



SPICE *of* LIFE GROUPS

.....  CHOOSE YOUR GROUP/S 



... SIGN UP ON YOUR APP ...



or



Spice of Life —
Find your people.
Add a little flavor to life.



LIFE GROUPS

Couples: Unplugged

Begins 9/19

Perfect Group for Couples

Leaders: DeeDee & Brian Mathes

Time: Saturday, 6:00-7:15 pm

Location: 3801 McGee Road Plant City

Love, Laughter & Food! Find a babysitter and come join us for a relaxed night of good food, lots of laughs, and getting to know other couples. No pressure and no six-week commitment—just come when you can and enjoy some time together!

No Book - Guided Conversation

Common Ground

Begins 9/16

Perfect Group for Adult Singles

Leader: Brooke Lantrip 813-416-4348

Time: Wednesday, 7:00-8:15 pm

Location: Panera Bread in Plant City

A fun, easygoing group for singles to meet new people, build friendships, share some laughs, and simply enjoy spending time together. No pressure—just good conversation, fun, and connection. The group will decide together where to meet for the next gathering.

No Book - Guided Conversation

LIFE GROUPS

Good & Beautiful You

Begins 9/15

Perfect Group for Any Adult

Leader: Amymarie Couturiaux 309-798-8032

Time: Tuesday, 10:45-11:45 AM

Location: FLC

Discover who God created you to be and learn to see yourself through His eyes. A practical, encouraging journey toward a healthier, Christ-centered view of yourself. Anyone is welcome.

Book: Good & Beautiful You- \$15.00

No Other God Before Me

Begins 9/1

Designed for the Women

Leader: Janice Williams 813-716-8771

Time: Tuesday, 6:30 - 7:30 pm

Location: 3810 McIntosh Road Dover

Bible study for women that takes an honest look at the things that compete for God's place in our hearts.

Together, we'll learn to recognize what may be taking priority and grow in putting God first. Ladies will meet at the same time as Forge Men.

Book: No Other God Before Me by Kelly Minter \$10

LIFE GROUPS

The Lunch Bunch

Begins 9/17

Designed for the 'daytime crowd'

Leader: Harriet Chaney -813-708-4179

Time: Thursday, 12:15 to 1:15 pm

Location: FLC

Bring your lunch and pull up a chair! Enjoy good conversation, new friendships, and time together as we talk about life beyond Sunday—sharing experiences, thoughts, and some of the questions we all encounter along the way. It's casual, welcoming, & open to all.

No Book - Guided Discussion

Rooted

Begins 9/14

Designed for Adults, Young Adults & Teens

Leader: Rebecca Francis 813-758-5619

Time: Monday, 6:30-7:30 pm

Location: FLC

For anyone walking through a difficult season who could use a safe, caring place to talk, be heard, and find support. Come as you are, connect with others who understand that life can be hard, and be reminded that you don't have to walk through it alone.

No Book - Guided Discussion

LIFE GROUPS

Pizza with a Purpose

Begins 9/13

Perfect Group for the New Christian, Adults & Teens

Leader: Justin & Lisa Straka 813-763-1935

Time: Sunday, after the 11:00 am service

Location: FLC

Whether you're new to faith, have questions, or simply want to understand more, this group is for you! Enjoy some pizza in a casual, relaxed setting as we talk about the foundations of a life with Christ, ask questions, and grow together. Childcare is provided

Bible, Bible App ...no Bible no problem, we will have them.

Wait...Why Do We Believe That?

Perfect for Adults and Teens

Begins 9/17

Leader: Pastor Matt 813-758-5941

Time: 6:30-7:15 pm

Location: FLC

Have you ever wondered how to explain why you believe what you believe? This group takes a fun, approachable look at apologetics—exploring the evidence behind the Christian faith, tackling tough questions, and learning how to have meaningful conversations with others. Bring your questions, your curiosity, and an open mind!

Book: Bible or Bible App

LIFE GROUPS

Men's Forge Night

Weekly

Perfect Group for Men

Leader: David Anthony

Time: Tuesday, 6:30-7:30pm

Location: FLC

Guys, come hungry and ready to hang out! Forge is a relaxed night to grab a bite, enjoy some casual conversation, share a few laughs, and build genuine friendships with other men. No pressure—just good food, good conversation, and a chance to connect.

Book: Bible or Bible app and note pad

Men's Forge Bible Study

Weekly

Designed for Men

Leader: Mike Couturiaux

Time: Saturday, 8:00 -9:00 am

Location: FLC

Join other men as we walk through the Gospel of John, taking a closer look at the life and teachings of Jesus and what they mean for us today. Come for Scripture, honest conversation, and an opportunity to grow in your faith alongside other men.

Book: Bible & downloadable pdf is available

LIFE GROUPS

Lighthouse Young Adults

Weekly

Designed for ages 18 (graduated)- 29

Leader: Schuyler & Kim Scaglione 813-391-8697

Time: Sunday, 7:00-8:30 pm

Location: FLC

If you're 18–29 and looking for real community, this is where you need to be! We eat, laugh, hang out, and have a lot of fun, but we also dig deep into Scripture and grow in our faith together. Come meet new people, build genuine friendships, and find a community where you belong.

Book - Bible or Bible App

A Life Group gives you a place to:

Build real friendships – It's easier to connect when the group gets smaller.

Find your people – Meet others who are in a similar season of life or share your interests.

Grow – Learn, ask questions, and have conversations that don't always fit into a Sunday service.

Be supported – Life is better when you have people who notice when you're missing and care about what you're going through.

Have fun – Not every gathering has to feel like another church service. Sometimes community starts with food, laughter, games, or simply hanging out.

Belong – You can attend a church in a crowd, but relationships are what help a church begin to feel like home.

LIFE GROUPS WEEKLY SCHEDULE

Sunday

- *Pizza with a Purpose after 11am service ends Page 5
- *Lighthouse Young Adults 7:00-8:30 Page 7

Monday

- *Rooted 6:30-7:30 pm Page 4

Tuesday

- *Good & Beautiful You 10:45-11:45 Page 3
- *Forge Men 6:30 pm Page 6
- *No Other God Before Me 6:30 -7:30pm Page 3

Wednesday

- *Common Ground 7:00-8:15pm Page 2

Thursday

- *The Lunch Bunch 12:15-1:15pm Page 4
- *Wait...Why Do We Believe That? 6:30-7:30 Page 5

Saturday

- *Forge Men Bible Study 8 am-9 am Page 6
- *Couples: Unplugged 6:00-7:15 Page 2