

January 25 – All In: Equip

From Participation to Formation (Ephesians 4:1–16)

Icebreaker

When you think about being “equipped,” what image comes to mind—a classroom, a coach, an apprenticeship, or something else? Why?

Discussion Questions

1. God Doesn’t Call the Equipped—He Equips the Called

The sermon emphasized that equipping comes *after* calling, not before.

- Have you ever hesitated to serve or lead because you didn’t feel “ready”?
- How does believing that God equips those He calls change the way you view your role in the church?

2. Being Before Doing (Again)

Paul urges believers to live “a life worthy of the calling” with humility, gentleness, patience, love, and unity (Eph. 4:1–6).

- Which of these “being” qualities do you feel God is currently shaping in you?
- How do these character traits prepare us for effective service and leadership?

3. From Consumers to Contributors

Ephesians 4 teaches that *every believer* has been given grace and gifts to build up the body.

- What happens to a church when equipping is left only to staff or professionals?
- Where do you sense God may want to use your gifts to help others grow?

4. Maturity and Multiplication

Scripture describes immature faith as remaining on “milk” rather than solid food (Hebrews 5).

- What are some signs of spiritual maturity versus spiritual stagnation?
- How do small groups (WITH groups) help move faith from information to formation?

Takeaway / Application

Equipping is not about knowing more—it’s about becoming more like Christ so others can grow too.

This week, reflect on these questions:

- *Where is God calling me to grow toward maturity?*
- *Who might God want to use me to help equip—even in small, ordinary ways?*

Remember: If Jesus changed the world by investing deeply in a few, then growth, maturity, and mission will still flow through people living life WITH one another.

Step forward—not because you feel fully equipped, but because God is faithful to equip those He calls.