

Unsung Heroes (P/O)

Week 2 (NOV 9 2025)

BIG IDEA

God gives us opportunities.

BIBLE

Ruth Meets Boaz: Ruth 2

ABOUT THIS WEEK

While some heroes have a signal that flashes when people need help, others need to stay on the lookout for opportunities to help. This week, we'll hear the story of how Ruth met Boaz and how he showed kindness and favor to her. Boaz saw a chance to offer someone help, and his kindness reminds us that God gives us opportunities to help others.

CHECK-IN/PLAYTIME (15 MIN)

Check- In Opens 15 min before the Experience begins and closes 15 min after it begins

Kids will play until check-in closes

Start countdown 5 minutes before check-in closes (9:40am, 11:20am, 1:20pm)

Whoever is doing check-in should stay there and welcome all kids. An Adult (18years or older) must drop kids off and check for name-tag with phone number on it.

Welcome Time!

Welcome (5 MIN)

Good Morning! Welcome back to "Unsung Heroes" I am so glad you are here today. My name is _____

These are my helpers _____ (introduce your other teachers)

While some heroes have a signal that flashes when people need help, others need to stay on the lookout for opportunities to help.

This week, we'll hear the story of how Ruth met Boaz and how he showed kindness and favor to her.

Boaz saw a chance to offer someone help, and his kindness reminds us that God gives us opportunities to help others.

Rules (5 MIN)

1. Be Kind (make heart with hands)
2. Use Listening Ears (Cup ear with hand)
3. Use walking feet (walk in place)
4. Keep hands and feet to yourself (hold up hands then point to feet)
5. Help Clean up (pretend like your using a broom)
6. HAVE FUN!

Worship (8 MIN)

- INSTRUCTIONS: Play Videos loaded on the Sunday playlist on Youtube
 - **1st Experience:** [Lemonade \(motions\)](#) by Forest Frank: Kid Kardia
 - **2nd Experience:** [Me and My House \(Motions\)](#) by All Star Kids Club
 - (other Locations: Click the song title to access youtube video's)

ACTIVITY | Parachute Heroes (10 MIN)

PRE SUNDAY PREP: Orange: Have the parachute and 15 different balls; **Purple:** Have a sheet or blanket and ball pit balls

- **INSTRUCTIONS:**
 - **ORANGE:** *For this activity, lay out a parachute and have everyone grab onto the edge of it. Once it is lifted, toss different balls onto the parachute. Then, appoint one kid at a time to be the one to throw a ball onto the parachute.*
 - **PURPLE:** *Use a sheet and ball pit balls*
- You each had the opportunity to throw a ball into the parachute. Opportunity means having a chance to do something.
- The *Unsung Heroes* in today's Bible story had a special opportunity, too. God knew what Naomi and Ruth needed and gave them the perfect opportunities. We'll learn more very

soon.

ACTIVITY | Gleaning Grain (5 MIN)

PRE SUNDAY PREP: Have strips of brown and yellow paper in the rooms for teachers to hide; Have paper lunch bags in each room (15 in purple; 30 in Orange)

- **INSTRUCTIONS:** *For this activity, tear up brown and yellow construction paper strips and hide them around the room. Provide brown paper lunch bags for kids to collect the "grain" they find. Have kids collect the pieces until all are located, or set a timer for when they should stop.*
- Today, in our Bible story, we are going to learn how Ruth had to work in a field to collect food for her and Naomi to eat. Let's find out whose field she ends up working in.

Story Time

BIG IDEA | God gives us opportunities. (5 MIN)

PRE SUNDAY PREP: Place this weeks big idea peices in the board from last week and recover the cups with tissue paper.

- **INSTRUCTIONS:** *Reuse the Big Idea board you created last week ([like this](#)). Write the words of the Big Idea on separate pieces of paper and place them inside four cups. Cover all the cups with a square of tissue paper and secure with a rubber band. Have kids pick a cup and give their best superhero punch to see if anything is inside. Even if all the words are found quickly, allow every preschooler to try at least once. Afterward, hold up each word and have kids repeat them after you. Then, say the entire Big Idea together while doing the motions below.*
- Great job knocking out the Big Idea together! Let's learn it together:
 - **God** (point up to the sky)
 - **gives us** (point to yourself)

opportunities (place hand above eyes and look from side to side)

VIDEO | Unsung Heroes, Episode 2 (8 MIN)

INSTRUCTIONS: *Play this week's episode of [Cali's World](#).*

- **INSTRUCTIONS:** *Play this week's episode of [Cali's World](#).*
- *Other campuses: you can use the vidio linked above or download the videos for this month [here](#)*

Bathroom (10 MIN)

- Line Kids up (Lead Teacher in front/assistant in back)
- Exit room to left and walk kids to the kids bathroom
- Allow 4 girls at a time or 4 boys (boys and girls should never go in at the same time)
- Lead teacher stands at the door with foot in door so they can hear if there are any problems
- Assistant helps keeps the kids waiting entertained, quiet and in their spots against the wall
- Make sure to ask if they washed their hands when done
- Once all kids are done and out of the restroom, lead teacher checks to make sure it looks ok, toilets have been flushed and nothing has been placed in toilets.
- Then walk back to class
- We never assist with anything other than buttoning pants and lead teacher should be in view of assistant at all time.
- If a child needs assistance other than buttoning pants the parent/guardian must be contacted

PRAYER (5 MIN)

- Maybe select a different child each week to pray over the snack
- Give them pointers on praying like how to start..."Dear Jesus" thanking Him for something, praying for anything we might need and then thanking Him for the food.
- Dear God, thank you for always being with us no matter what we go through. Even when things might seem sad or scary, we are not alone. Amen

Sharing Time

SNACK | Goldfish (10 min)

- Have kids sit at table and pass out Goldfish and water

ONLY ONE SERVING OF GOLDFISH PER CHILD

YOU MAY GIVE AS MUCH WATER AS YOU WANT KEEPING IN MIND RESTROOM BREAK

ACTIVITY | Circle Time (during snack)

- **PRE SUNDAY PREP: Print the Bible Story Images [here](#). (they are labeled by episode EX. epslimage1)**
 - **INSTRUCTIONS:** Use Bible Story Cards to have kids help you retell the Bible story and answer the following questions
- **Whose hometown was Bethlehem?** Naomi. Ruth and Naomi came back to Bethlehem from

Moab.

- **What did Ruth do to take care of herself and Naomi?** *She went to work at a field collecting (or gleaning) grain.*
- **Who was kind to Ruth?** *Boaz.*
- **Who is the hero that gives us opportunities?** *God! God gives us opportunities.*
- **Let's think of some opportunities God gives us to help others. How can you help a friend or family member?**

MEMORY VERSE | Zephaniah 3:17a (NIV) (5 MIN)

- **INSTRUCTIONS:** *Help kids learn this month's memory verse by setting the words (and the Scripture reference) to the tune of "Itsy Bitsy Spider." You can also have kids repeat the verse after you in small chunks, say them using silly voices, or create simple hand motions for keywords.*
- **"The Lord your God is with you, the Mighty Warrior who saves."**

ACTIVITY | Grain Necklaces (10 MIN)

PRE SUNDAY PREP: ORANGE: *Cut string into 24-inch pieces and prepare one for each kid. Put raw pasta into different bowls for kids to easily grab and Tape* **PURPLE:** *Have Pipe cleaners for each child and pasta into different bowls*

- **INSTRUCTIONS:** *Share that you're going to make [grain necklaces](#) together. Tape one end of the string onto the table for each kid. Demonstrate how to thread the pasta through the string to make the necklace. Once kids are done, help them tie the necklace closed with a knot.*
 - **PURPLE:** *They will use pipe cleaners instead so that it's easier for toddlers to bead the noodles through.*
- Ruth was given an opportunity to collect grain in our Bible story. She was able to help provide food for Naomi and her. When we wear our necklaces, we can remember that **God gives us opportunities**, too!

ACTIVITY | Gathering Friends (if needed)

- **INSTRUCTIONS:** *For this activity, call out the different prompts below—feel free to add your own—and have the group join in on a group hug for that person. If more than one person fits the description, have them do multiple group hugs so everyone is included.*
 -
 - *Who has black hair?*
 - *Who has a dog?*
 - *Whose birthday is in December?*
 - *Who is wearing blue?*

- *Who wears glasses?*
- *Who is wearing white shoes?*
- *Who plays a sport?*
- *Who has a brother or sister?*

- Great job gathering up your friends today. It's nice when we can be kind to each other, right?
- God did that for Ruth and Naomi. God gave Ruth the opportunity to work in a field that belonged to a kind person like Boaz. God gave Boaz the opportunity to show kindness to Ruth, who was new in town.
- When we need help, **God gives us opportunities**. You know what else? When others need help, **God gives us opportunities** to help *them*.

Play Time

ACTIVITY | Coloring Page (at home)

- **INSTRUCTIONS:** Print and distribute [the coloring page](#) along with crayons or markers. You can review today's Bible story, Big Idea, and memory verse as the kids color.