



To all who are weary and need rest,
To all who mourn and need comfort,
To all who are lonely and need friendship,
To all who are complacent and need disturbing,
To all who sin and need a savior,
To all who are glad and would serve,
This church opens wide its doors.

Fifth Sunday after Pentecost

June 28, 2026

OPENING WORDS

Rev. Tiffany Triplett Henkel
Pastor

The Lord be with you.
And also with you.

PRELUDE

"Somewhere Over the Rainbow"

Jesse Warkentin

CALL TO WORSHIP

Strange One. Fabulous One. Fluid and ever becoming One.
Do not allow us to make our ideas of you into an idol.

You are as close to us as our own breath and yet,
your essence transcends all that we can imagine.
You are mother, father, and parent. You are sister, brother, and sibling.
You are drag queen, trans man, and gender-fluid –
We cannot limit the vastness of your beauty, embodied in us, your creation.

We recognize our flesh in all its forms is made holy in You.
With thanksgiving, we celebrate your glorious manifestations.
Blessed are our bodies. Blessed is our love.

Blessed are we when we celebrate that which the world turns away.
Fill our hearts with a pride rooted in resistance to all that seeks to destroy.
**May we delight in the ways you have created us:
diverse, unique, surprising, and beautiful. Thanks be to God!**

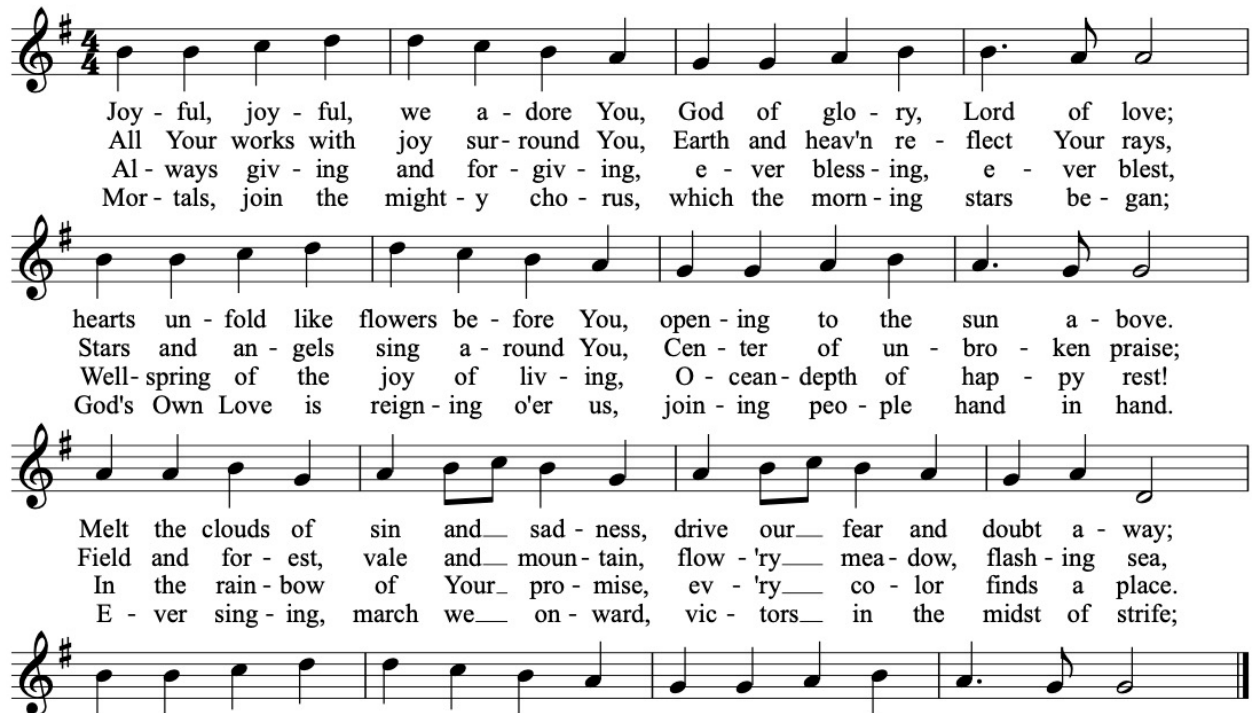
PRAYER

Maren Holmen

** Please stand as you are able.*

*HYMN

"Joyful, Joyful"



The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below each staff. The lyrics are as follows:

Joy - ful, joy - ful, we a - dore You, God of glo - ry, Lord of love;
All Your works with joy sur - round You, Earth and heav'n re - flect Your rays,
Al - ways giv - ing and for - giv - ing, e - ver bless - ing, e - ver blest,
Mor - tals, join the might - y cho - rus, which the morn - ing stars be - gan;

hearts un - fold like flowers be - fore You, open - ing to the sun a - bove.
Stars and an - gels sing a - round You, Cen - ter of un - bro - ken praise;
Well - spring of the joy of liv - ing, O - cean - depth of hap - py rest!
God's Own Love is reign - ing o'er us, join - ing peo - ple hand in hand.

Melt the clouds of sin and sad - ness, drive our fear and doubt a - way;
Field and for - est, vale and moun - tain, flow - 'ry mea - dow, flash - ing sea,
In the rain - bow of Your pro - mise, ev - 'ry co - lor finds a place.
E - ver sing - ing, march we on - ward, vic - tors in the midst of strife;

giv - er of im - mor - tal glad - ness, fill us with the light of day.
Chant - ing bird and flow - ing foun - tain prais - ing You e - tern - al - ly!
As we yearn for true com - mu - nion, we re - flect Your per - fect grace.
Joy - ful mus - ic leads us sun - ward in the tri - umph song of life.

PASSING OF THE PEACE

The Congregation

*RESPONSE

"For All the Children"

God, we gath - er as your peo - ple to raise our song a - bove, and we
God, we're work - ing for the fu - ture when Chil - dren far and wide, can—

dare to claim the pro-mise of Your love.—— Though the day may not yet
live their lives with dig - ni - ty and pride.—— As they grow in strength and

be here, we—— trust it soon will be, when your chil - dren will be free.——
sta- ture, may they join us hand in hand, as a- gainst all— hate we stand.——

— O, may our hearts and minds be o - pened, fling the church doors o - pen
—

wide. May there be room e- nough for ev-'ry- one in - side.—— For in God there is a

wel- come, in God we all be- long. May that wel - come be our song.——

LIFE OF THE COMMUNITY

Carole Collins



Welcome Survey

<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Rev. Jana Dye

Pastor

OFFERTORY

"Brighter Day"

Metro Choir



Online Giving

<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God, from whom all blessings flow.
Praise God, all creatures here below.
Alleluia! Alleluia!
Praise God, the source of all good gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

SCRIPTURE

Psalms 126:1-6

Glenn Doering

SERMON

"Love Your Flesh, Beloved"

Rev. Kym McNair

COMMUNION

Metro Pastors

*HYMN

"Ours the Journey"

Chalice 458

CLOSING WORDS

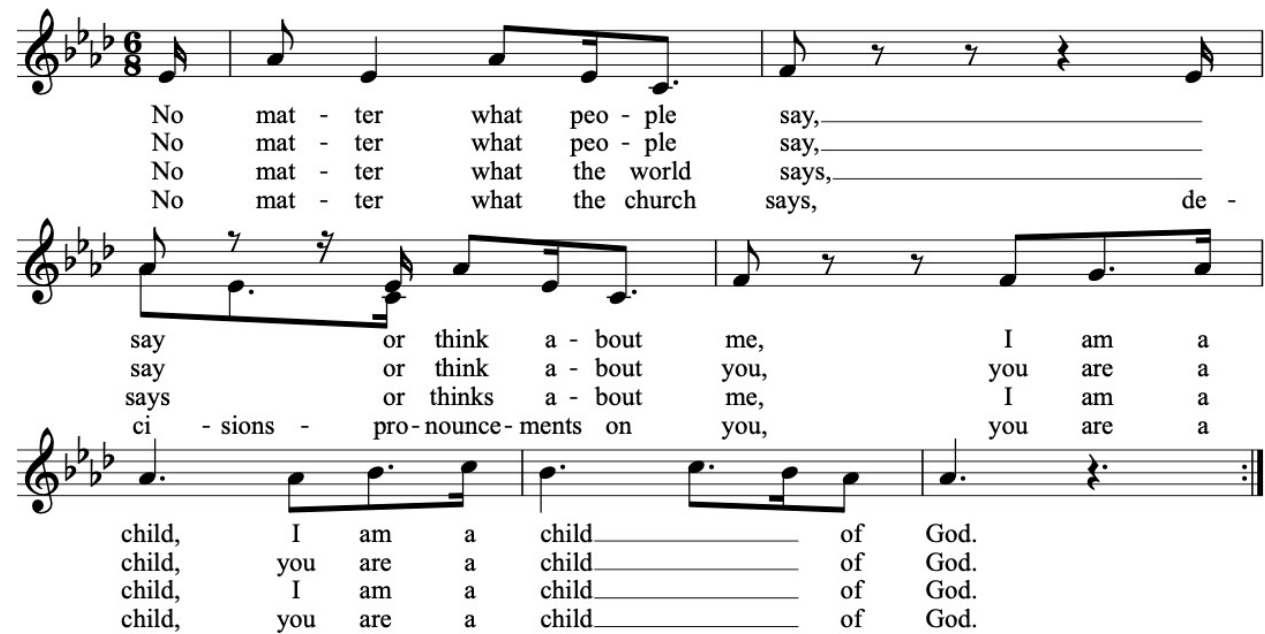
Rev. Tiffany Triplett Henkel

BENEDICTION

Rev. Kym McNair

POSTLUDE

"I Am a Child of God"



No mat - ter what peo - ple say,
No mat - ter what peo - ple say,
No mat - ter what the world says,
No mat - ter what the church says, de -

say or think a - bout me, I am a
say or think a - bout you, you are a
says or thinks a - bout me, I am a
ci - sions - pro - nounce - ments on you, you are a

child, I am a child of God.
child, you are a child of God.
child, I am a child of God.
child, you are a child of God.

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Service Notes

“Somewhere Over the Rainbow” is by Harold Arlan (music).

Call to Worship is written by M Jade Kaiser.

“Joyful, Joyful” is by Ludwig van Beethoven (music). Traditional words by Henry van Dyke, 1907. This version is from the African American Heritage Hymnal, with special adaptations to verse 3.

“For All the Children” is by David Lohman (words and music).

“Brighter Day” is by Kirk Franklin (words and music).

“Ours the Journey” is by Julian B. Rush (words and music).

“Child of God” is by Mark Miller (words and music).



TODAY'S PREACHER

Rev. Kym McNair is the descendant of preachers, teachers and community organizers. She has spoken on panels, facilitated workshops for religious and civic organizations across Westchester, and assisted congregations with incorporating faith-based, anti-racism principles into their ministries. She is a contributor to “We Pray Freedom: Liturgies and Rituals from the Freedom Church of the Poor,” and has received numerous accolades from religious, civic and government agencies for her work in advocating for the basic human right to be free from the imposition of power and control, and engage in relationships that uphold the principles of respect, equality and safety. In her role as Director for Faith Based Initiatives for Westchester County she will seek to enhance the relationship between Westchester County Government and local houses of worship. She finds restoration and joy in early morning walks with her rescue dog, Simba, tending to her vegetable and flower gardens, reading and watching sci-fi, fantasy and true crime and in being Titi to her twin nieces, Olivia and Lydia.

ANNOUNCEMENTS



CLUE Camp Registration is Open!

Camp will run for one week, Monday, July 7- Thursday, July 9

All kids living in NYC who will be entering grades 1-6 in the fall are welcome to enroll in Clue Camp! Check out the CLUE Camp tab of our website to get more information and a link to sign up: <https://rmmnyc.org/programs/clue-camp>.



Community Supported Agriculture (CSA)

Wednesday Pick Ups (4:30-7:30 PM) | June 17 - October 28, 2026

Join the CSA (Community Supported Agriculture) to receive weekly or bi-monthly fresh produce, to be picked up Wednesdays at Metro. Full, half, and subsidized shares are available. And there is still time to sign up for 10 weeks of fresh flowers! To learn more or to sign up, visit www.hkfp.org/csa.



Metro Skills and Talents Survey

Have you ever wanted to be more involved in volunteering for our different ministries but weren't sure where your skills and passions were most needed? Metro Deacons and Pastors have created a survey so we can get to know you better and pair you up with the projects and ministries that make you feel most alive! Use the QR code and let us know what you're most passionate about.

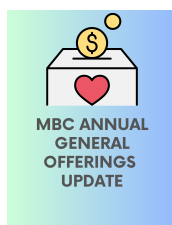


Let's Celebrate our Metro June Birthdays!

We're sending a huge Happy Birthday to all those in our beloved community who are celebrating another year of life this month!!

- Connie Brown- June 5
- Eliza Richardson - June 12
- Ioan O'Brien - June 13
- Susan Rutter - June 13

Have a birthday in May but don't see your name above? Click [here](#) to add your birthday information or reach out to one of your Pastors so we can celebrate you as well!



Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings as of May 2026: \$104,199.69

Total Amount Budgeted for 2026: \$270,000.00

Metro Baptist Church

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www.mbcnyc.org | mbc@mbcnyc.org

Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

Rev. Jana Dye	PASTOR
Stephena George	MINISTRY ASSOCIATE
J'Quay Gibbs	FOOD & JUSTICE ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
Gillian Matherly	SUMMER INTERN
Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Rev. LuAnne Prevost	PROGRAM MINISTRY COORDINATOR
Jesse Warkentin	WORSHIP LEADER