

## Sermon Study Guide: “United”: Ephesians 3:14-21

Ephesians 3:14-21: <sup>14</sup>For this reason I kneel before the Father, <sup>15</sup>from whom every family in heaven and on earth derives its name. <sup>16</sup>I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

- In Ephesians 3:14, Paul brings up how humanity is a family when united with Christ and how we are therefore to love each other. Why might this be something to pray about?
- In Ephesians 3:16, what does it mean to be strengthened in your ‘inner being’?

Ephesians 3:17-19: <sup>17</sup>so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, <sup>19</sup>and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

- In Ephesians 3:17-19, Paul prays for three results, the first of which is found in verse 17a. Why is this an odd thing to pray for?
- In Ephesians 17b-19a Pastor Jordan identifies that this may be thought about as two ways of knowing Jesus’ love. What are those two ways?
- What is the main way in which we can come to ‘grasp’ the love of Christ?
- What do your current methods of ‘grasping’ Christ’s love look like practically?
- What do you think it means to ‘know this love that surpasses knowledge’? What does this indicate about spiritual experiences?
- What do you think it means to ‘be filled’ with the measure of the fullness of God? Why might people feel empty?

Philippians 2:6-7 (ESV): <sup>6</sup> ...though he was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup>but emptied himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

- According to Philippians 2:6-7, what did Christ do to ensure that in the end we would be filled with the fullness of God?
- How does this prayer strike you as an invitation to know the love of Christ better? What is one way in which you'd like to grow in your knowledge and experience of God?