

David Mission 2019

PACKING LIST



Note: Don't take anything that you couldn't afford to lose

Luggage

- (1) Carry-on sized backpack
- (1) Medium sized suitcase or duffel bag
- (1) Sleeping bag OR bed sheets, blanket, and pillow

Clothes

- (1) Set of nice clothes for dinner out in Prestonsburg
- (3-4) Sets of work projects clothing (Comfortable work shoes, long- or short-sleeved shirts, long pants, or shorts)
- (1) Sun hat
- (1) Rain poncho
- (1) Set of work gloves
- (4) Sets of casual clothing (shorts, light shirts, etc.) and sandals or light shoes
- (1) Closed-toe shoes to work in
- Bathing suit (just in case)
- Underwear

Toiletries

- Required prescription medicine(s) (in original pharmacy container)
- Sun screen (minimum SPF 15)
- Chap Stick
- Feminine products
- Deodorant, toothpaste, and toothbrush
- Shampoo, soap, wash cloth, and 2 towels

Snacks

- Individually-wrapped snacks or packaged in re-sealable bags (gum, peanut butter & crackers, candy, granola bars)

Miscellaneous

**Bible

- Journal/pen
- 2 water bottles
- Flashlight or pen light
- Alarm clock

Things NOT to Take

- Phone (If you need to call home, we will have a phone for you)
- Nice jewelry, nice watches, excessive make-up, excessive money, tobacco, alcohol, non-prescription drugs, excessive luggage, expensive audio equipment, games