



To all who are weary and need rest,
To all who mourn and need comfort,
To all who are lonely and need friendship,
To all who are complacent and need disturbing,
To all who sin and need a savior,
To all who are glad and would serve,
This church opens wide its doors.

Twelfth Sunday after Pentecost

August 16, 2026

OPENING WORDS

Rev. Jana Dye
Pastor

The Lord be with you.
And also with you.

PRELUDE

"O Lord, You're Beautiful"
*O Lord, You're beautiful. Your face is all I see.
For when Your eyes are on this child
Your grace abounds to me.*

Laura Bergquist

CALL TO WORSHIP

Beloved community, we gather as people who receive
God's Love, even on the days we do not feel worthy of it.
God's love finds us no matter where we are.

We gather as neighbors who have experienced difficulties of every kind, and we wonder,
"Am I alone?"
We are never alone, God's grace meets our suffering with mercy and love.

We gather as people who question how to live into God's abundance and flourishing in a
world built on scarcity and greed.
**May God's grace form us into people of mercy, justice, compassion, and
truth-telling as we gather today**

PRAYER

Maren Holmen
Deacon

** Please stand as you are able.*

*HYMN

"Praise to the Lord, the Almighty"

Chalice 25

PASSING OF THE PEACE

The Congregation

SUNG RESPONSE

"I Will Do a New Thing"

"I will do a new thing in you; I will do a new thing in you; What
ev - er you ask for, what - ev - er you pray for,
noth - ing shall be - de - nied," sa - ith the Lord; sa - ith the Lord! Lord!

LIFE OF THE COMMUNITY

Janice Ollivierre



Welcome Survey

<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Rev. Tiffany Triplett Henkel

Pastor

OFFERTORY

"Close Every Door To Me"

J'Quay Gibbs



Online Giving

<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God, from whom all blessings flow.

Praise God, all creatures here below.

Alleluia! Alleluia!

Praise God, the source of all good gifts!

Praise Jesus Christ, whose power uplifts!

Praise the Spirit, Holy Spirit!

Alleluia! Alleluia! Alleluia!

SCRIPTURE

Genesis 45:1-15

Ronnie Adams

SERMON

"Effloresce"

Rev. Kym McNair

"What happens if joy is not separate from pain? What if joy and pain are fundamentally tangled up with one another? Or even more to the point, what if joy is not only entangled with pain, or suffering, or sorrow, but is also what emerges from how we care for each other through those things? What if joy, instead of refuge or relief from heartbreak, is what effloresces from us as we help each other carry our heartbreaks?"

— Ross Gay, *Inciting Joy: Essays*

*HYMN

"Great is Thy Faithfulness"

See Insert

CLOSING WORDS

Rev. Jana Dye

BENEDICTION

Rev. Kym McNair

POSTLUDE

Laura Bergquist

Service Notes

Prelude is by Keith Green (words and music). Arranged by Laura Bergquist.

Cover art is a Windflower Vase by Paul Briggs.

Call to Worship is adapted from a liturgy written by Dr. Lisa Hancock, *Discipleship Ministries*, February 2023.

"Praise to the Lord, the Almighty" is translated by Rupert E. Davies. Music from *Erneuerten Gesangbuch*.

"I Will Do a New Thing" is by Audrey Byrd.

"Close Every Door To Me" is from *Joseph and the Amazing Technicolor Dream Coat*. Words and Music by Andrew Lloyd Webber

"Great Is Thy Faithfulness" is by Thomas O. Chisholm (words) and William M. Runyan (music).

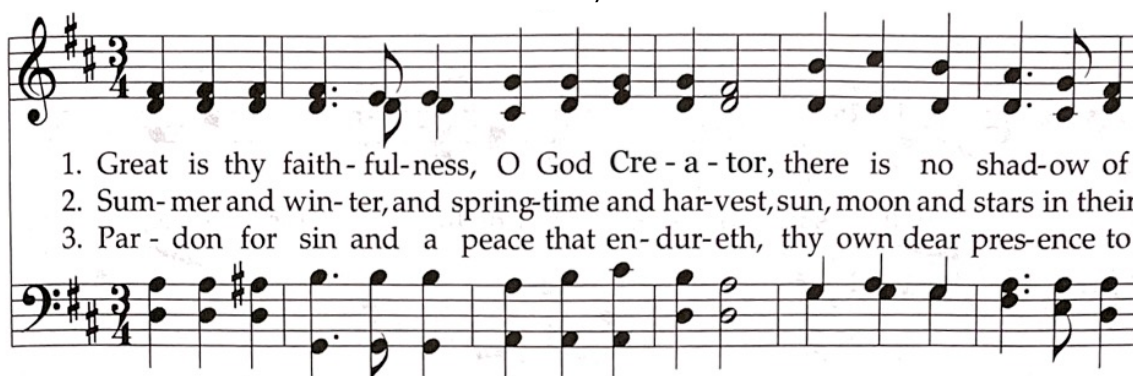
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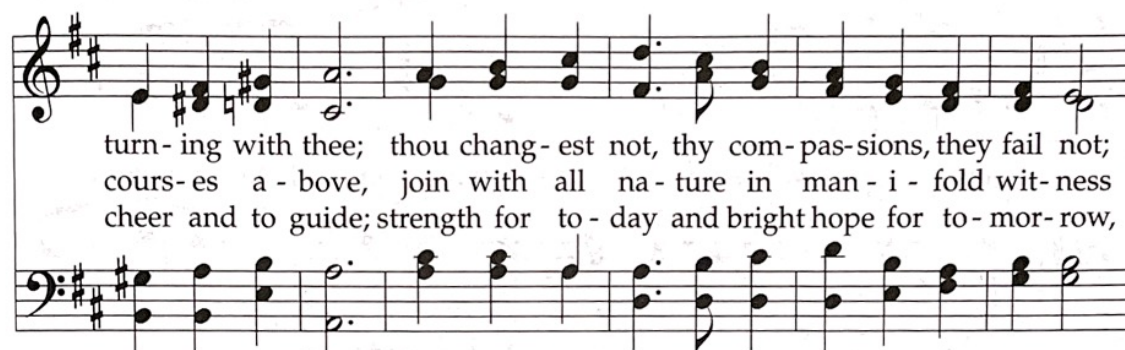
TODAY'S PREACHER

Rev. Kym McNair is the descendant of preachers, teachers and community organizers. She has spoken on panels, facilitated workshops for religious and civic organizations across Westchester, and assisted congregations with incorporating faith-based, anti-racism principles into their ministries. She is a contributor to "We Pray Freedom: Liturgies and Rituals from the Freedom Church of the Poor," and has received numerous accolades from religious, civic and government agencies for her work in advocating for the basic human right to be free from the imposition of power and control, and engage in relationships that uphold the principles of respect, equality and safety. In her role as Director for Faith Based Initiatives for Westchester County she will seek to enhance the relationship between Westchester County Government and local houses of worship. She finds restoration and joy in early morning walks with her rescue dog, Simba, tending to her vegetable and flower gardens, reading and watching sci-fi, fantasy and true crime and in being Titi to her twin nieces, Olivia and Lydia.

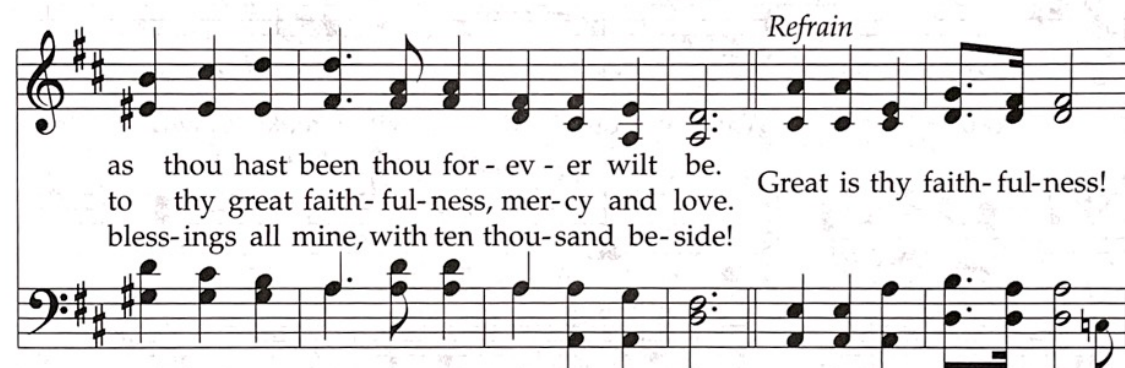
"Great is Thy Faithfulness"



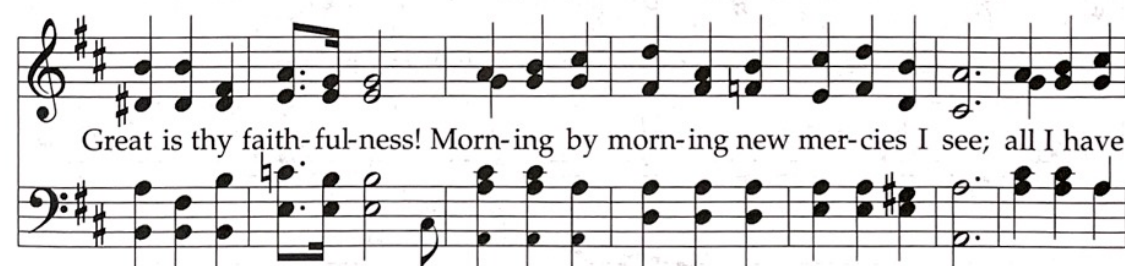
1. Great is thy faith-ful-ness, O God Cre-a-tor, there is no shad-ow of
 2. Sum-mer and win-ter, and spring-time and har-vest, sun, moon and stars in their
 3. Par-don for sin and a peace that en-dur-eth, thy own dear pres-ence to



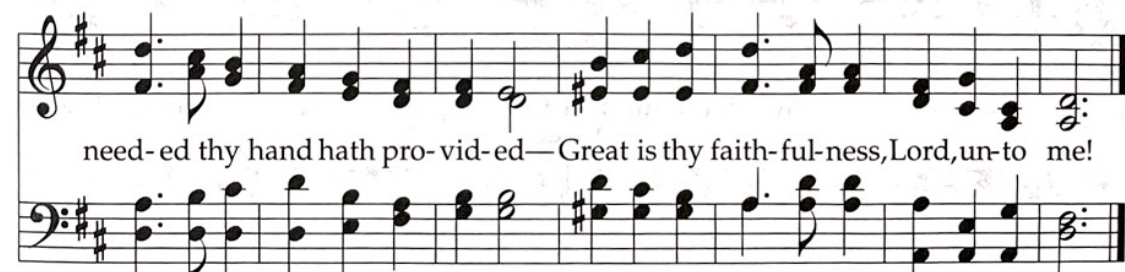
turn-ing with thee; thou chang-est not, thy com-pas-sions, they fail not;
 cours-es a-bove, join with all na-ture in man-i-fold wit-ness
 cheer and to guide; strength for to-day and bright hope for to-mor-row,



Refrain
 as thou hast been thou for-ev-er wilt be. Great is thy faith-ful-ness!
 to thy great faith-ful-ness, mer-cy and love.
 bless-ings all mine, with ten thou-sand be-side!



Great is thy faith-ful-ness! Morn-ing by morn-ing new mer-cies I see; all I have



need-ed thy hand hath pro-vid-ed—Great is thy faith-ful-ness, Lord, un-to me!

ANNOUNCEMENTS



Self-Compassion as an Act of Spiritual Resistance

Zoom-Only Gathering, Tuesday, August 18 at 8pm

We are continuing with a second installment of a gathering series we launched in June led by the Metro Deacons and Pastors. Deacon Cat will walk us through some self-compassion focused exercises. Each gathering, we hope to identify areas we can be more compassionate with ourselves and, in turn, the world around us. As always, all are welcome!



Metro Mindfulness Afternoon "Retreat"

Sunday, August 23, After worship

You're invited to a leisurely afternoon retreat filled with food, music, and creative contemplative activities. It's a chance to savor simple joys and cultivate a sense of gratitude for life together. There's no cost, however, we would like to know how many people will be coming. Please fill out the registration form by using [this link](#) or the QR code to the right.



Hell's Kitchen Farm Internship Week 6!

We've officially wrapped up our final week of our HKFP farm internship! This week our teens and leaders took a field trip to our CSA partner farm in New Jersey. It's been an amazing six weeks spent with a great group of young people from our community. A special thanks to staff member LuAnne Prevost and outgoing Summer Intern Gillian Matherly who led our program this summer. We look forward to being back in action next summer!



Metro Skills and Talents Survey

Have you ever wanted to be more involved in volunteering for our different ministries but weren't sure where your skills and passions were most needed? Metro Deacons and Pastors have created a survey so we can get to know you better and pair you up with the projects and ministries that make you feel most alive! Use the QR code and let us know what you're most passionate about.



Hell's Kitchen Farm Project

Open Farm Days (10:00 AM - 12:00 PM); Thursdays & Select Saturdays

Upcoming Dates: August 13, 15, 20, 27 & 29

Metro's rooftop farm is open for the season and all are welcome to visit or volunteer on the farm. Weather permitting, the farm will be open to the public every Thursday, as well as select Saturdays, each month. Check our website for the latest schedule and updates: www.hkfp.org. See LuAnne Prevost (lprevost@rmmnyc.org) with any questions. **Please note there is a 4-floor walk up to the rooftop farm.**



Fully Virtual Worship - Sunday, September 6

Zoom: <https://zoom.us/j/96255562220?pwd=wA7Nl8fq7NdpYGAq6MFafn6A6c6H8Z.1>

Please note that Metro's worship service will be fully virtual on Sunday, September 6, 2026 (Labor Day weekend). **There will be no in person worship that day**, but we invite everyone to join online from wherever you are on this holiday weekend. More information to come.

Let's Celebrate our Metro August Birthdays!

We're sending a huge Happy Birthday to all those in our beloved community who are celebrating another year of life this month!!



- Rowan Messenger - August 3
- Lorna Henkel - August 6
- Ari Messenger - August 7
- LuAnne Prevost - August 8
- Tiffany Henkel - August 13
- Leslie Lowe - August 18
- Sarah Henkel - August 22
- Trevor Richardson - August 27
- Chrisaleen Ciro - August 31

Have a birthday in August but don't see your name above? Click [here](#) to add your birthday information or reach out to one of your Pastors so we can celebrate you as well!



Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings as of July 2026: \$175,500.02

Total Amount Budgeted for 2026: \$270,000.00

Metro Baptist Church

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www.mbcnyc.org | mbc@mbcnyc.org

Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

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Rev. Jana Dye	PASTOR
Stephena George	MINISTRY ASSOCIATE
J'Quay Gibbs	FOOD & JUSTICE ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Rev. LuAnne Prevost	PROGRAM MINISTRY COORDINATOR
Jesse Warkentin	WORSHIP LEADER