

# Pathways of Hope Summit

## Pre & Post Survey Results



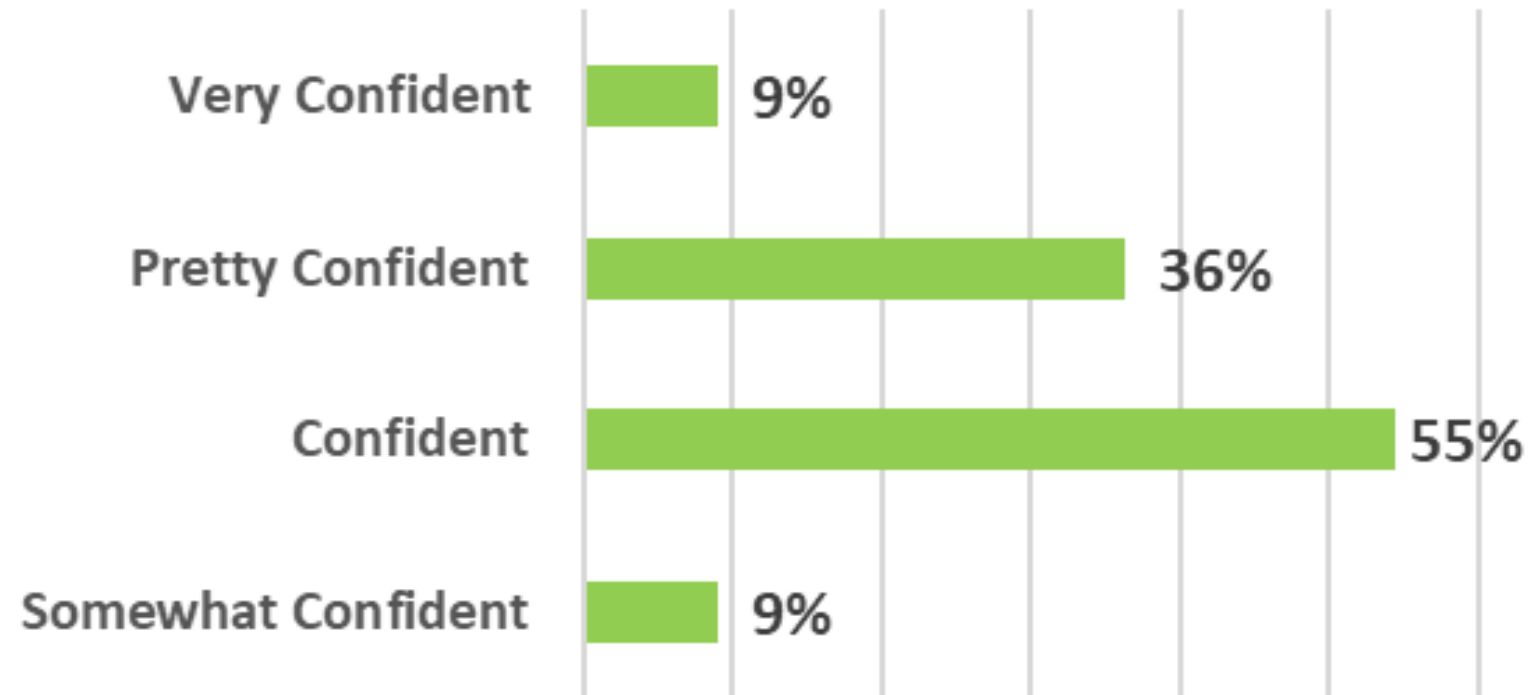
# Introduction To Results

- Findings are based on pre- and post-surveys conducted on March 28, 2026
- Data collected during the Collegiate DECA Pathways of Hope Summit at Belmont University
- “Total Participants” = attendees who completed the survey for that session
- “Didn’t Answer” = participant skipped the question after starting the survey

# Nervous to Nailed It

Pre-Survey

On a scale of 1-5, how confident are you in an interview setting?



Post-Survey

On a scale of 1-5, how confident are you now in preparing for an interview?



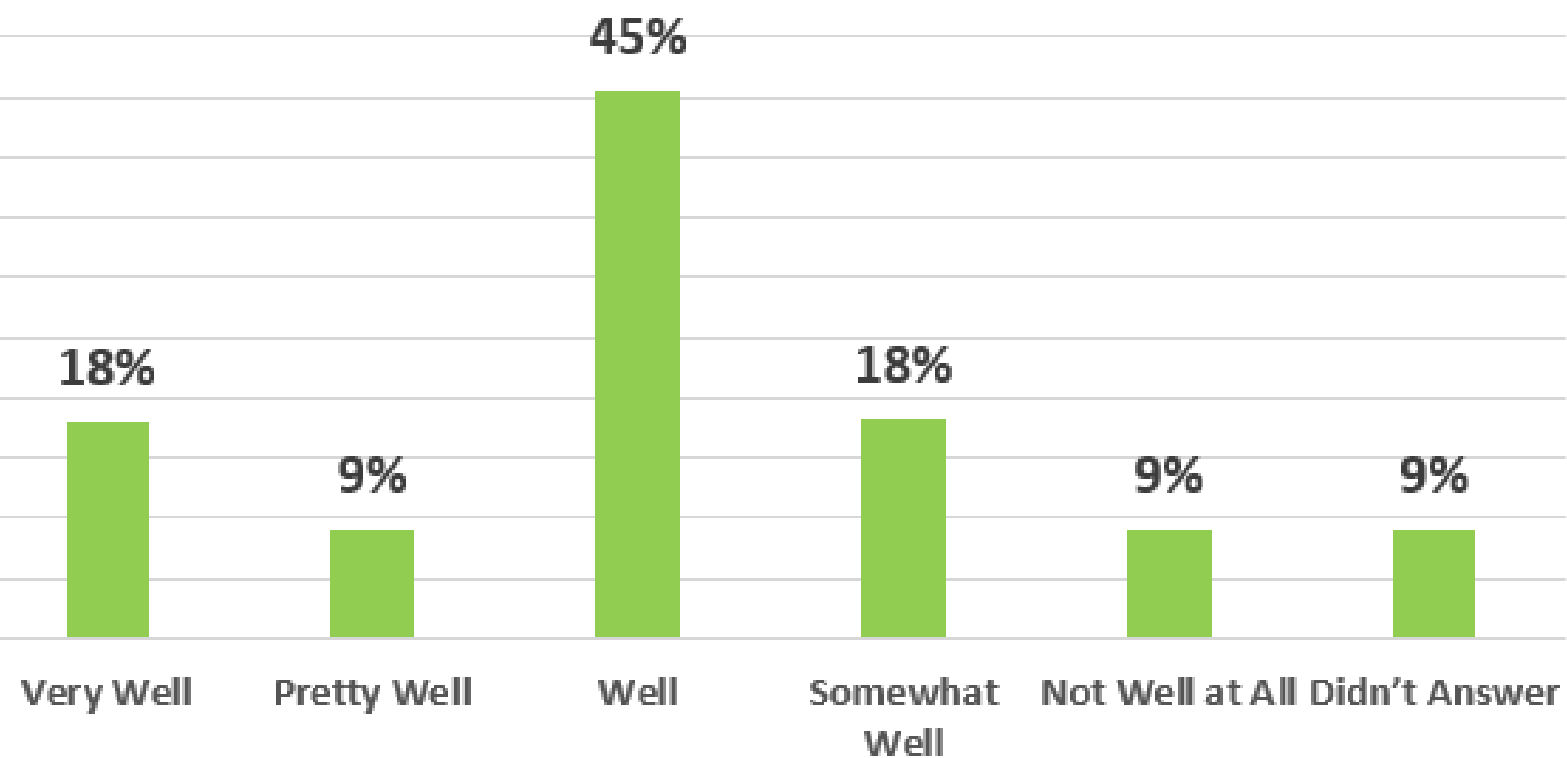
Total Participants: 12

# Nervous to Nailed It

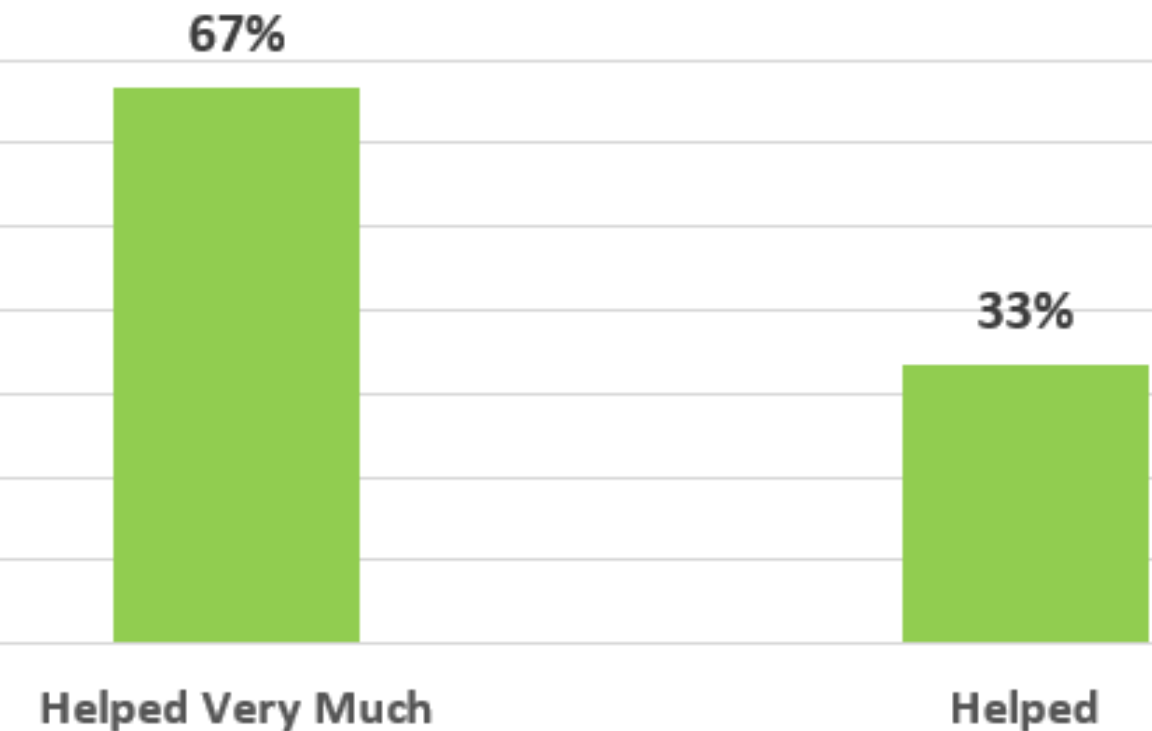
Pre-Survey

Post-Survey

On a scale of 1-5, how well are you at using the STAR Technique to answer questions?



On a scale of 1-5, to what degree did this session help you with answering behavioral questions using the STAR Technique?

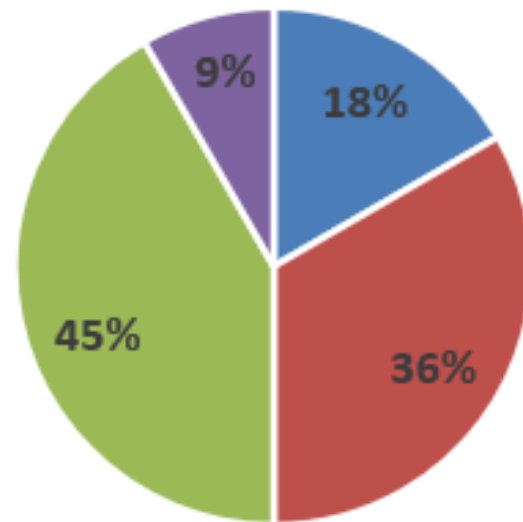


Total Participants: 12

# Nervous to Nailed It

Pre-Survey

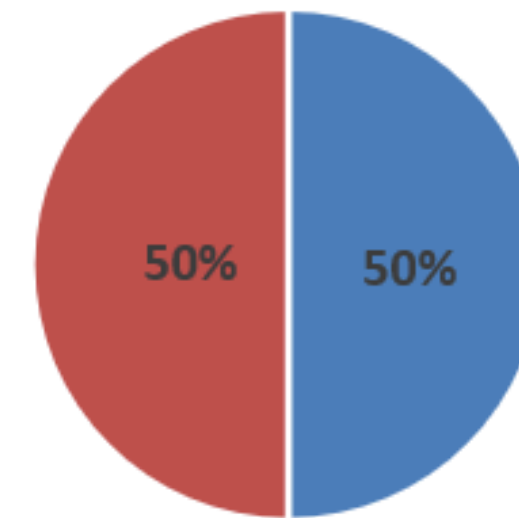
On a scale of 1-5, how confident are you preparing for an interview?



■ Very Confident ■ Pretty Confident ■ Confident ■ Didn't Answer

Post-Survey

On a scale of 1-5, how confident are you now preparing for an interview?



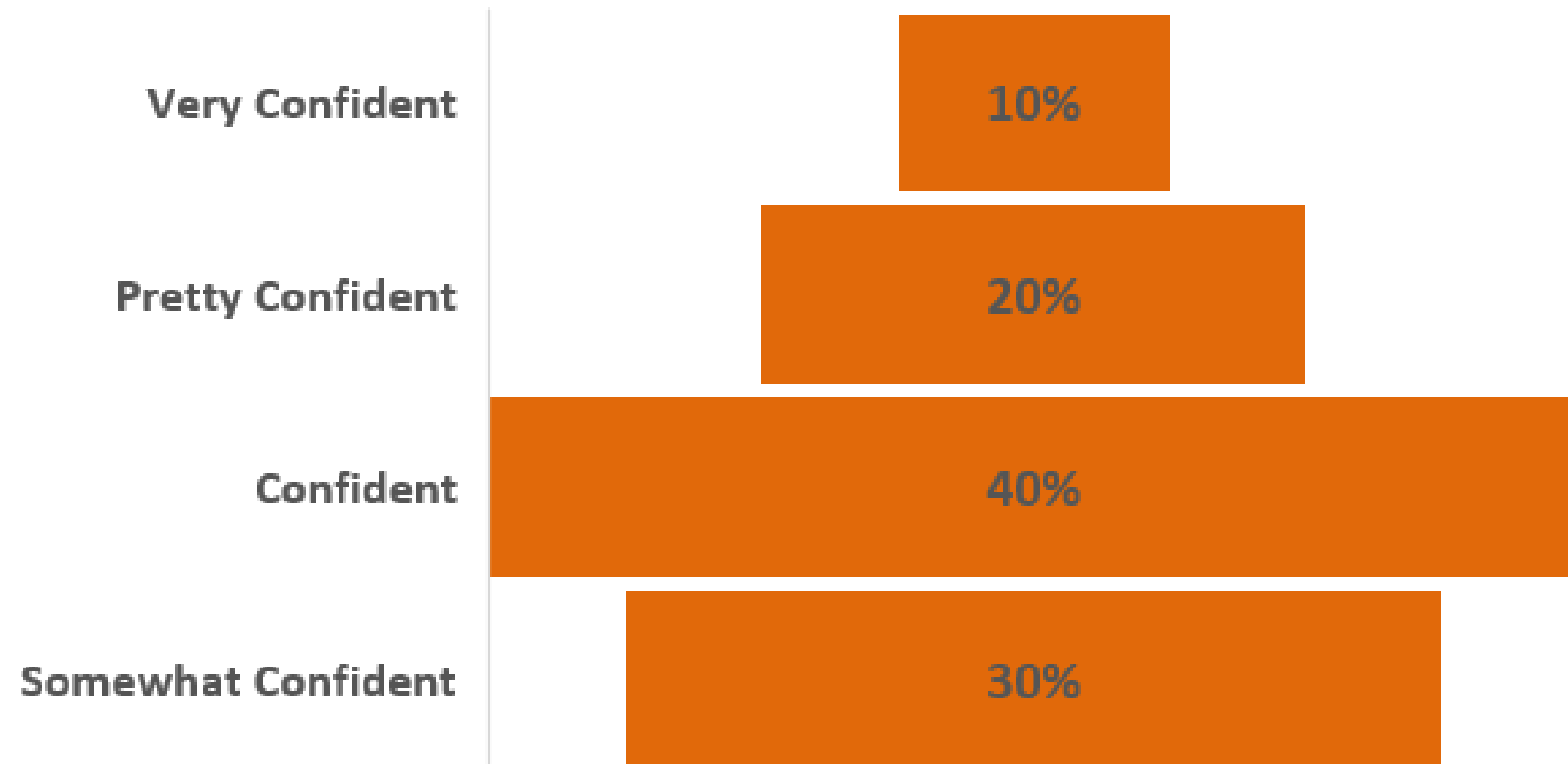
■ Very Confident ■ Pretty Confident

Total Participants: 12

# THE ETHICAL EDGE

Pre-Survey

How confident are you making decisions when faced with an ethical dilemma?



Post-Survey

How has your approach to ethical decision-making changed after this workshop?

- I've gained more insight into what ethical values can include
- It made me evaluate everything on a holistic view point instead of being simply subjective
- Having a more structure view of business ethics and why to stick to it.
- that i need to be confident in the person that i am
- Yes my approach had most definitely changed

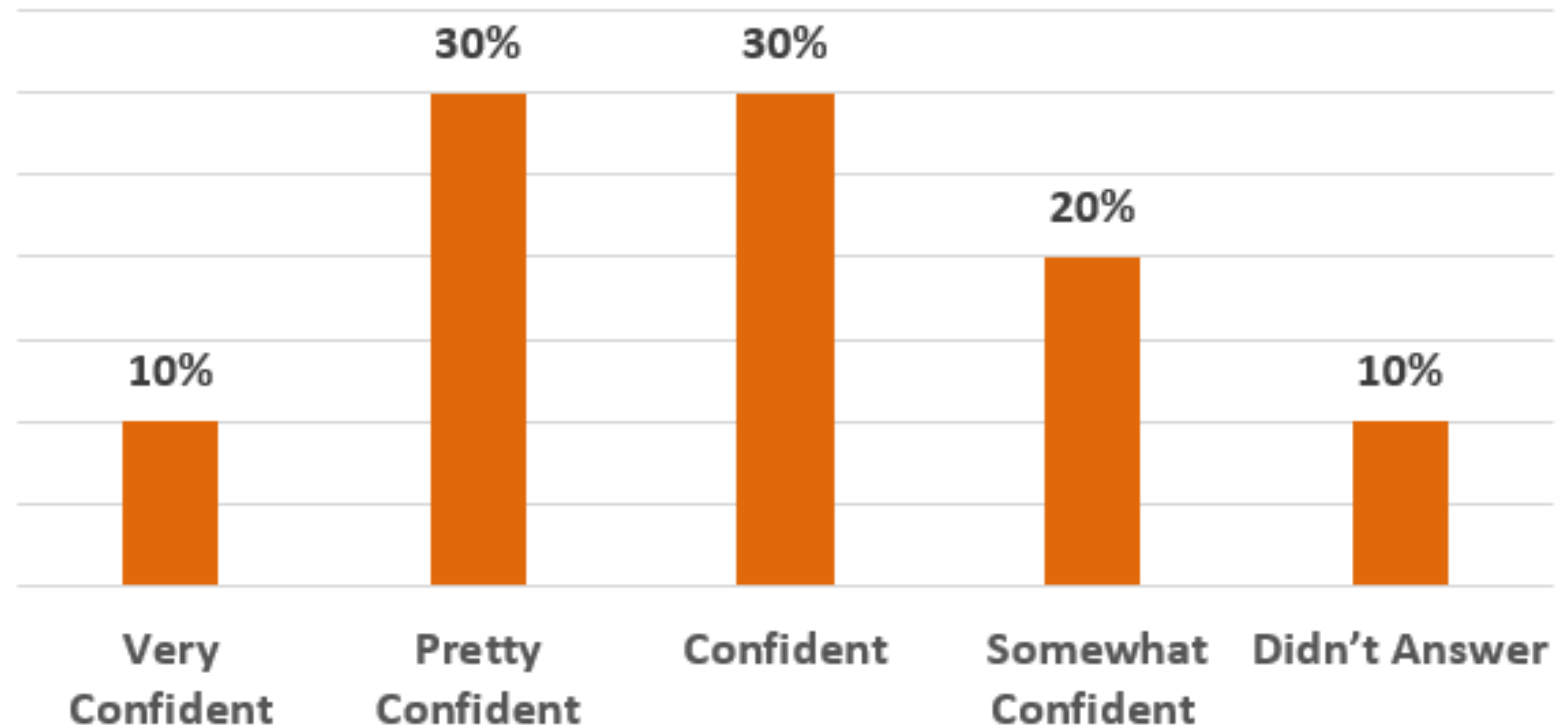
Total Participants: 11

# THE ETHICAL EDGE

Pre-Survey

Post-Survey

On a scale of 1–5, how confident are you in standing by your values under pressure?



**Describe a strategy you can now use when facing ethical challenges.**

Always have reliable information

I can actively listen while finding out different decisions to make the right one.

I can think about my ethical brand and how decision would affect this.

I can assess the situation and see what happened and handle it

Total Participants: 11

# THE ETHICAL EDGE

Pre-Survey

Post-Survey

## To what extent do you understand “ethical leadership?”

I understand ethical leadership by doing the right thing in times of trouble but I need a more reformed and polished view of it.

I understand ethical leadership as the practice of leading in a way that is not just effective, but morally grounded, transparent, and accountable especially when decisions are difficult or

Following business practices

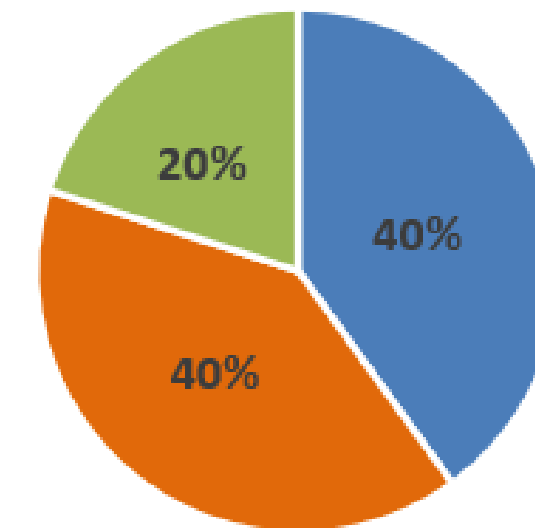
Very well. I took a business ethics class last year!

i understand it completely

I understand as having no different between anyone no matter their ethnicity, age, gender, or any other dividing factors.

Leading in compliance with all the rules

On a scale of 1–5, how prepared are you to hold yourself and others accountable?



■ Very well prepared ■ Pretty much prepared ■ Prepared

Total Participants: 11

# SHARPER MINDS

## Pre-Survey

### How do you currently respond to stress, setbacks, or pressure?

I often overthink and try to find the best way possible. That can lead to stress and often a fear of even making a decision at all.

I usually start by allowing myself to feel however I feel in the moment. After that I decide whether it's worth it for me to pivot or just let it go. And finally, I come up with a solution moving forward so that I don't make the same mistakes/ feel the same

Take into account all of the resources I have and using my skills and resources to overcome the setback.

I stay calm and focus on handling the situation at hand.

i take a breather and focus

I currently respond as getting anxious and overwhelmed.

However, I always deal with it but taking a step back and

## Post-Survey

### What new strategies will you use to manage stress and maintain mental clarity?

Being ok with not knowing everything and the skills to learn the thing I don't know

I will continue to pivot. I learned that it may sometimes take years to accomplish a goal. At first that sounded scary, but today helped me to realize to succeed you have a growth mindset & keep going back to the drawing board.

to take time for myself and know that i am confident in who i am and that everyone is human

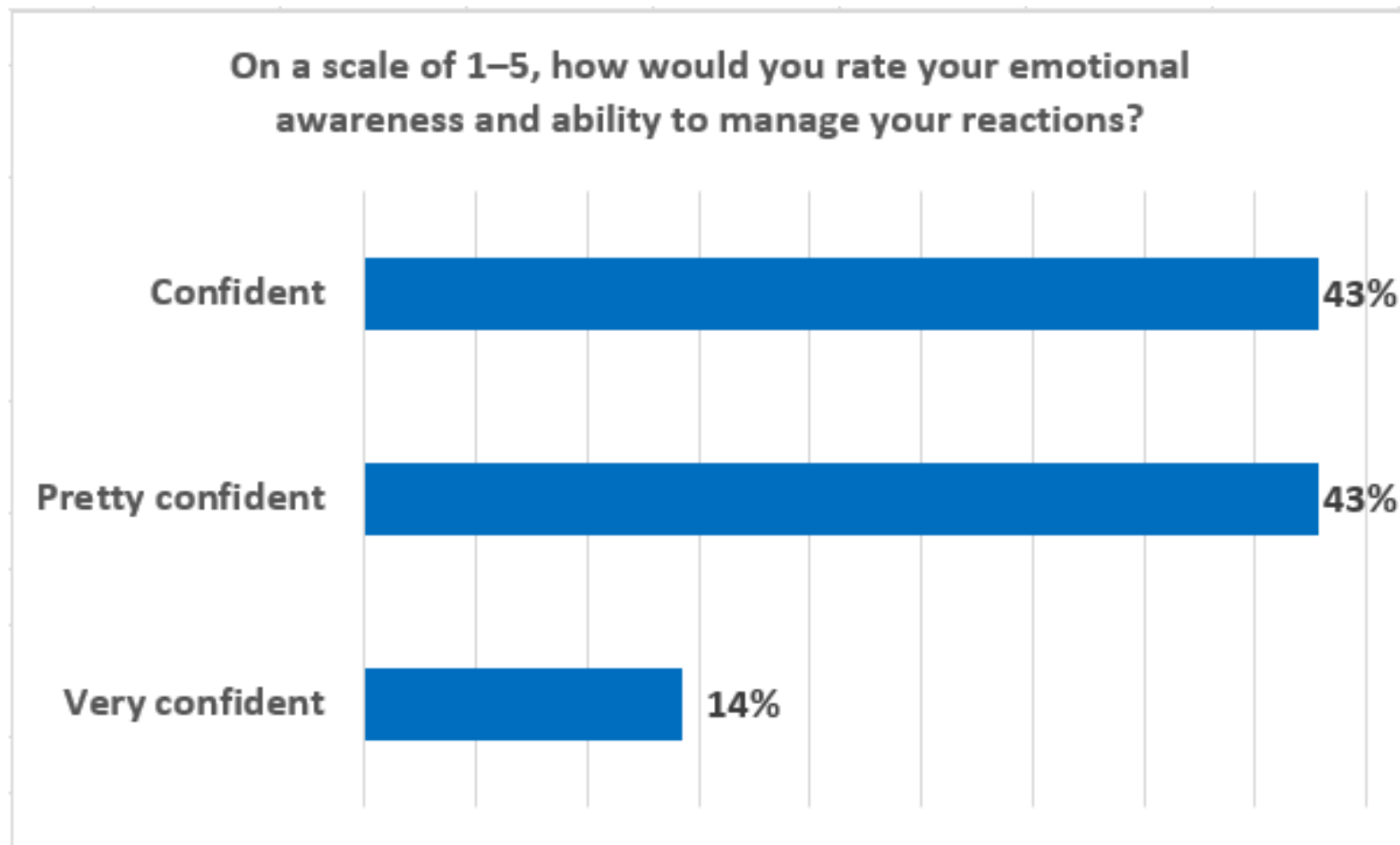
Take time for myself when needed, and identify triggers that cause stress

Identify the problem

Total Participants: 7

# SHARPER MINDS

Pre-Survey



Post-Survey



Total Participants: 7

# SHARPER MINDS

## Pre-Survey

**What habits (if any) help you stay focused and disciplined?**

Making a schedule and setting up time and dates to get things done. Forcing habits into my life and getting use to them.

Remove distractions before relying on willpower

Small

I always quote to myself "success is on the other side of doing what you don't feel like doing" & having a check list throughout

Watching people who are successful and how they carry themselves and their schedule.

Having a routine!

to always be aware of my surroundings

Having time management, being honest to myself, and listening to my body when I need a break.

## Post-Survey

**Describe one mindset shift that will help you become a more resilient leader.**

Gathering information and clarification of bias before making decisions

Being ok with failure

I realized that I can show up as myself, and that's enough!

More effective/proactive planning

You need to change your mindset

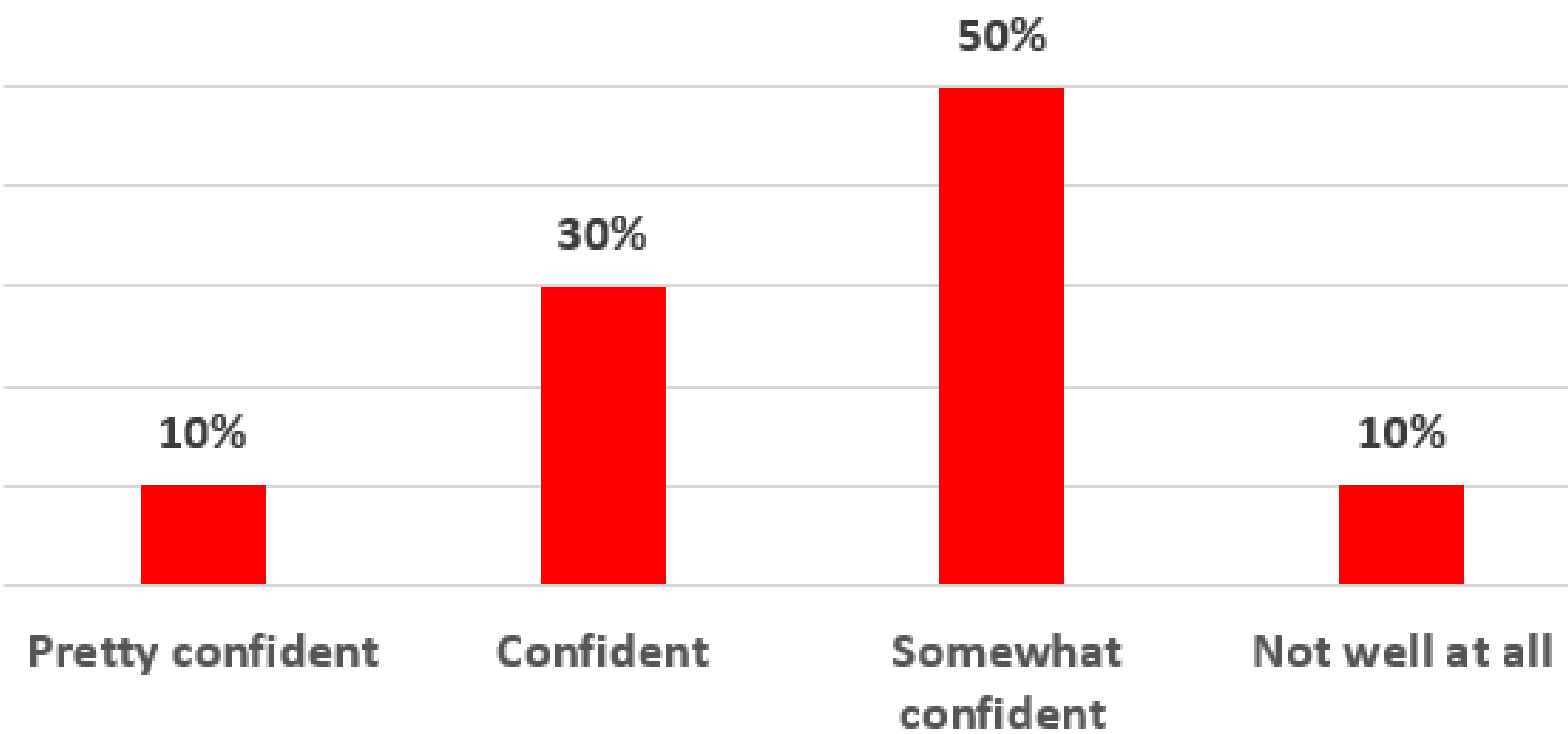
Total Participants: 7

# DREAM BIG, BUDGET SMART

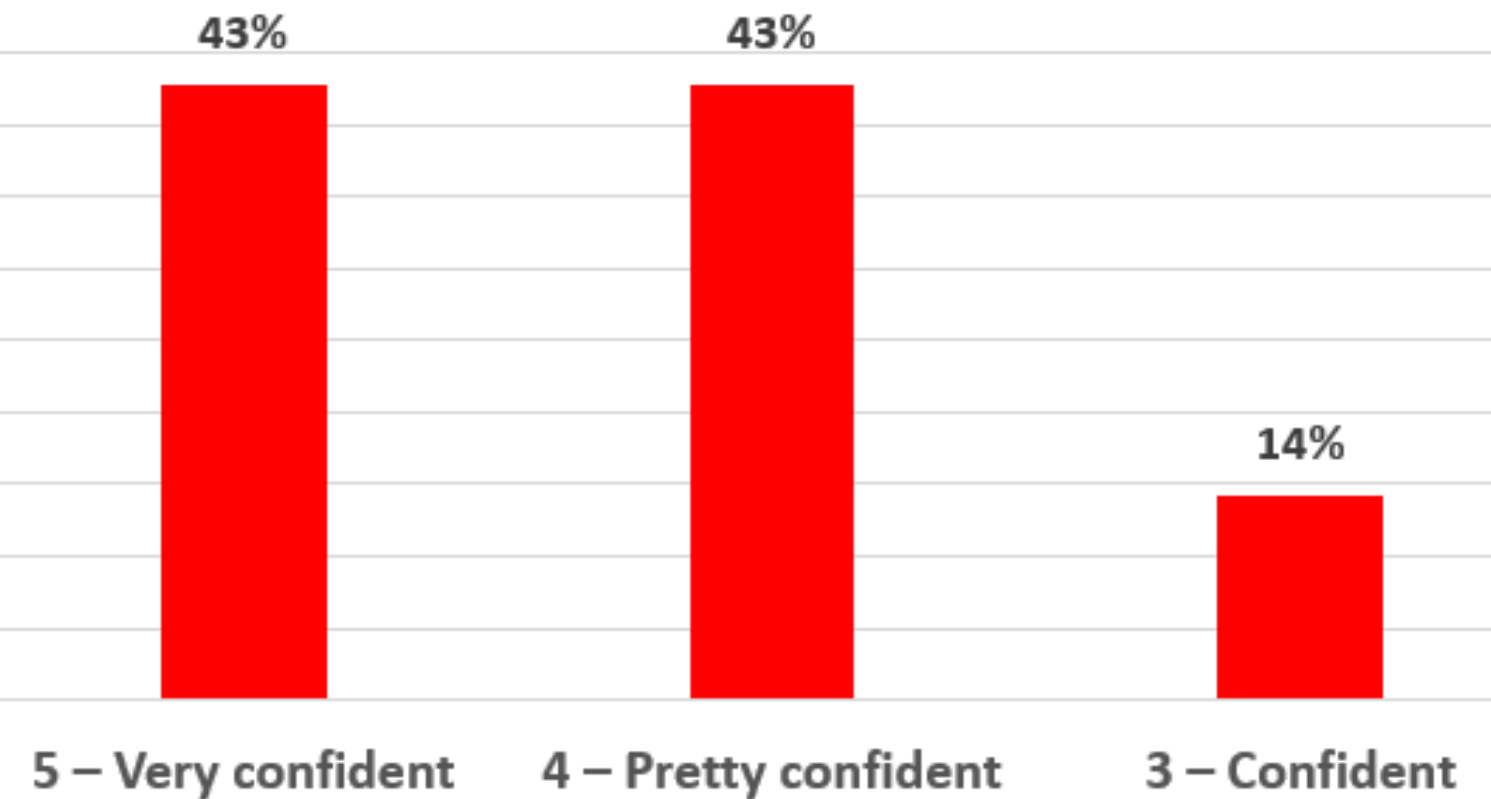
Pre-Survey

Post-Survey

I feel confident in my ability to create and manage a monthly budget.



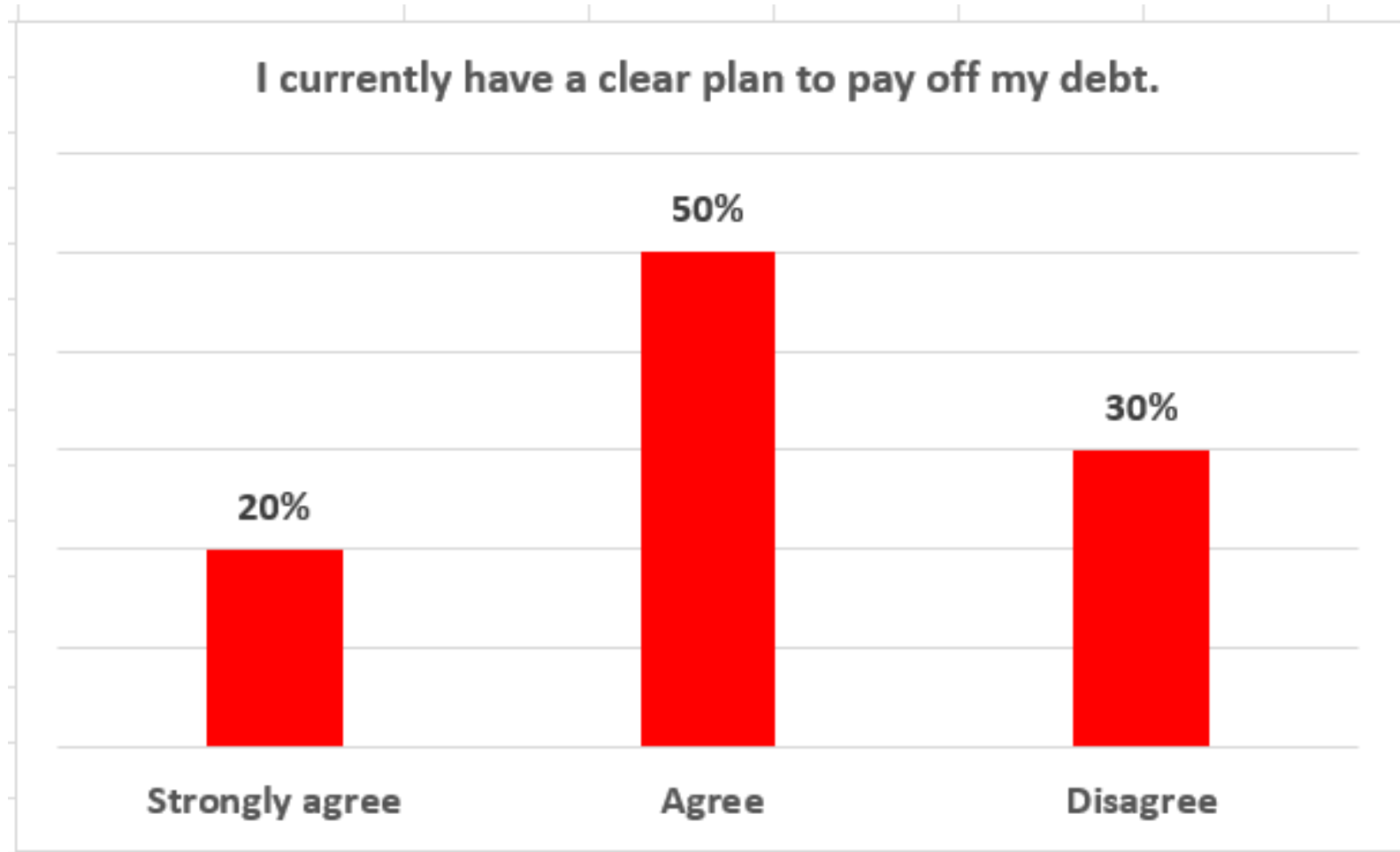
I feel confident in my ability to create and follow a monthly budget.



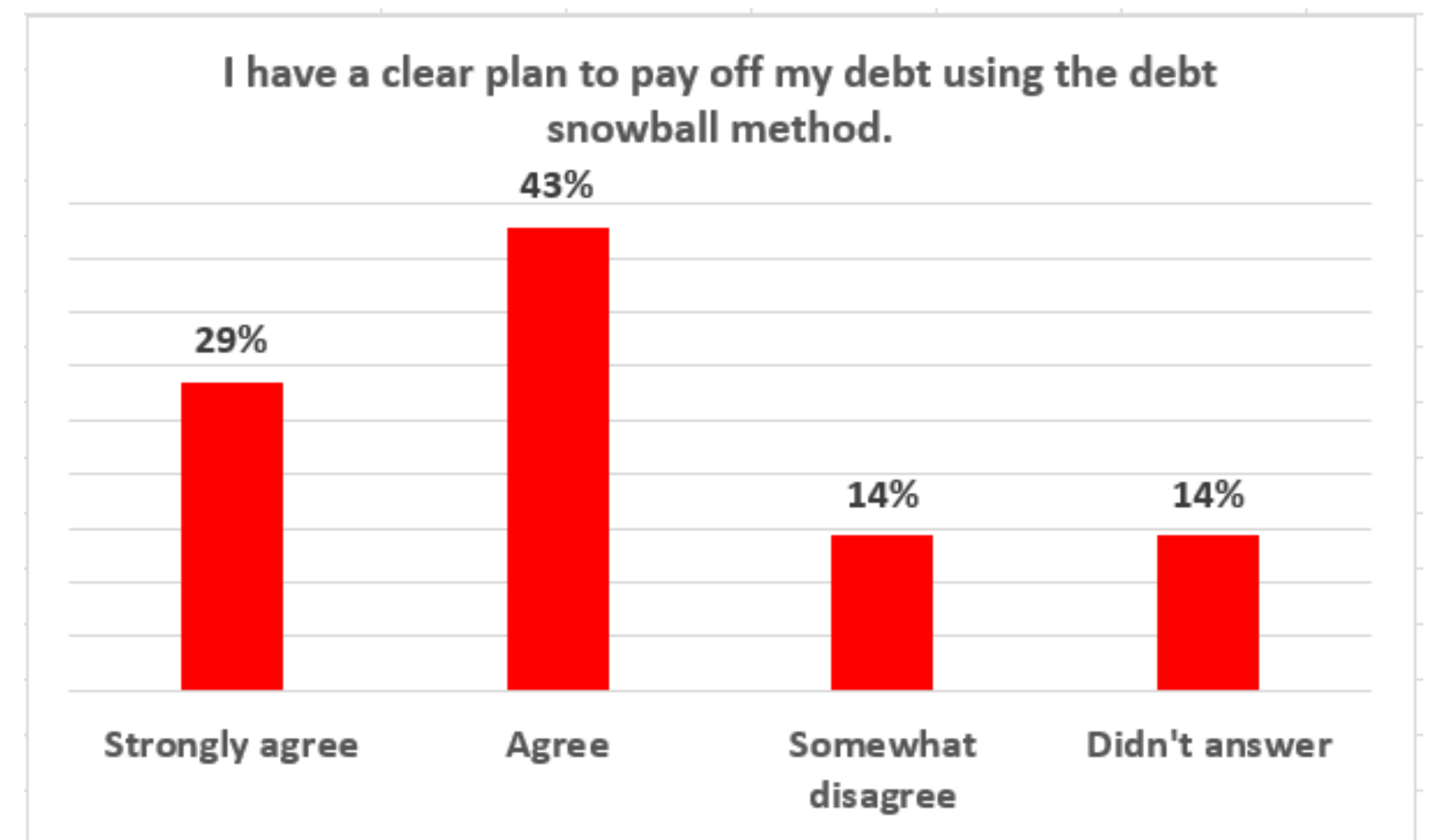
Total Participants: 10

# DREAM BIG, BUDGET SMART

Pre-Survey



Post-Survey



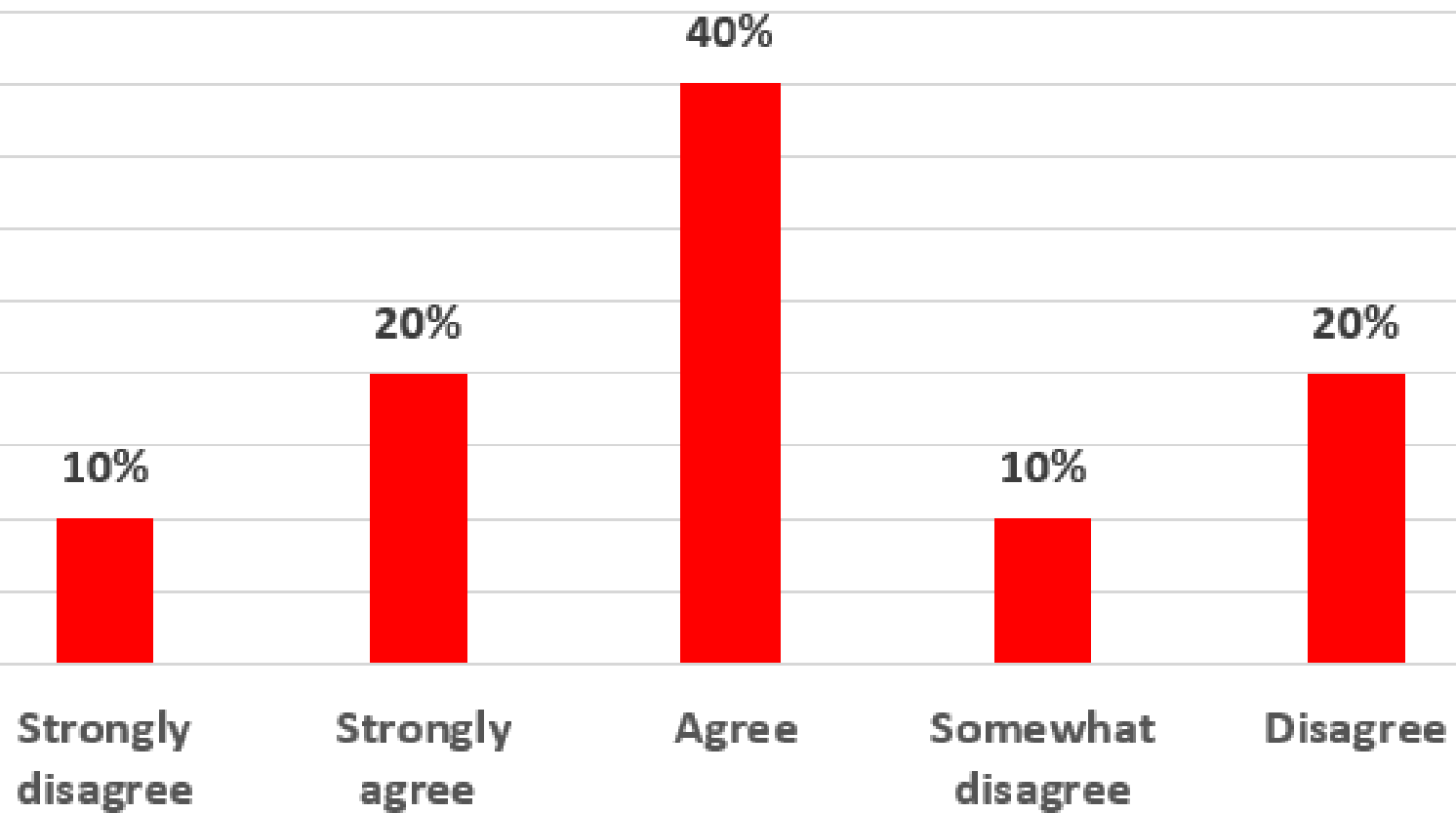
Total Participants: 10

# DREAM BIG, BUDGET SMART

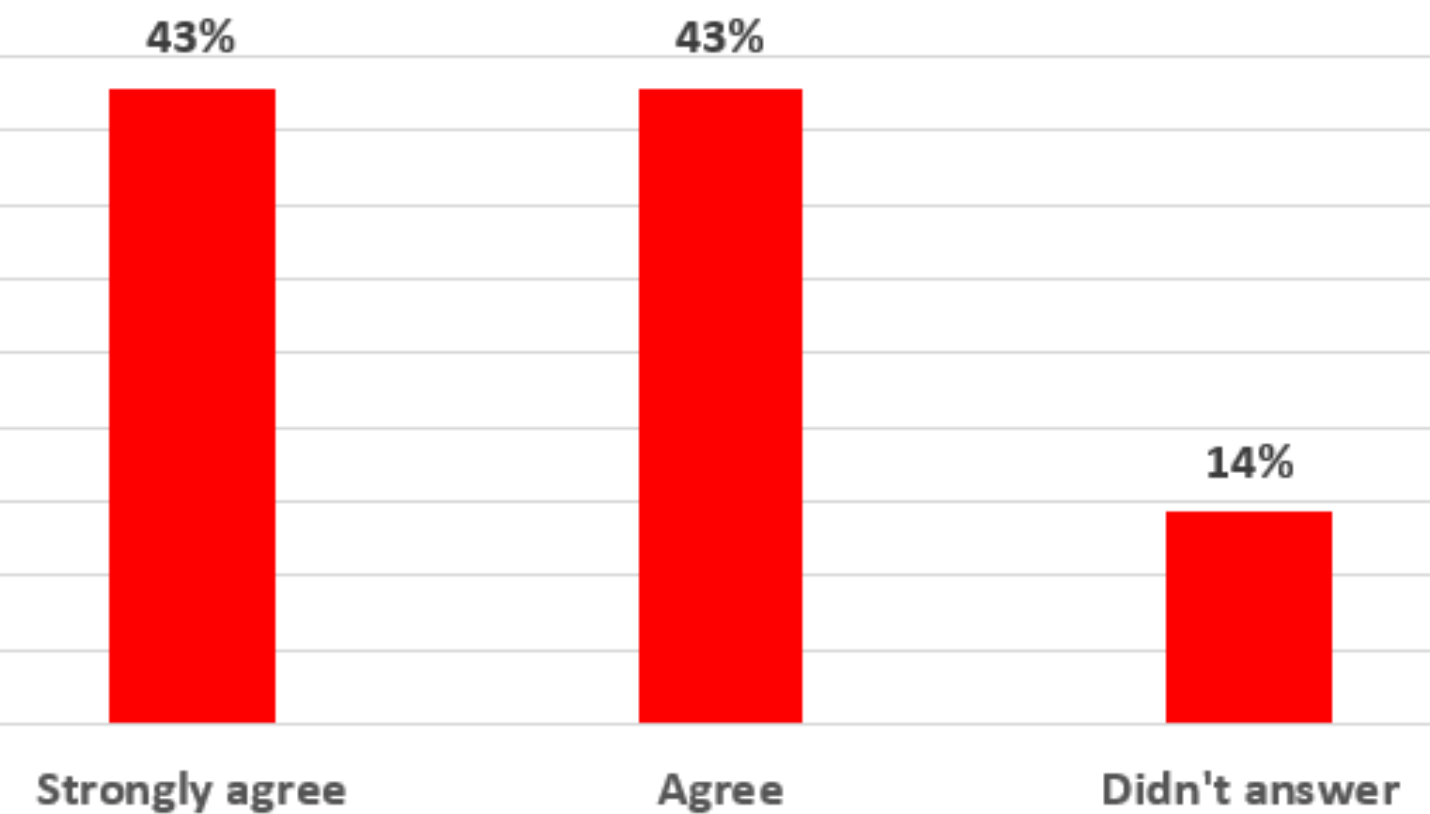
Pre-Survey

Post-Survey

I understand how the debt snowball method works.



I am taking (or plan to take) specific actions to reduce my debt



Total Participants: 10

# OVERALL SUMMIT RESULTS

- As a result of this summit, I have greater clarity about my personal and professional goals.

Strongly Agree	50%
Agree	50%

- I can identify specific next steps to move toward my goals.

Strongly Agree	50%
Agree	50%

- This summit strengthened my readiness for future academic and career opportunities.

Strongly Agree	58%
Agree	42%

- I would recommend the Pathways of Hope Summit to other students.

Strongly Agree	83%
Agree	17%

- The content of this summit was relevant to my current needs and future goals.

Strongly Agree	58%
Agree	42%

- The sessions and activities kept me actively engaged throughout the summit.

Strongly Agree	67%
Agree	33%

- This summit motivated me to pursue new opportunities for growth, leadership, or career development.

Strongly Agree	50%
Agree	50%

Total Participants: 12



# Thank You

by: Vanessa C. Short

