

Unsung Heroes (P/O)

Week 4 (NOV 23 2025)

BIG IDEA

God gives us hope.

BIBLE

Ruth Marries Boaz: Ruth 4

ABOUT THIS WEEK

Heroes use their special abilities to serve their communities while hoping their work will bring about more good in the world. This week, we'll learn about how Ruth married Boaz and what was so special about their family line. Ruth and Naomi's story shows us what happens when we stay close to God through difficult times—God gives us hope.

CHECK-IN/PLAYTIME (15 MIN)

Check- In Opens 15 min before the Experience begins and closes 15 min after it begins

Kids will play until check-in closes

Start countdown 5 minutes before check-in closes (9:40am, 11:20am, 1:20pm)

Whoever is doing check-in should stay there and welcome all kids. An Adult (18years or older) must drop kids off and check for name-tag with phone number on it.

Welcome Time!

Welcome (5 MIN)

Good Morning! Welcome back to "Unsung Heroes" I am so glad you are here today. My name is _____

These are my helpers _____ (introduce your other teachers)

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Ruth and Naomi's story shows us what happens when we stay close to God through difficult times

—God gives us hope.

Rules (5 MIN)

1. Be Kind (make heart with hands)
2. Use Listening Ears (Cup ear with hand)
3. Use walking feet (walk in place)
4. Keep hands and feet to yourself (hold up hands then point to feet)
5. Help Clean up (pretend like your using a broom)
6. HAVE FUN!

Worship (8 MIN)

- INSTRUCTIONS: Play Videos loaded on the Sunday playlist on Youtube
 - **1st Experience:** [Lemonade \(motions\)](#) by Forest Frank: Kid Kardia
 - **2nd Experience:** [Me and My House \(Motions\)](#) by All Star Kids Club
 - (other Locations: Click the song title to access youtube video's)

ACTIVITY | Hero Parade (10 MIN)

PRE SUNDAY PREP: Have super hero music loaded

- **INSTRUCTIONS:** *For this activity, find hero music to play while the kids parade around. The song could be the theme of a superhero show or movie or an upbeat praise song. Provide ribbon sticks, scarves, or musical instruments for the kids to celebrate with.*
- It's time to celebrate! You all did so great learning about how to become the heroes God made you to be. **God gives us companions, opportunities, and boldness.**
- There's one more thing God gives all you heroes. Let's check out our Bible story to find out what it is.

ACTIVITY | Superhero Hope Hop (5 MIN)

PRE SUNDAY PREP: Write out hope one letter on each peice of paper and laminate them (1 set for each room

- **INSTRUCTIONS:** For this activity, write the letters of "HOPE" on separate pieces of paper. Then, tape the paper on the ground, spreading it out within a preschooler's jumping distance. Have each kid jump from one letter to the next, saying each letter aloud. When they finish, have them strike a superhero pose and yell, "Hope!"
 - **PURPLE:** Toddlers might be unable to manage hopping with both feet. You can have them have them walk or crawl to each letter and say each letter for them. You could also spread the letters out even further so that you can hold their hand and walk with them from one letter to the next.
- Today, we are going to learn about hope. **What is hope?** Hope is when we want something to happen and trust that it will happen.
- Let's find out what Ruth and Naomi were hoping for in today's Bible story.

Story Time

BIG IDEA | God gives us hope. (5 MIN)

PRE SUNDAY PREP: Place this weeks big idea peices in the board from last week and recover the cups with tissue paper.

- **INSTRUCTIONS:** Reuse the Big Idea board from previous weeks ([like this](#)). Write the words of the Big Idea on separate pieces of paper and place them inside four cups. Cover all the cups with a square of tissue paper and secure with a rubber band. Have kids pick a cup and give their best superhero punch to see if anything is inside. Even if all the words are found quickly, allow every preschooler to try at least once. Afterward, hold up each word and have kids repeat them after you. Then, say the entire Big Idea together while doing the motions below.
- Great job knocking out the Big Idea together! Let's learn it together:
 - **God** (point up to the sky)
 - **gives us** (point to yourself)
 - **hope** (jump as high as you can)

VIDEO | Unsung Heroes, Episode 4 (8 MIN)

INSTRUCTIONS: Play this week's episode of [Cali's World](#).

- Other campuses: you can use the vidio linked above or download the videos for this month [here](#)

Bathroom (10 MIN)

- Line Kids up (Lead Teacher in front/assistant in back)
- Exit room to left and walk kids to the kids bathroom
- Allow 4 girls at a time or 4 boys (boys and girls should never go in at the same time)
- Lead teacher stands at the door with foot in door so they can hear if there are any problems
- Assistant helps keeps the kids waiting entertained, quiet and in their spots against the wall
- Make sure to ask if they washed their hands when done
- Once all kids are done and out of the restroom, lead teacher checks to make sure it looks ok, toilets have been flushed and nothing has been placed in toilets.
- Then walk back to class
- We never assist with anything other than buttoning pants and lead teacher should be in view of assistant at all time.
- If a child needs assistance other than buttoning pants the parent/guardian must be contacted

Prayer (5 MIN)

- Maybe select a different child each week to pray over the snack
- Give them pointers on praying like how to start..."Dear Jesus" thanking Him for something, praying for anything we might need and then thanking Him for the food.
- Dear God, thank you for always being with us no matter what we go through. Even when things might seem sad or scary, we are not alone. Amen

Sharing Time

SNACK | Goldfish (10 min)

- Have kids sit at table and pass out Goldfish and water

ONLY ONE SERVING OF GOLDFISH PER CHILD

YOU MAY GIVE AS MUCH WATER AS YOU WANT KEEPING IN MIND RESTROOM BREAK

ACTIVITY | Circle Time (during snack)

- **PRE SUNDAY PREP: Print the Bible Story Images [here](#). (they are labeled by episode EX. eps1image1)**
 - **INSTRUCTIONS:** Use Bible Story Cards to have kids help you retell the Bible story and answer the following questions
- **Why couldn't Boaz and Ruth get married right away?** *There was another family member*

who was next in line before Boaz was.

- **What did the other family member do to show he didn't want to take care of Naomi and Ruth?** He took off his sandal and gave it to Boaz.
- **What is something new God gave to Ruth, Boaz, and Naomi?** A baby named Obed. Ruth and Boaz's son and Naomi's grandson.
- **Is there anything you hope for? Like what?**
- **Who is the hero that gives us hope?** God! God gives us hope.

MEMORY VERSE | Zephaniah 3:17a (NIV) (5 MIN)

- **INSTRUCTIONS:** Help kids learn this month's memory verse by setting the words (and the Scripture reference) to the tune of "Itsy Bitsy Spider." You can also have kids repeat the verse after you in small chunks, say them using silly voices, or create simple hand motions for key words.
- **"The Lord your God is with you, the Mighty Warrior who saves."**

ACTIVITY | Big Idea Corners (10 MIN)

PRE SUNDAY PREP: Write each key word from this month's Big Ideas (companions, opportunities, boldness, hope) on different colors of paper (such as green, yellow, blue, pink) and place them in the four corners of your room (or create a smaller playing area using painter's tape).

- **INSTRUCTIONS:** Review the word in each color corner and have kids repeat each Big Idea after you. Then, have a leader stand in the middle of the room, close their eyes, and count to ten while all the kids choose a corner to run to. Without opening their eyes, have the leader call out a color. All the kids in the color corner have to do the corresponding Big Idea with the leader. Repeat until all Big Ideas have been recited a few times. You can allow kids to take turns being in the middle, too.
- Let's remember all the hero training we did together. **God gives us companions, opportunities, boldness, and hope!**
- Green Corner: **Companions**
 - **God** (point up to the sky)
 - **gives us** (point to yourself)
 - **companions** (link arms with others)
- Yellow Corner: **Opportunities**
 - **God** (point up to the sky)
 - **gives us** (point to yourself)
 - **opportunities** (place hand above eyes and look from side to side)
- Blue Corner: **Boldness**
 - **God** (point up to the sky)
 - **gives us** (point to yourself)
 - **boldness** (put your hands in fists and on your hips)
- Pink corner: **Hope**
 - **God** (point up to the sky)
 - **gives us** (point to yourself)
 - **hope** (jump as high as you can)
 - God gave Ruth and Naomi hope today and was with them the whole time. It's kind of like God was "in their corner." God was there for them no matter what!

Play Time

ACTIVITY | Coloring Page (at home)

- **INSTRUCTIONS:** *Print and distribute [the coloring page](#) along with crayons or markers. You can review today's Bible story, Big Idea, and memory verse as the kids color.*