

January 25 – *All In: Equip*

From Participation to Formation (Ephesians 4:1–16)

Icebreaker

When you think about being “equipped,” what image comes to mind—a classroom, a coach, an apprenticeship, or something else? Why?

Discussion Questions

1. **God Doesn’t Call the Equipped—He Equips the Called**

The sermon emphasized that equipping comes *after* calling, not before.

- Have you ever hesitated to serve or lead because you didn’t feel “ready”?
- How does believing that God equips those He calls change the way you view your role in the church?

2. **Being Before Doing (Again)**

Paul urges believers to live “a life worthy of the calling” with humility, gentleness, patience, love, and unity (Eph. 4:1–6).

- Which of these “being” qualities do you feel God is currently shaping in you?
- How do these character traits prepare us for effective service and leadership?

3. **From Consumers to Contributors**

Ephesians 4 teaches that *every believer* has been given grace and gifts to build up the body.

- What happens to a church when equipping is left only to staff or professionals?
- Where do you sense God may want to use your gifts to help others grow?

4. **Maturity and Multiplication**

Scripture describes immature faith as remaining on “milk” rather than solid food (Hebrews 5).

- What are some signs of spiritual maturity versus spiritual stagnation?
- How do small groups (WITH groups) help move faith from information to formation?

Takeaway / Application

Equipping is not about knowing more—it’s about becoming more like Christ so others can grow too.

This week, reflect on these questions:

- *Where is God calling me to grow toward maturity?*
- *Who might God want to use me to help equip—even in small, ordinary ways?*

Remember: **If Jesus changed the world by investing deeply in a few, then growth, maturity, and mission will still flow through people living life WITH one another.**

Step forward—not because you feel fully equipped, but because God is faithful to equip those He calls.