Crown
- 3 Toy Swords

Physical Media to Print:

- One Welcome Sheet for Each Room
- One coloring Sheet Per Child for Welcome Time
- One Make It Stick Take-Home Sheet Per Child

Digital Media to Load:

Worship Songs:

- Praise You Anywhere
- Runnin'

Communication:

- Social Media Post
- Parent / Volunteer Email

COMMUNICATION

Social Media Post:

Honesty is the best policy. You've heard it said, but did you know it's Biblical? Come find out how David and Jesus were extremely honest with God.

Parent/Volunteer Email:

Hello!

Do you ever hear someone use the phrase, "To tell the truth..." It's a funny saying, because you would hope that they were being honest with you in the first place. Telling the truth is common sense to teach our children. This week, as we talk about Extreme Honesty, we'll go deeper and help preschoolers understand that we can be honest with God about anything.

In David's life, he often poured out the thoughts of his heart to God, even when he was feeling hopeless or defeated. And God could handle it. The same was true of Jesus. There were times that God's will was not pleasant for Him. Jesus talked to God through those times and faced the difficulties with an honest outlook.

See you soon!

WELCOME

As children enter your ministry area, be intentional about making a great first impression.

Greeting:

Greet each child by name. Make sure that they know you are happy to see them, and that we are going to have fun together today. Help each child engage in play with the available options.

Playtime Options:

Have a variety of play options available for a variety of different interests. We recommend a coloring page, a building toy (like Legos), and a tactile option (like Playdoh.)

Engagement Question:

As they play, ask each child, “Why do you think you should always tell the truth?”

LESSON TIME

Wiggle-Tamer; What makes you happy?

Circle up with the students and sit on the floor. Take turns tossing a small ball to each student and asking them about things that make them happy and sad. Be sure everyone gets a chance to answer."

Say, "I'm going to pass this ball to you. When it's your turn, I want you to tell me one thing that makes you feel happy. When everyone has had the ball, then we'll play again, and you can tell me one thing that makes you sad. Our feelings are a part of us, and God can handle them all."

Worship:

- Praise You Anywhere
- Runnin'

•Story; David & Abigail (Teaching with Roleplay)

The Bible is our best book ever. It's full of truth, and it's God's words to us. The Bible teaches us many things about Jesus and how to follow Him. Today we are learning about a man named David who loved God with all his heart.

Today we are going to act out our story. I will need someone to be David, and two others to be his soldiers. Then I need someone to be Nabal, and someone to be Abigail. (Pick volunteers for these parts, have them act out the story as you tell it.)

David was a man in the Bible who started out as a shepherd. (Give David a sheep cutout to hold.) But then he was chosen to be king. (Switch out the sheep for a crown.)

As a king, he loved God very much. He made lots of good choices. He and his men helped others. One time they helped out a man named Nabal by watching his sheep. (Give David and his men all a sheep cutout to hold.)

One day, David and his men needed help. They asked Nabal's men for help, thinking they should return the kind favor, but Nabal said, "No!" (Have Nabal make an X with his arms and look grumpy.) Nabal wasn't a very nice man.

Instead of ignoring his behavior, David got very angry. (Have David make a mad look.) He wanted to get justice, so he told his men to draw their swords. He was ready to fight. He was making bad choices. (Give David and his men toy swords.)

David's quick temper was about to get him in trouble, but Nabal's wife, Abigail, came to the rescue. (Have Abigail come towards David and act like she is begging.) David listened to Abigail and stopped the bad choices he was about to make. (Have David and the soldiers put down their swords.)

LESSON TIME

David was a prophet, priest, and king who was not perfect. He made poor choices at times. But his heart was big, and he was full of love for God. His love was so big that we could say he was extremely passionate for God. He sang about God and wrote about God. He even danced for God! (Have the whole group dance.) Let's give our actors and actresses a round of applause. Great job, everyone!

David was a good example, but Jesus is a great example. In fact, He is perfect! He never made a mistake. We could say that Jesus was extremely passionate too. That passion and love for God led Him to choose to die for us. This was the most amazing sacrifice and gift we could ever ask for.

Lesson:

Is it easy or hard for you to tell the truth? Let's say that you broke a special decoration of your mom's, but she didn't see you do it. If she asked you about it, how would you respond? Would you say, "I don't know how that happened...the dog must have knocked it over!" Or would you tell the truth and admit that it was your fault?

We know being honest is the right thing to do. There's a different kind of honesty we can have with God, and that's telling Him everything that's in our hearts. Sometimes we might have mean thoughts. Sometimes we might have sad or confusing thoughts. And that's okay. God made us and all of our emotions, and He wants us to share them with Him.

David did this. He was really honest in all of his feelings. He even has them written down in the Bible for us to read. Did you know Jesus was honest with God? Things weren't always easy for Jesus. He was faced with having to die on the cross. That wasn't fair. It was painful and hard. He talked to God truthfully about it. You and I can be extremely honest with God, too. We can tell Him anything, no matter how we are feeling, and He understands.

Memory Verse:

"Remember Jesus Christ, raised from the dead, descended from David. This is my gospel."
2 Timothy 2:8

Review the memory verse using the following motions, and repeat them four to six times.

Remember	Point to your brain.
Jesus Christ,	Do sign language for Jesus by touching your palms.
Raised from the dead,	Lift your hands up in the air.
Descended from David.	Act like you are putting a crown on your head.
This	Point to your mouth.
Is my gospel.	Point out.
2 Timothy 2:8	Open hands like a book.

Prayer:

Dear God,
Thank You that we can share our thoughts and feelings with You.
In Jesus' Name, Amen

TABLE TIME OPTIONS

Play:

How Are You Feeling?

You will need a piece of paper and a crayon for each child. Sit in a circle and have each student draw a face picture – it can be of any emotion. List some emotions they could use: happy, sad, mad, scared, surprised, etc. After everyone has drawn their picture, students will crumple up their paper and throw it into the middle of the circle. One at a time, pick a student to grab a paper from the pile, open it up and share the drawing. Everyone should make the same face as the picture. Continue until all have been opened.

Say, “We have all kinds of extreme emotions inside of us. Sometimes we are happy and sometimes we are mad. We can be excited or sad. God made us to be this way, and He wants us to share all of our thoughts and emotions with Him. I want everyone to draw a picture of a face that shows one of these emotions. Then we will throw them in the middle and pick them out one by one. We’ll make our faces match the pictures.”

Talk:

As the children engage in crafts and play, ask these questions...

What made David a good king?

What caused David to get angry?

How was David honest with God?

What does God want us to talk to Him about?

Memory Verse:

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Point to your mouth.

Is my gospel.

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2 Timothy 2:8

Open hands like a book.

Prayer:

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Pickup Time:

Allow children to freely play as their parents arrive to pick them up. Use the same playtime options that we started with today. Be sure to give each parent a “Make It Stick” page as they pick up their child. Also, be sure to tell parents one positive thing about their child, and let them know that you hope to see them again next week.

MAKE IT STICK

LESSON RECAP FOR PARENTS

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Follow Up...



In the Car

As you drive, talk with your child about their day. What made them happy or sad? Say a prayer together thanking God for listening.



At Home

Draw faces together. Make all kinds of emotions. Remind your child that God made us and all of our emotions, and He can handle them all!



Meal Time

Pray before you eat together. Ask God to help you have honest hearts.



Bed Time

Pray together and thank God for your day. Thank Him for the good things and ask Him for help with the hard things.