



The Relief Zone
Community Youth Center



TRZ Summer Program 2025

Welcome 2025 Summer Program attendees! We have an exciting summer planned for you this year at TRZ, with tons of cool games and lots of activities to keep you having fun all summer long! TRZ Kidz Summer Program Staff are experienced, well-trained individuals who have a special interest in kids. You can depend on TRZ Kidz Summer Program to focus on adventure and fun in a safe, caring environment! Register now for the 2025 Summer Program!

2025 Summer Program Activities & Trips at a glance...

Dates	Week	Extra Activities
June 30 – 4 (Closed 4 th)	1	Martz Observatory (TH)
July 7-11	2	Allegany State Park (TH)
July 14-18	3	Chautauqua County Fair (M) & Safety Village Visit @TRZ/SC Credit Union (TH)
July 21-25	4	Frewsburger Pizza/Ice Cream (TH)
July 28-Aug 1	5	The Rink Family Fun Center (TH)
August 4-8	6	Hoops On Mission (Thursday & Friday)
August 11-15	7	Midway State Park (TH)
August 18-22	8	TRZ Picnic Day/Waterslide & Bounce House @Town Park

*Fieldtrips & swimming are subject to change based on weather and availability. Highlighted fieldtrips have an extra \$5 cost per child for the day's attendance. *

**Learning with
Miss Heather**



Hoops on Mission



Town Park Fun Day



Camp Details....

Hours of Operation

Monday-Friday 7am-5:30pm, June 30 – August 22, 2025. Drop off is between 7-8:20am & pick up is between 3:30-5:30pm. Please make every effort to pick your child up by 5:30pm.

Daily Schedule

A morning and afternoon snack will be provided for the campers each day. Please notify staff of any food allergies or restrictions that your child may have. Children will engage in a variety of activities including, but not limited to; projects, indoor/outdoor games, Yoga, karate, cooking, social-emotional wellness, gardening, Library and more. Mondays will include enrichment activities & Thursdays are fieldtrip days. For off campus fieldtrips TRZ charters a Frewsburg Central School bus to transport the children. We ask that you do not send extra spending money with your child for fieldtrips. There will be an extra \$5 charge per child for highlighted trips.

Lunch

Please pack a no waste, ready to eat lunch with drink in an insulated lunch bag for your child each day. Also, please make sure to pack a refillable water bottle for daily use.

Camp Shirts

Each child will receive a Camp T-Shirt for weekly field trip days, for safety purposes. Children must wear their T-Shirt on Fieldtrip days to be able to participate. If child is not wearing camp shirt on the field trip day you will be charged \$20.00 for an extra T-shirt for your child to go on the field trip. You may order an extra T-Shirt on the weekly attendance form if you choose.

Each Day ALL Campers Will Need

Water Bottle - Sunscreen (Please make sure child has sun screen/bug spray on when they come to program, so they are ready to go) - Extra pair of shoes - Extra set of clothes - Towel - Swimsuit (Please make sure your child has appropriate footwear (sneakers preferred, please no flip flops or loose-fitting shoes)). Children will be playing outside, so please make sure they have the appropriate clothing on for the day. Each camper will have a space to keep their things each day. Please do not send big bags or backpacks, toys, electronics, or other personal items with your children. One small bag to keep their belongings in should be fine. On child's show and tell day they may bring one small item they can fit into their bag.

POOL

We will be swimming every Monday, Wednesday, and Friday from 1-3pm at the Frewsburg Central School Pool. All children are expected to dress and swim when we are at the pool. We will have lifeguards to keep the children safe in the water, with our staff monitoring from around the pool deck and in the water. We will have an instructor available to teach swim lessons during our pool time. More information regarding swim lessons will be available as we approach June 30. We will have a Water Safety Instructor that will be completing swim assessments on each child to gain an understanding of their swim ability. Children will wear colored wristbands to display where they are able to be in the pool. Green means a child can be anywhere in the pool, Red means a child can only be in the shallow area of the pool. Please fill out the form below and return to TRZ with weekly Attendance form.

The Relief Zone Swimmer Evaluation Form

**NON-SWIMMER
(MUST STAY IN DESIGNATED
AREA FOR NON-SWIMMERS)**

**QUALIFIED SWIMMER
(ACCESS TO ALL SWIMMING AREAS)**

Water Safety Instructor: Anna Gifford Date: _____

Name of Swimmer: _____ Age: _____

I give permission for my child _____ to walk to the Frewsburg Central School pool and participate in swimming activities with The Relief Zone Summer Day Camp Program MWF from 1-3pm

Parent/Guardian Signature: _____ Date: _____

(BELOW: OFFICE USE ONLY)

Parent/Guardian permission obtained:

☐ **Yes**

☐ **No** (Swimmer not allowed in the water)

Anyone under the age of seven, regardless of their swimming abilities, should be classified as a non-swimmer and be issued a red wristband.

A Qualified swimmer should be able to successfully demonstrate the following without assistance:

Perform a feet-first entry into chest-deep water, swim front crawl 25 yards.

☐ **Yes**

☐ **No** (Swimmer is given red wristband)

Maintain Position on back or tread water for 30 seconds.

☐ **Yes**

☐ **No** (Swimmer is given red Wristband)

What color wristband was given?



Red—Nonswimmer



Green—Qualified Swimmer

Water Safety Instructor Signature

Date

Weekly Attendance Form

*In the chart below please note the weeks & days your child will be attending, along with the times you plan to drop off and pick up your child.

*Drop off is between 7-8:20am and pick up is between 3:30-5:30pm.

Return form to TRZ (One form per child)

CHILDS NAME: _____ T-SHIRT SIZE _____ SHOE SIZE _____

You may purchase extra T-Shirts @ \$20 each. # _____ @ \$20 = _____.

Week	Monday		Tuesday		Wednesday		Thursday		Friday	
	Drop Off Time	Pick Up Time	Drop Off Time	Pick Up Time	Drop Off Time	Pick Up Time	Drop Off Time	Pick Up Time	Drop Off Time	Pick Up Time
June 30 – July 4										
July 7-11										
July 14-18										
July 21-25										
July 28-August 1										
August 4-8										
August 11-15										
August 18-22										

Please complete & return the chart above by **May 22, 2025**, so that we can account for the number of children that will be attending each week and each individual day. This helps us to staff accordingly and purchase necessary supplies and materials. Priority will be given to children attending full-time and on a first-come first-serve basis.

2025 TRZ CHILD DROP OFF/PICK UP PROCEDURES

Drop Off: Between 7-8:20am

- Pull vehicle up to facility on Frew Run Side
- Call 716-489-9067 or 716-569-2614 to notify staff of arrival. Sign your child into Procure. (Make sure App is downloaded on your phone)
- Staff member will meet you at your vehicle to bring child inside.

Pick Up: Between 3:30-5:30pm

- Pull vehicle up to facility on Frew Run Side
- Call 716-489-9067 or 716-569-2614 to notify staff of arrival. Sign your child out of Procure.
- Staff member will meet you at your vehicle with your child/Children.

*Children may not be dropped off or picked up outside of our scheduled drop-off and pick-up times.

*If an emergency arises, please contact us at 716-569-2614

Midway Carousel



Cornell Cooperative Extension



TRZ Summer Day Camp 2025

COST

Frewsburg School District Students		Out of District Students	
1 Child	= \$40.00 per Child/Per Day	1 Child	= \$45.00 per Child/Per Day
2 Children	= \$35.00 per Child/Per Day	2 Children	= \$40.00 per Child/Per Day
3 Children	= \$30.00 per Child/Per Day	3 Children	= \$35.00 per Child/Per Day
4 Children	= \$25.00 per Child/Per Day	4 Children	= \$30.00 per Child/Per Day

*A \$35 non-refundable registration fee is required for each camper.

*Priority will be given to children attending full-time (3-5 days/week)

*Last Minute spots, if available, will be on a first come first serve basis. You must call by 2:00pm the day prior to inquire if there is a spot available. You will be invoiced at that time and payment will be expected before your child is dropped off at the program.

All payments are to be made through the Procure App via credit card, debit card, or ACH

Invoices are issued on Wednesday prior to week of attendance with payments due Friday prior to the week of attendance. You will be invoiced for the days you have selected on the weekly attendance form. Payment is non-refundable as it reserves a spot in the program for your child. Therefore, if your child is sick or unable to attend, payment will not be refunded. Children will not be permitted to attend the program until any outstanding balance is paid in full. **There will be a late charge of \$10 per child if dropped off after 8:20am and \$2 per minute per child, when picked up after 5:30pm.**

TRZ STAFF:

Parents, you can feel confident that your child will enjoy a safe camp experience. Staff members are carefully selected for their background and interest in working with children. Low camper-to-staff ratios are embraced, allowing your child to receive the personal attention he or she deserves. As a licensed School Age Child Care Program all TRZ staff members undergo criminal background checks, a thorough reference check, fingerprinting and participate in state approved training. All staff members are CPR/AED/First Aid certified.

TRZ KIDZ:

The goal of TRZ programming is to provide a supportive environment in which children can grow and develop.

Children have a right:

- *To be respected.
- *To have a safe, consistent, reliable environment.
- *To express their creativity.
- *To express emotions in an appropriate manner.
- *To have staff members who care about and enjoy them.

Children Must:

- *Respect the rights of self and others.
- *Accept limits and rules.
- *Understand that others have wants and needs.
- *Use manners and courtesy as general behavior.
- *Listen and be attentive in group situations.
- *Accept responsibility for one's actions.
- *Listen and follow directions.
- *Follow all safety rules
- *Be considerate of everyone & take care of personal belongings.
- *Ask permission before leaving the group area.
- *HAVE FUN!!!



(Snack Time)

BEHAVIOR

A behavior problem is disruptive behavior that affects the group as a whole. There is zero tolerance for physical violence and bullying behavior. The safety and well-being of each child in our care is our number one priority. When children are having difficulty following the rules, we will use the following disciplinary steps:

- *Verbal explanation to children that their behavior is unacceptable or inappropriate.
- *Second warning.
- *Children's Program Director will speak with child.
- *Staff/Director will speak with the parents and discuss the child's behavior.
- *TRZ reserves the right to suspend from the program any child who consistently displays unacceptable or inappropriate behavior, is continually disruptive, creating problems for other children or is being physically aggressive.

(If suspension of a child is related to safety concerns for program participants or staff; immediate suspension may occur and the program will not be required to follow all the steps listed above.)

BULLYING POLICY

TRZ is committed to providing a caring, friendly, and safe environment for children in our care, so that they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable. That is, any use of aggression with the intention of hurting another person (including, but not limited to, physical, emotional, verbal, sexual) is not tolerated. Serious incidents of targeted aggression are documented by TRZ staff, and ongoing monitoring of the situation will occur. When attempts to change unacceptable behavior are unsuccessful, the consequences of repeated bullying may include suspension and/or termination from the program.

TRZ Parents:

Parent's play the most significant role in their child's growth and development. The Relief Zone is proud to provide a support system that will reflect a family's values and culture. TRZ encourages parent participation. Open and friendly communication is essential. Parent concerns should be immediately directed to the Children's Program Director. Details surrounding the concern will be reviewed, solutions will be discussed and an action plan will be implemented.