



To all who are weary and need rest,
To all who mourn and need comfort,
To all who are lonely and need friendship,
To all who are complacent and need disturbing,
To all who sin and need a savior,
To all who are glad and would serve,
This church opens wide its doors.

Eighth Sunday after Pentecost

July 19, 2026

OPENING WORDS

Rev. Jana Dye
Pastor

The Lord be with you.
And also with you.

PRELUDE

“Op. 43, No. 1”

Jesse Warkentin

CALL TO WORSHIP

We’re called by the God of Justice to gather in this sacred space.
God, as we worship:
Open our eyes that we may see the needs of the marginalized;
Open our ears that we may hear people's cries for justice;
Open our hearts that we may assist sojourners near and far.

Show us:
where love, hope and faith are needed.
Use us as ministers of your healing.
Let us not be afraid
**to stand up for the vulnerable
and hold those in power accountable.**
Sustain us so that in these coming days
we may be able to do the work of peace.

PRAYER

Cat Fernando-Rizzo
Deacon

** Please stand as you are able.*

*HYMN "When in Our Music God Is Glorified" Chalice 7

PASSING OF THE PEACE The Congregation

LIFE OF THE COMMUNITY Cat Fernando-Rizzo



Welcome Survey
<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER Rev. Tiffany Triplett Henkel
Pastor

OFFERTORY "No One Is Alone" Katherine Riddle



Online Giving
<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God, from whom all blessings flow.
Praise God, all creatures here below.
Alleluia! Alleluia!
Praise God, the source of all good gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

SCRIPTURE Mark 3:1-6 Judith York

SERMON "Treat the People's Needs as Holy" Rev. Dorothee Benz

*HYMN "God of Our Life" Chalice 713

CLOSING WORDS Rev. Jana Dye

BENEDICTION Rev. Dorothee Benz

POSTLUDE Jesse Warkentin

Service Notes

Cover art is *On my way to liberty* by Larissa Coelho.

Prelude is composed by Reinhold Glière (1875-1956).

Call to Worship is adapted from a liturgy found on: <http://gbgm-umc.org/umcor/refugees/rworship.stm>.

“When in Our Music God Is Glorified” is by Fred Pratt Green (words) Charles V. Stanford (music).

“No One Is Alone” is by Stephen Sondheim (words and music).

“God of Our Life” is by Hugh T. Kerr (words) and Charles Henry Purday (music).



TODAY'S PREACHER

Rev. Dorothee Benz (she/her) is a writer, organizer, and strategist who has spent decades on the front lines of social justice struggles in the United States. She holds a PhD in political science from the City University of New York with an expertise in social movements and an MDiv from Union Theological Seminary with a concentration in social ethics. Following a long communications career in the labor movement and civil rights litigation, she is now an ordained Christian minister dedicated to the urgent task of fighting white Christian nationalism.

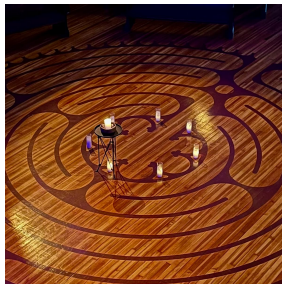
ANNOUNCEMENTS



Metro Quarterly Business Meeting & Potluck

Next Sunday, July 26 following Morning Worship - In person and via Zoom

Please plan to join Metro's congregational meeting on July 26 following morning worship. In person attendees are also invited to bring a dish for a church potluck. More details, along with agenda & supporting documents will be sent out later this week.



Metro Mindfulness - First Events!

Mark your calendars for two exciting events led by our Mindfulness Team

Sunday, August 23 - Afternoon “Retreat.” Stay after Metro worship to savor an afternoon of food, song, art, quiet, and reflection to kick off our year of mindfulness.

Labyrinth Walk and Sound Bath - Date TBD (Stay tuned!)

Join us for a contemplative evening featuring the music of guitarist Jesse Lewis while walking the labyrinth in the sanctuary at Broadway Presbyterian Church, 114th and Broadway.

These two events are the first in our series funded by the recently received one-year grant from the Calvin Institute of Worship. The grant will help us build our contemplative practices in worship and daily life. This program is made possible through a Vital Worship, Vital Preaching Grant from the Calvin Institute of Christian Worship, Grand Rapids, Michigan, with funds provided by Lilly Endowment Inc.



Tuesday Teen Center

1:00-4:00 PM in July

RMM's Teen Center is open to all 6th-12th graders on Tuesdays 1:00-4:00 PM through the end of July. Come join other students for a casual time of games/activities, discussions, service projects, trips and general fun. Please note that a permission form must be filled out for each teen attending this summer. Please contact summer intern, Gillian Matherly, with any questions. Feel free to share with others.



Hell's Kitchen Farm Internship Week 2!

We've now officially wrapped up our second week of our HKFP Youth Farm Internship program and are looking forward to heading into week 3! Teens and leaders enjoyed a field trip to Oka Farms in Brooklyn, where they learned more about aquaponics. They were also hard at work harvesting tomatoes, planting seeds for the growlights, as well as weeding and planting carrots. We're looking forward to seeing what kind of adventure Week 3 brings!



Hell's Kitchen Farm Project

Open Farm Days (10:00 AM - 12:00 PM); Thursdays & Select Saturdays

Upcoming Dates: July 23 & 30; August 1, 6, 13, 15, 20, 27 & 29

Metro's rooftop farm is open for the season and all are welcome to visit or volunteer on the farm. Weather permitting, the farm will be open to the public every Thursday, as well as select Saturdays, each month. Check our website for the latest schedule and updates: www.hkfp.org. See LuAnne Prevost (lprevost@rmmnyc.org) with any questions. ***Please note there is a 4-floor walk up to the rooftop farm.***

Let's Celebrate our Metro July Birthdays!

We're sending a huge Happy Birthday to all those in our beloved community who are celebrating another year of life this month!!



- Paula Nance- July 1
- Carole Collins - July 5
- Marcus Wilborn - July 6
- Ada Henkel- July 9
- Jessica Tezen- July 14
- Dick Tye- July 14
- Judith York- July 22
- Hudson Henkel- July 22

Have a birthday in July but don't see your name above? Click [here](#) to add your birthday information or reach out to one of your Pastors so we can celebrate you as well!



Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings as of June 2026: \$109,416.00

Total Amount Budgeted for 2026: \$270,000.00

Metro Baptist Church

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www.mbcnyc.org | mbc@mbcnyc.org

Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

Rev. Jana Dye	PASTOR
Stephena George	MINISTRY ASSOCIATE
J'Quay Gibbs	FOOD & JUSTICE ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
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Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Rev. LuAnne Prevost	PROGRAM MINISTRY COORDINATOR
Jesse Warkentin	WORSHIP LEADER