

WHAT TO KNOW & WHAT TO BRING

Fall Retreat 2025

1. Meat at church 6pm Friday Oct 31. (eat before you come)
2. Arrive at Wheat state 7(ish)pm
3. Arrive back at church Sunday Nov 2, 10(ish) am

BRING ALL FORMS AND PAYMENT UPON ARRIVAL (NOT BEFORE)

4. FBC medical Release form (filled out)
5. \$115-dollar payment. (check, cash or pay online)
6. Wheat State Paint Ball Waiver (filled out)
7. Warm cloths (Could be Cold)
8. Old Clothes and shoes (for paintball and other activities)
9. A Bible
10. A Good Attitude
11. Toiletries (DEODORANT, tooth paste and brush, 2 Towels, Shower supplies, DEODORANT)
12. Bed Roll (twin sheet and blanket or sleeping bag and pillow)
13. Clothes for Sunday morning Church (Retreat Shirt Provided)

Optional things to bring:
Personal Snacks
Teddy Bear
Ear plugs (PEOPLE SNORE)