



To all who are weary and need rest,  
To all who mourn and need comfort,  
To all who are lonely and need friendship,  
To all who are complacent and need disturbing,  
To all who sin and need a savior,  
To all who are glad and would serve,  
This church opens wide its doors.

*First Sunday after Pentecost - Youth Sunday*

*May 31, 2026*

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OPENING WORDS

The Lord be with you.  
**And also with you.**

Pastor Jana & Hudson Henkel

PRELUDE

"Alouette"

Pauline & Bernice Warda

CALL TO WORSHIP

Eliza Richardson

How does God define strength?  
**Strength is commanding the wind and sea to obey,**  
Strength is wielding a slingshot in the face of a raging giant.  
**Strength is accepting vulnerability from inside the boat,**  
Strength is standing in solidarity with the powerless.  
**Strength is turning a cheek,**  
**Strength is loving an enemy.**  
We come to worship  
**a God who redefines our vision of strength.**

PRAYER

Ioan O'Brien

\*HYMN

"O for a Thousand Tongues to Sing"

Chalice 5

PASSING OF THE PEACE

The Congregation

*\* Please stand as you are able.*

\*RESPONSE

"I Stand in Awe"

And I stand, I stand in awe of You, I stand, I stand in awe of You; Ho-ly  
God, to whom all praise is due, I stand in awe of You.  
You are beau-ti-ful be-yond de-scrip-tion too mar-vel-ous for words, too  
won-der-ful for com - pre - hen - sion, like noth-ing ev - er seen or heard. Who can  
grasp Your in - fi - nite wis - dom, who can fath-om the depth of Your love? You are  
beau-ti - ful be-yond de - scrip - tion, maj-es - ty en-throned a - bove.  
And I stand, I stand in awe of You, I stand, I stand in  
awe of You; Ho-ly God, to whom all praise is due, I stand in awe of You.

LIFE OF THE COMMUNITY

Cat Fernando-Rizzo



Welcome Survey  
<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Bernice Warda, Eliza Richardson





Welcome to Youth Sunday! Today we are blessed to have the youth and children of our congregation leading us in worship. Our young people have worked hard to prepare a meaningful service, and we are grateful to experience God’s word and spirit through their leadership and perspectives. And special thanks to Metro’s Ministry Associate, Stephen George, for helping our young people prepare for today’s service.

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## ANNOUNCEMENTS



### **Congregational Picnic** **Sunday, June 14, after worship** **Sheep Meadow, Central Park**

Join us for our annual church picnic to kick off the summer season. Immediately after worship, we will head to the *northwest corner* of [Sheep Meadow](#) in Central Park for a time of outdoor fellowship. Plan to bring a chair and/or blanket, and a few drinks and snacks to share. All are welcome. We hope to see you there!



### **Metro Skills and Talents Survey**

Have you ever wanted to be more involved in volunteering for our different ministries but weren’t sure where your skills and passions were most needed? Metro Deacons and Pastors have created a survey so we can get to know you better and pair you up with the projects and ministries that make you feel most alive! Use the QR code and let us know what you’re most passionate about.



### **HKFP Youth Farm Internship Applications**

**For NYC High School Students**

**Internship Dates: July 8 - August 13, 2026**

NYC high school students are invited to apply for the Hell’s Kitchen Farm Project’s Youth Farm Internship program which will run for 6 weeks this summer. The internship will be open to up to 12 students and will be a mix of classroom teaching, hands-on learning, and field trips. Students will learn about social justice, growing food in urban communities, sustainability, and cooking and preserving food with fresh ingredients. Interns will also be paid a modest weekly stipend. To learn more, visit [www.hkfp.org/internship-opportunities-](http://www.hkfp.org/internship-opportunities-)

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## Community Supported Agriculture (CSA)

**Wednesday Pick Ups (4:30-7:30 PM) | June 17 - October 28, 2026**

Are you interested in getting more fresh vegetables into your diet and supporting local efforts to build a more just and equitable food system? Join the CSA (Community Supported Agriculture) to receive fresh produce for 22 weeks starting in late May, to be picked up every week at Metro. Full, half, and subsidized shares are available. You can also sign up for 10 weeks of fresh

flowers! To learn more or to sign up, visit [www.hkfp.org/csa](http://www.hkfp.org/csa).



## Let's Celebrate our Metro May Birthdays!

We're sending a huge Happy Birthday to all those in our beloved community who are celebrating another year of life this month!!

- Anaseini Katoa - May 5
- Dan Henkel - May 16
- Laura Bergquist - May 27
- Sara Day - May 29

*Have a birthday in May but don't see your name above? Click [here](#) to add your birthday information or reach out to one of your Pastors so we can celebrate you as well!*



## Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day ([saraday468@gmail.com](mailto:saraday468@gmail.com)).

**General offerings as of April 2026: \$64,478.87**

**Total Amount Budgeted for 2026: \$270,000.00**

## Metro Baptist Church

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Rauschenbusch Metro Ministries: [www.rmmnyc.org](http://www.rmmnyc.org)

Hell's Kitchen Farm Project: [www.hkfp.org](http://www.hkfp.org)

*Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship*

Chrisaleen Ciro	FOOD JUSTICE COORDINATOR
Rev. Jana Dye	PASTOR
Stephena George	MINISTRY ASSOCIATE
J'Quay Gibbs	FOOD & JUSTICE ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Rev. LuAnne Prevost	PROGRAM MINISTRY COORDINATOR
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