



To all who are weary and need rest,
To all who mourn and need comfort,
To all who are lonely and need friendship,
To all who are complacent and need disturbing,
To all who sin and need a savior,
To all who are glad and would serve,
This church opens wide its doors.

Eleventh Sunday after Pentecost

August 9, 2026

OPENING WORDS

Rev. Jana Dye
Pastor

The Lord be with you.
And also with you.

PRELUDE

Jesse Warkentin

CALL TO WORSHIP

We are here today because God calls us to let go of the things we cling to
and to step out in faith,
We trust in God's faithfulness.

God, give us courage to step out boldly,
and sufficient faith to conquer our fear.

Take our lives and our gifts.
Use them to accomplish more than we could possibly imagine,
so that, through us, Your love might shine through
**and Your will be done,
on earth as it is in heaven.**

PRAYER

Laura Bergquist
Deacon

*HYMN

"Alleluia! Hear God's Story"

Chalice 330

** Please stand as you are able.*

PASSING OF THE PEACE

The Congregation

LIFE OF THE COMMUNITY

Rosie Fernando-Rizzo



Welcome Survey

<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Rev. Jana Dye

OFFERTORY

"How Great Thou Art"

Jesse Warkentin



Online Giving

<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God, from whom all blessings flow.
Praise God, all creatures here below.
Alleluia! Alleluia!

Praise God, the source of all good gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!

Alleluia! Alleluia! Alleluia!

SCRIPTURE

Matthew 14:22-33

Joe Bergquist

SERMON

"You Can't Fight the Waves "

Ashley Gonzalez

*HYMN

"My Life Flows On"

Chalice 619

CLOSING WORDS

Rev. Jana Dye

BENEDICTION

Ashley Gonzalez

POSTLUDE

Jesse Warkentin

Service Notes

Call to Worship is adapted from a liturgy posted on

<https://re-worship.blogspot.com/2011/07/offering-prayer-matthew-1422-33.html>.

"Alleluia! Hear God's Story" is by Mary Anne Parrott (words). Music is a Polish folk melody adapted by A. E. Rusbridge.

"How Great Thou Art" is by Stuart K. Hine (music). Arranged by Bruce Greer.

"My Life Flows On" is by Robert Lowry (words and music).

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TODAY'S PREACHER

Ashley Gonzalez was born and raised in Miami, FL and has lived in New York for the past four years. A graduate of Princeton Theological Seminary, she is in the ordination process to become an Episcopal Priest. She currently serves as the Special Projects Coordinator for the Episcopal Bishop of New York. Her vocational passions include cultivating justice, mercy, and joy within the Church. Her Cuban heritage shapes her desire to live a community-oriented and impassioned life, grounded in faith and hospitality. Outside of ministry she enjoys dancing, cooking, hosting friends, reading, surfing, art, fashion, prayer, and meditation.

ANNOUNCEMENTS



Tuesday Teen Center

1:00-4:00 PM- Last Gathering for the summer of Tuesday, August 11

RMM's Teen Center, open to all 6th-12th graders, will gather for their final session of the summer this Tuesday, August 11. Come join other students for a casual time of games/activities, discussions, service projects, trips and general fun. Please note that a permission form must be filled out for each teen attending this summer. Please contact summer intern, Gillian Matherly, with any questions. Feel free to share with others.



Metro Mindfulness Afternoon "Retreat"

Sunday, August 23

Stay after Metro worship to savor an afternoon of food, song, art, quiet, and reflection to kick off our year of mindfulness.

This event, as well as our Labrynth walk last week, are the first in our series funded by the recently received one-year grant from the Calvin Institute of Worship. The grant will help us build our contemplative practices in worship and daily life. This program is made possible through a Vital Worship, Vital Preaching Grant from the Calvin Institute of Christian Worship, Grand Rapids, Michigan, with funds provided by Lilly Endowment Inc.



Hell's Kitchen Farm Internship Week 5!

We've finished our second to last week of the HKFP farm internship! This week our teens and leaders took a field trip to HAASTEP (Hydroponics, Aquaponics, Aquaculture Science & Technology Education Program) and the Park Slope Food Coop. We're sad to see the 2026 summer program end next week, but we're looking forward to our final week of programming and finishing out the summer on a great note.



Hell's Kitchen Farm Project

Open Farm Days (10:00 AM - 12:00 PM); Thursdays & Select Saturdays

Upcoming Dates: August 13, 15, 20, 27 & 29

Metro's rooftop farm is open for the season and all are welcome to visit or volunteer on the farm. Weather permitting, the farm will be open to the public every Thursday, as well as select Saturdays, each month. Check our website for the latest schedule and updates: www.hkfp.org. See LuAnne Prevost (lprevost@rmmnyc.org) with any questions. ***Please note there is a 4-floor walk up to the rooftop farm.***

Let's Celebrate our Metro August Birthdays!

We're sending a huge Happy Birthday to all those in our beloved community who are celebrating another year of life this month!!



- Rowan Messenger - August 3
- Lorna Henkel - August 6
- Ari Messenger - August 7
- LuAnne Prevost - August 8
- Tiffany Henkel - August 13
- Leslie Lowe - August 18
- Sarah Henkel - August 22
- Trevor Richardson - August 27
- Chrisaleen Ciro - August 31

Have a birthday in August but don't see your name above? Click [here](#) to add your birthday information or reach out to one of your Pastors so we can celebrate you as well!



Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings as of June 2026: \$109,416.00

Total Amount Budgeted for 2026: \$270,000.00

Metro Baptist Church

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Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

Evie Bergquist	PROGRAM ASSOCIATE
Rev. Jana Dye	PASTOR
Stephena George	MINISTRY ASSOCIATE
J'Quay Gibbs	FOOD & JUSTICE ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
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Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Rev. LuAnne Prevost	PROGRAM MINISTRY COORDINATOR
Jesse Warkentin	WORSHIP LEADER