

March – “The Gospel Changes Everything” Week 3 — “From Adam to Christ: New Humanity”

Romans 5:12–6:23

Ice-Breaker

Think of a time when your identity changed—for example, becoming a parent, getting married, starting a new job, or moving to a new place.

- How did that new identity change the way you lived or made decisions?

Discussion Questions

1. Adam vs. Christ — Two Identities

Paul contrasts Adam and Christ as two representatives of humanity. In Adam there is sin and death; in Christ there is grace and life.

- What does it mean to you personally that your identity can move “from Adam to Christ”?
- How is identity different from simply trying harder to behave better?

2. Grace Is Greater Than Sin

Romans 5:20 says, “*Where sin increased, grace increased all the more.*”

- Why do people sometimes struggle to believe that God’s grace is greater than their past?
- How does this truth challenge shame, guilt, or feelings of being “too far gone”?

3. Dead to Sin, Alive in Christ

Paul says believers are no longer under sin’s reign but under grace (Romans 6:11–14).

- What is the difference between still being tempted and still being ruled by sin?
- How does knowing sin is no longer your master change the way you face temptation?

4. Slaves to What We Obey

Paul teaches that everyone serves something—either sin leading to death or obedience leading to righteousness (Romans 6:15–23).

- What are some practical ways we can offer ourselves as “instruments of righteousness” in everyday life?
- How do right beliefs about the gospel (orthodoxy) lead to right living (orthopraxy)?

Takeaway

The gospel doesn’t just forgive your past—it gives you a new identity and a new power. In Adam, sin and death ruled. In Christ, grace and life reign. Because you are united with Jesus, you are no longer defined or controlled by sin—you are free to live as part of God’s new humanity.