

Union Chapel Kids Resource List

YouTube Videos

- [Grace Liberates Your Parenting](#)- Paul David Tripp
- [Mindful Moments for Kids](#)- Kira Willey
- [The Importance of the Parent Child Relationship](#)- Daniel Siegel
- [How to ADHD](#)- Helpful Videos for Kids with ADHD

Podcasts

- [The Empowered Parent](#)- onebighappyhome.com
- [Parenting: Screentime and Your Family](#)- Life Kit NPR

Facebook Pages

- [Union Chapel Motherhood Group](#)
- [The Empowered Parent Podcast Community](#)
- [The Mama on the Rocks Facebook Group](#)
- [The Trauma Informed Parent](#)
- [Mindshift](#)
- [Child Mind Institute](#)
- [Support for Early Learning and Families](#)
- [Grace & Wondering](#)

Instagram Accounts

[@drlauramarkham_ahaparenting](#)

[@hand_in_hand_parenting](#)

[@janetlansbury](#)

[@playwithpurposefl](#)

[@pediatricnutritionrd](#)

Blogs

- [The Mama on the Rocks](#)
- [Grace & Wondering: Family Ministry and Home Education](#)

Articles

- [For Kids With Anxiety, Parents Learn To Let Them Face Their Fears](#)- NPR
- [How Anxiety Leads to Disruptive Behavior](#)- ChildMind Institute
- [What's Going On In Your Child's Brain When You Read Them A Story?](#)- Mindshift
- [Why Children Aren't Behaving, And What You Can Do About It](#)- Mindshift
- [How Parents Can Help Middle Schoolers Build Confidence and Character](#)- Mindshift
- [The Struggles of Christian Parenting](#)- Sojourners

Books

- [The Sticky Faith Guide for Your Family-](#) Kara Powell
- [Sacred Parenting](#) - Gary Thomas
- [Growing With-](#) Kara Powell
- [The Gifts of Imperfect Parenting-](#) Brene Brown, Audiobook
- [Parenting: The 14 Gospel Principles That Can Radically Change Your Family-](#) Paul David Tripp
- [Parenting from the Inside Out-](#) Daniel Siegel
- [The Whole Brain Child-](#) Daniel Siegel
- [No Drama Discipline-](#) Daniel Siegel
- [Brainstorm- The Power and Purpose of the Teenage Brain-](#) Daniel Siegel
- [This Life that is Ours: Motherhood as a Spiritual Practice-](#) Lauren Burdette
- [Attached At the Heart-](#) Barbara Nicholson and Lysa Parker
- [Between Parent and Child-](#) Dr. Haim G. Ginott, Dr. Alice Ginott, Dr. H. Wallace Goddard
- [Calm Kids-](#) Lorraine E. Murray
- [The Connected Child-](#) Karyn B. Purvis, David R. Cross, Wendy Lyons Sunshine
- [Connection Parenting-](#) Pam Leo
- [Dear Parent: Caring for Infants with Respect-](#) Magda Gerber
- [The Enneagram of Parenting-](#) Elizabeth Wagele
- [The Emotional Life of the Toddler-](#) Alicia Lieberman
- [Listen: 5 Simple Tools to Meet Your Everyday Parenting Challenges-](#) Patty Wipfler, Tosha Schore
- [Parenting by Connection: The Complete Set \(Kindle only on Amazon\)-](#) Patty Wipfler
- [Parenting With Presence-](#) Susan Stiffelman and Eckhart Tolle
- [Parenting Without Power Struggles-](#) Susan Stiffelman
- [Peaceful Parent, Happy Kids-](#) Dr. Laura Markham
- [Playful Parenting-](#) Lawrence J. Cohen
- [Positive Parenting: An Essential Guide-](#) Rebekah Eanes and
- [Your Self-Confident Baby-](#) Magda Gerber

Kid Books

- [Be Still](#) (based on Psalm 46:10 -- comes in board book too)
- [The Biggest Story ABC](#)
- [Found | Psalm 23](#)
- [The World is Awake: A Celebration of Everyday Blessings](#)
- [When God Made Light](#)
- [When God Made You](#)