

To all who are weary and need rest,
To all who mourn and need comfort,
To all who are lonely and need friendship,
To all who are complacent and need disturbing,
To all who sin and need a savior,
To all who are glad and would serve,
This church opens wide its doors.

Third Sunday of Lent

March 8, 2026

OPENING WORDS

The Lord be with you.
And also with you.

Rev. Tiffany Triplett Henkel
Pastor

PRELUDE

"Sun of My Soul "

Laura Bergquist

CALL TO WORSHIP

If you need good news, settle into this space.
We have good news to share.
If you need a word of hope,
then trust us when we say,
there is hope enough to go around.
If you need a glimmer of joy,
then you're in luck!
We have resilient joy abounding.
If you need to feel God's presence in your midst,
then know that this is God's house.
This is the good news of the gospel.
God is here. Love is real. Joy is on the move.
Let us worship our with-us God!

PRAYER

Carole Collins
Deacon

*HYMN

"The Church's One Foundation"
(Verses 1, 2, 4, & 5)

Chalice 272

** Please stand as you are able.*

PASSING OF THE PEACE

The Congregation

RESPONSE

“We Are an Offering”

We lift our voic - es, — we lift our hands, we lift our lives up to You, we are an
of-fer-ing. Lord, use our voic-es, — Lord, use our hands, Lord, use our lives, they are Yours, we are an
of-fer-ing. All that we have, all that we are, all that we hope to be, we give to You, we
give to You, — We lift our voic-es, — we lift our hands, we lift our lives up to You, we are an
of-fer-ing, — we are an of-fer-ing. — We lift our of-fer-ing. —

LIFE OF THE COMMUNITY

Rosie Fernando-Rizzo



Welcome Survey
<https://forms.gle/XQuFx98vDEUvyHy>

METRO MOMENT

Laura Voss and Trevor Richardson

LENTEN CANDLE LIGHTING

“Surely, This Must Be It”
by Rev. Sarah A. Speed

Metro Youth
& Children

Response:

**You are with us in darkness and in light
In desert and in oasis
In waiting and in going
In fasting and in feasting
In giving up and taking in
In sin and in forgiveness
In death and in resurrection
You are with us in darkness and in light**

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Rev. Jana Dye
Pastor

OFFERTORY

“Jesus, Bread of Life”

Grace Cai



Online Giving

<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God from whom all blessings flow;
Praise God all creatures here below;
Praise God above ye heavenly host;
Creator, Christ, and Holy Ghost. Amen

SCRIPTURE

Mark 6:32-44

Metro Youth and Children

SERMON

Stephena George

*HYMN

“Called As Partners in Christ’s Service”
(Verses 1, 2, & 4)

Chalice 453

CLOSING WORDS

Rev. Tiffany Triplett Henkel

BENEDICTION

Stephena George

POSTLUDE

Laura Bergquist

You are invited to remain for post-service fellowship.

After the service, a camera and mic will be set up so remote and in-person attendees can visit with one another. Refreshments are available in the rear of the sanctuary.

Service Notes

Cover Art is “Scarce Abundance” by Hannah Garrity. Inspired by Mark 6:32-44| A Sanctified Art LLC | sanctifiedart.org.

Prelude is from Katholishes Gesangbuch (music). Arranged by Laura Bergquist.

Call to Worship is by Rev. Sarah A. Speed | A Sanctified Art LLC | sanctifiedart.org.

“The Church’s One Foundation” is by Samuel S. Wesley (music) and Samuel J. Stone (words).

“We Are an Offering” is by Dwight Liles (words & music).

“Jesus, Bread of Life” is by Audrey Assad and Fernando Ortega (words and music).

“Called As Partners in Christ’s Service” is by John Zundel (music) and Jane Parker Huber (words).

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This Lent, we are going back to our roots, back to the teachings and ways of Christ. Jesus’ ministry is often described as “radical” which comes from a Latin word meaning “root” or “ground.” Therefore, the good news should bring us back to our roots, back to what grounds us: loving our neighbor, caring for the vulnerable, pursuing justice and mercy, and resting in God’s unending grace. As we will discover during this season, the good news is extravagant, untamed, illogical, and persistent...and alive in the world! This Lent, may the teachings of Jesus lead us forward. **Let the good news ground us!** And let that good news inspire us to take action in a world desperate to hear, see, and taste what is good.

TODAY'S PREACHER



“ Hi everyone, I'm Stephenha George, and I have the joy of leading the youth and children's ministry at Metro. I'm passionate about creating spaces for young people to explore and engage with the Bible in meaningful ways. Outside of church, I enjoy painting. I am also currently a student at Union Theological Seminary in NYC, where I'm pursuing my master's."

ANNOUNCEMENTS



Metro Midweek Gatherings for Lent

Wednesday, March 11 and March 25 at 7:00 PM on Zoom

You’re invited to two midweek gatherings for the Lenten season led by Pastor Jana. Our discussions will center around our theme for this year, “*Tell Me Something Good*”. Amidst a season that can be heavy, we will explore what it means to live into the “good news” that Jesus reminds us of. Please reach out to Pastor Jana (jdye@mbcnyc.org) if you have any questions.



Winter Clothing Closet

Most Mondays through March 23, 2026

Distribution: 10:15-11:30 AM | Volunteer Needs: 9:30 AM-12:30 PM

RMM’s Winter Clothing Closet is open and we need YOUR HELP!



CLOTHING DONATIONS: We are in great need of the following new or gently used clothing items for adults: heavy winter coats (**LARGER MEN’S COATS & CLOTHING ARE MOST NEEDED**), sweatshirts/sweaters, joggers/jeans, t-shirts, hats, gloves, scarves and underwear. You can drop off donations here at Metro.

VOLUNTEERS: Each Monday, we could use up to 10 additional volunteers to help distribute clothing to those in need. You can sign up for one or more volunteer opportunities by scanning QR above.



Annual Giving Monthly Update

Thank you for supporting the ministry and work of Metro Baptist Church through your tithes and offerings. For more questions regarding our stewardship efforts & focus, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings as of February 2026: \$36,036.79

Total Amount Budgeted for 2026: \$270,000.00

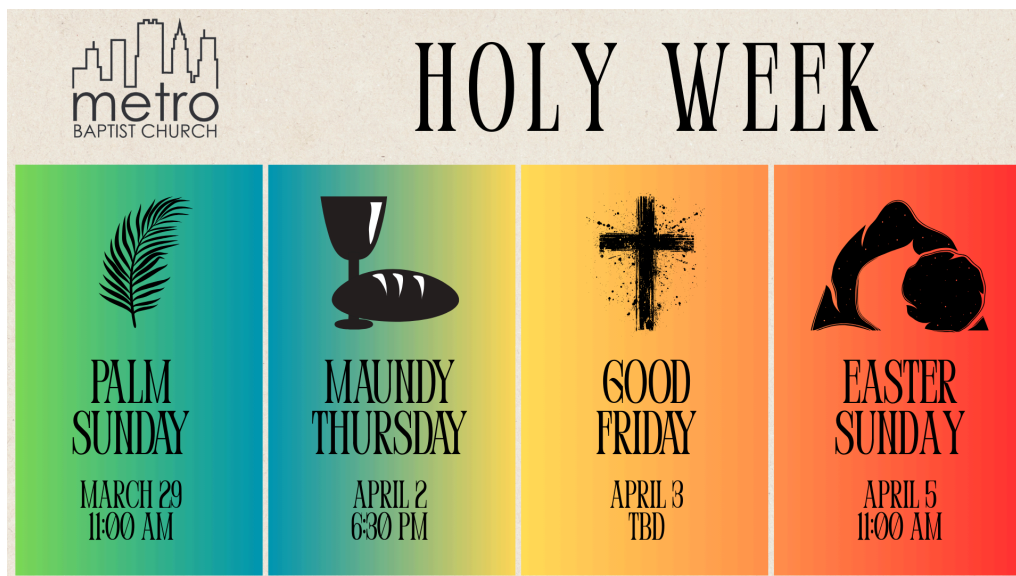


Feasibility Study Town Hall

Sunday, March 22 After Worship In-Person & on Zoom



During 2025, Metro participated in a fundraising feasibility study with Partners for Sacred Places. Over 40 congregation & community members participated in interviews & surveys regarding the needs of our church building and potential for a capital campaign. The [final report](#) of that study is now available (scan QR) and Metro Trustees invite you to attend a church “town hall” conversation facilitated by Sara Day on March 22 following worship. All are invited to join, and feel free to come with questions or comments. Contact Metro Trustee, Sara Day, with any questions ahead of time (saraday468@gmail.com).



Please mark your calendars and more details to come.

Metro Baptist Church

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www.mbcnyc.org | mbc@mbcnyc.org

Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

Chrisaleen Ciro	FOOD JUSTICE COORDINATOR
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Stephena George	MINISTRY ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
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