

TOTALLY EXTREME PREK LESSON 2 - OVERVIEW

Extreme Gratitude

Series Focus:

Jesus is our perfect prophet, priest, and king.

Bible Story:

David & Abigail

1 Samuel 25

Romans 3:23-24

Memory Verse:

“Remember Jesus Christ, raised from the dead, descended from David. This is my gospel.”

2 Timothy 2:8

Worship Songs:

Praise You Anywhere

Runnin'

Lesson Focus:

I can be thankful for Jesus.

Suggested schedule for a 90 minute service:

Sample Service	Your Service	Classroom Format	Large/Small Group Format
8:45		Welcome	Welcome in Group Areas
9:05			Move Groups to Gathering Area
9:10		Lesson Time ● Wiggle-Tamer ● Worship ● Read ● Story ● Lesson ● Memory Verse	Lesson Time ● Wiggle-Tamer ● Worship ● Read ● Story ● Lesson ● Memory Verse
9:35			Move Back to Group Areas
9:40		Table Time Options ● Craft ● Play ● Talk ● Memory Verse Review ● Prayer	
10:00		Pickup Time	Pickup Time

THERE'S A LOT MORE!

Go to your resource
folders for...

Coloring Page
Crafts

Editable Lessons

Copy & Paste Communication
Worship Song Videos

PREP SHEET

Welcome / Pickup Supplies:

For each room children will check into, have...

- One Building Toy (like Legos)
- One Tactile Toy (like Playdoh)
- Coloring Sheets

Wiggle Tamer Supplies:

- A Thank You Card

Lesson Supplies (Teaching with Pictures):

- King David
- David Writing
- Sheep
- Angry Face
- Abigail Talking

Physical Media to Print:

- One Welcome Sheet for Each Room
- Teaching Pictures (if using printed images)
- One coloring Sheet Per Child for Welcome Time
- One Make It Stick Take-Home Sheet Per Child

Digital Media to Load:

Worship Songs:

- Praise You Anywhere
- Runnin'
- Teaching Pictures (if displaying images on screen)

Communication:

- Social Media Post
- Parent / Volunteer Email

COMMUNICATION

Social Media Post:

What are you thankful for? Let's come together this weekend with grateful hearts for what Jesus has done in our lives.

Parent/Volunteer Email:

Hello!

As we continue exploring the lives of David and Jesus, we'll key in on how they praised God the Father. If you're familiar with King David, you probably know he's called a man after God's own heart. You probably also know he could be called passionate. He was extreme in the way he lived his life for God.

Some of this extreme behavior came through worship. He wrote many Psalms; he was a musician; praise flowed through his body in such a way that he even danced to glorify God! We'll have some fun this weekend as we channel the energy of our preschoolers through music and dance to worship Jesus.

See you soon!

WELCOME

As children enter your ministry area, be intentional about making a great first impression.

Greeting:

Greet each child by name. Make sure that they know you are happy to see them, and that we are going to have fun together today. Help each child engage in play with the available options.

Playtime Options:

Have a variety of play options available for a variety of different interests. We recommend a coloring page, a building toy (like Legos), and a tactile option (like Playdoh.)

Engagement Question:

As they play, ask each child, “What is something you are thankful for?”

LESSON TIME

Wiggle-Tamer; Drop a Note

Have students sit in a circle with you. Choose one child to be it. They will hold a thank you card and walk around the outside of the circle. Quietly they will place the card behind one friend. That student must take the card and chase the other student around the circle until they come back to the open spot. Continue playing until all children have had a turn to run around the circle.

Say, "We're going to be talking about being thankful today. I've got a thank you card. One friend is going to give it to another friend in our circle by placing it behind them. If the card is given to you, grab it and chase your friend around the circle."

Worship:

- Praise You Anywhere
- Runnin'

•Story; David & Abigail (Teaching with Pictures)

The Bible is our best book ever. It's full of truth, and it's God's words to us. The Bible teaches us many things about Jesus and how to follow Him. Today we are learning about a man named David who loved God with all his heart.

David was a man chosen by God to be a king. He helped lead God's people. David was a good king. (King David Picture)

David talked to God a lot. He prayed and wrote songs to God. (David Writing Picture) Even though David had a good relationship with God, he was still human and there were times he messed up.

Once, David got very angry. Do you ever get angry? If we don't control our anger, it can control us and cause us to mess up big time. This is what happened to David. He knew a rich man named Nabal who had many sheep. (Sheep Picture)

David had shown kindness to Nabal, but in return, Nabal was rude and didn't help David in return. This is when David got mad. (Angry Face Picture) He got so mad that he decided he would get all of his troops together and destroy Nabal and everything he owned, including all of the people around him.

Before that actually happened, Nabal's wife, Abigail, came to the rescue. She talked to David calmly and convinced him that this would be a terrible choice. (Abigail Talking Picture) She spoke honestly with him and reminded him that one bad choice could ruin his good career. David listened and put away his swords.

This wasn't the only time David messed up. But when he made mistakes, he owned up to them. He was honest with himself and honest with God. David asked for forgiveness, and God gave it to him.

LESSON TIME

Lesson:

I have a big word to share with you today: Gratitude. Can you say that with me? Gratitude. It means to be thankful. What do you say when someone gives you something? The polite response is, “Thank you!” Your mom and dad have probably taught you to say this. And it’s a good practice to have. We can say the words “thank you” but sometimes we need to do more.

Have you ever made someone a thank you card? Instead of just words, this is a way that we can show we are grateful. We could also do something nice for someone in return. Actions that back up our words are important.

What are some things you have to be thankful for? I’m thankful for lots of stuff. I’m thankful for my family and friends. I’m thankful for a place to live and for safety. The biggest thing we have to be thankful for is for Jesus. He is perfect. He is God’s goodness to us. We have many good things in our lives, but Jesus tops them all. As you go about your week, do your best to have an attitude of gratitude!

Memory Verse:

“Remember Jesus Christ, raised from the dead, descended from David. This is my gospel.”
2 Timothy 2:8

Review the memory verse using the following motions, and repeat them four to six times.

Remember	Point to your brain.
Jesus Christ,	Do sign language for Jesus by touching your palms.
Raised from the dead,	Lift your hands up in the air.
Descended from David.	Act like you are putting a crown on your head.
This	Point to your mouth.
Is my gospel.	Point out.
2 Timothy 2:8	Open hands like a book.

Prayer:

Dear God,
We are so grateful for all of Your goodness.
In Jesus’ Name,
Amen

TABLE TIME OPTIONS

Play:

I Spy Gratitude

If possible, go outside for this activity. Walk around your space with the students following you. Pause every once in a while and say, "I spy..." giving them the color of an object. They will take guesses until they figure it out. Then together tell God you are thankful for that thing. For example, green grass. Tell God you are thankful He made the soft grass.

Say, "Let's take a walk. As we walk, we're going to play 'I Spy.' That means I'm going to tell you a color that I see. You have to guess what I'm looking at. Everything around us was made by God. We can remember to thank Him for everything!"

Talk:

As the children engage in crafts and play, ask these questions...

What was David's job?

What is one bad choice that David made?

What do you think David was thankful for?

Why should we be grateful to God?

Memory Verse:

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Pickup Time:

Allow children to freely play as their parents arrive to pick them up. Use the same playtime options that we started with today. Be sure to give each parent a "Make It Stick" page as they pick up their child. Also, be sure to tell parents one positive thing about their child, and let them know that you hope to see them again next week.

MAKE IT STICK

LESSON RECAP FOR PARENTS

Series Focus:

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Follow Up...



In the Car

As you drive, talk about things you are thankful for. See if you can come up with five things as your child counts them out on their fingers.



At Home

Help your child make a thank you card for someone to show your gratitude.

Have them help you put the stamp on and put it in the mailbox or take it to the post office to be sent off.



Meal Time

Pray before you eat together. Thank God for all the good things He has given your family.



Bed Time

Lead your child in a simple prayer like this, “Thank You God for my family. Thank You God for our home. Thank You God for sending us Jesus.”