

# FUMC Bryan is now a Stephen Ministry Church!



## What Is Stephen Ministry?

*Bear one another's burdens, and in this way you will fulfill the law of Christ* (Galatians 6:2, NRSV).

Stephen Ministry offers a proven and effective way to organize, equip, and supervise a team of congregation members—called *Stephen Ministers*—to provide high-quality, one-to-one, Christ-centered care to people in the congregation and the community experiencing life difficulties.

## What Is a Stephen Minister?

Stephen Ministers are lay congregation members trained to provide one-to-one care to those experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, or relocation. Stephen Ministers come from all walks of life, but they all share a passion for bringing Christ's love and care to people during a time of need. After being matched with a person experiencing a life crisis, the Stephen Minister meets with that person on a weekly basis to listen, care, encourage, and provide emotional and spiritual support. The caring relationship lasts as long as the need for care exists.

## Training to Become a Stephen Minister

Stephen Minister training is a Christ-centered experience that equips participants with essential caring and relating skills. Trainees learn how to listen to, care for, and walk with those going through difficult times in life.

**FUMC Bryan currently has trained Stephen Ministers available to provide one to one care. Please contact Pastor Rick, Pastor Jennifer or Natalie Patterson for information.**

# Stephen Ministers: The After People

People often ask, “What exactly is a Stephen Minister?” One way to put it is that Stephen Ministers are the *After People*.

## *Stephen Ministers are there:*

- ... *after* the phone call you hoped you'd never get.
- ... *after* the funeral, when everyone has left and the emotions you've held at bay come crashing in on you.
- ... *after* the relationship falls apart and the bottom falls out of your life.
- ... *after* the doctor says, “I'm sorry, but there's nothing more we can do.”
- ... *after* the nursing home director shakes your hand and says, “Welcome to your new home.”
- ... *after* the last child honks the horn, waves, and drives away—and the house suddenly seems empty.
- ... *after* the gavel comes down, the handcuffs go on, and your loved one is led away.
- ... *after* the baby arrives, demanding more of you than you ever dreamed possible.
- ... *after* you find a pink slip with your final paycheck.
- ... *after* your family and friends have heard your story one too many times, but you still need to talk it out.

Stephen Ministers are the After People. They are ready to come alongside you—or your friends, neighbors, coworkers, or relatives—and provide comfort and support for as long *after* as needed.

[www.stephenministries.org](http://www.stephenministries.org)