

# Stations of the Cross

## A Good Friday Musical Meditation

April 3, 2026 | 1:00PM Eastern

Metro Baptist Church Sanctuary & [Livestream](#)

Laura Bergquist, *piano*

Joe Bergquist, Claire McConnell, *readers*



### WELCOME – Jana Dye

### PRELUDE – “FRIDAY SONG”

(Music by Laura Bergquist)

### STATION 1 – JESUS CONDEMNED TO DIE

**Scripture** Matthew 27:11-14, 24, 26b

**Reading** We Are...

**Music** “You Are My Hiding Place with Bach's Invention XIII”

(Words and Music by Michael Ledner, Arr. by Laura Bergquist)

*You are my hiding place,  
You always fill my heart with songs of deliverance.  
Whenever I am afraid, I will trust in You.  
Let the weak say I am strong in the strength of my Lord.*

Christ, you were condemned to death because fear and power suppressed the voice of conscience. So too, throughout history, the innocent have always been maltreated, condemned and killed. How many times have we ourselves preferred success to the truth, our comfort to justice? Strengthen the quiet voice of my conscience, your own voice, in my life. Grant me, ever anew, the grace of conversion.

– Silence –

## STATION 2: JESUS ACCEPTS HIS CROSS

**Scripture** Matthew 27:27-31

**Reading** We Are...

**Music** "Led Away"

(Music by Brett Kristofferson)

Jesus, you chose to take up the cross, a symbol of humiliation and suffering, and did so with steadfast acceptance. I lift up those who are carrying heavy burdens today, and I acknowledge my own burdens. May your example give me and others the strength we need to carry our own burdens, remembering that you will never leave or forsake us. Amen.

– Silence –

## STATION 3: SIMON HELPS CARRY THE CROSS

**Scripture** Mark 15:21

**Music** "Claire De Lune"

(Music by Claude Debussy)

Jesus, thank you for this tiny glimpse of Simon from Cyrene, who shows me the cosmic impact of service. Please give me the eyes to see when, where, and who I can serve, and the strength to step into that call even when it causes a detour. Show me, too, how to let others help me. By your Spirit, help me to share my service generously and accept it from others graciously. Lord, Show me someone whose cross I may help carry. Amen.

– Silence –

## STATION 4: JESUS SPEAKS TO THE WOMEN

**Scripture** Luke 23:27-31

**Music** "Novelette"

(Music by Francis Poulenc)

Jesus, thank you for noticing the grieving women sharing with your heartbroken followers, even on the way to the cross. Keep me mindful—and always ready to communicate your promise of forgiveness to others regardless of my situation. O Lord, give me the gift of tears to weep for my own failures, for my sins, for the pain I bring to others, and to live the fruits of repentance. Amen.

– Silence –

## STATION 5: JESUS IS STRIPPED OF HIS GARMENTS

**Scripture** John 19:23-25a

**Music** "L'Affligée"

(Music by Alexandre Tcherepnine)

Jesus our Wounded Healer, thank you for so fully embracing the human experience. Christ, teach me the humility of spirit that replaces self-centeredness with a sacrificial spirit. Make me vulnerable so that I may follow your example to walk in solidarity with all creation. Help me lead always with a perspective of abundance, rather than scarcity. Amen.

– Silence –

## STATION 6: JESUS IS NAILED TO THE CROSS

**Scripture** Mark 15:23-32

**Music** "There Is a Fountain"

(Words by William Cowper; Traditional American Melody arranged by Mark Hayes)

*The dying thief rejoiced to see that fountain in his day;  
And there may I, though vile as he, wash all my sins away.  
Dear dying Lamb, thy precious blood shall never lose its power  
Till all the ransomed church of God be saved, to sin no more.*

Jesus, on the cross you embraced the pain of all humanity, and chose love over retaliation. You stood then, and now, in solidarity with all who suffer and all of us who know death. Your death was the ultimate act of pure, unconditional love for me. Thank you. O Christ, in this hour, transform me by your grace. Amen.

– Silence –

## STATION 7: JESUS CARES FOR HIS MOTHER

**Scripture** John 19:25b-27

**Music** "Pie Jesu" from REQUIEM  
(Music by Andrew Lloyd Webber)

*Merciful Jesus who takes away the sins of the world, grant us rest  
Lamb of God, who takes away the sins of the world, grant us everlasting rest.*

Jesus, thank you for the gift of Mary, who models perfect love for us. In our love for you, make us fiercely protective of you. O Lord, give me the compassion with which you love. Give me the courage to stand beside those who are hurting and share their pain. You know everything about me, my weakness, my faults, and my sin. Redeem me and make me new. Through your strength and by your grace, make me a conduit of your love, not just to the lovable, but to any who need to be cared for and loved. Amen.

– Silence –

## STATION 8: JESUS DIES ON THE CROSS

**Scripture** Mark 15:33-39

**Reading** Kyrie Eleison

**Music** "Adagio Opus 11"  
(Music by Samuel Barber; Arr. by Lawrence Rosen)

Christ Jesus, give us courage to accompany others in pain, for in walking at their side we find you there present with us. Give us joy that we might serve others, for in tending wounds of those who suffer, we sense your healing grace at work in us. Give us wisdom as we advocate for others, for in defending the downtrodden we hear your voice speak up for us. Grant that in all we do, we may give you the glory Lord; we return all we have in love to you, for you have given everything to us. Amen.

– Silence –

**CLOSING WORDS – Jana Dye**