



To all who are weary and need rest
To all who mourn and need comfort
To all who are lonely and need friendship
To all who are complacent and need disturbing
To all who sin and need a savior
To all who are glad and would serve
This church opens wide its doors.

Eighteenth Sunday After Pentecost

October 12, 2025

OPENING WORDS

Rev. Tiffany Triplett Henkel
Pastor

The Lord be with you.
And also with you.

PRELUDE

“A Firm Foundation”

Laura Bergquist

CALL TO WORSHIP

God, open us to the powerful winds of your Spirit.
Open our eyes to the wonders of your creation.
Open our nostrils to the smells of life.
Open our ears to the words of justice and truth.
Open our mouths to the taste of freedom and love.
Open our arms to the touch of our siblings.
Let us praise the God who formed the mountains
and created the wind and gave birth to us in the divine image.
Let us sing to the One who made the stars
and turns deep darkness into morning and day into night.
Let us turn to God, hating what is evil and loving what is just.
So, may justice roll down like waters
and righteousness like an ever-flowing stream.

PRAYER

Laura Bergquist
Deacon

*HYMN

“How Firm a Foundation”

Chalice 618

** Please stand as you are able.*

*PASSING OF THE PEACE

The Congregation

*CONGREGATIONAL RESPONSE

"Holy Ground"



LIFE OF THE COMMUNITY

Aaron Moore



Welcome Survey

<https://forms.gle/XQuFx98vDEUvyHy>

COVENANT OF CONCERNS AND THANKSGIVINGS

PASTORAL PRAYER

Rev. Jana Dye

Associate Pastor

OFFERTORY

"Let Me Fall"

Jason Watkins



Online Giving

<http://mbcnyc.org/get-involved/give>

*DOXOLOGY

Praise God,
from whom all blessings flow.
Praise God, all creatures here below.
Alleluia! Alleluia!

Praise God, the source of all good gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

SCRIPTURE

Psalms 118:6

SERMON

"Ten Toes Down:
Feeling The Earth Underneath My Feet"

Rev. Faith Bynoe

*HYMN

"Standing On the Promises"

Chalice 552

CLOSING WORDS

Rev. Tiffany Triplett Henkel

BENEDICTION

Rev. Faith Bynoe

POSTLUDE

Laura Bergquist

Service Notes

Cover art is "A Spiritual Place" by Jared Tait, one of the pieces donated to the Turtle Island Indigenous Artists for Palestine fundraiser. (Jared Tait/Instagram).

Call to Worship is written by Rev. Anita Phillips, former Executive Secretary of Native American and Indigenous Ministries for the United Methodist Church's General Board of Global Ministries.

Prelude is a *Traditional American Melody*. Arranged by Mark Hayes.

"How Firm a Foundation" is by John Rippon (words). Music is a *Traditional American Melody*.

"Holy Ground" is by Geron Davis (words and music).

"Let Me Fall" is from Cirque du Soleil's QUIDAM. Written by Jim Corcoran (words) and Benoit Jutras (music).

"Standing On the Promises" is by R. Kelso Carter (words and music).

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TODAY'S PREACHER

Rev. Faith Bynoe is the full-time coordinator of The Baptist Fellowship of the Northeast (BFN). Bynoe has worked with diverse groups across the US and around the world for more than 20 years at the intersection of wellness and social equity. A multifaith chaplain and TEDx speaker, she is a recognized voice in the healing justice movement, dedicated to redefining holistic well-being and community advocacy on a global scale. A native New Yorker with Barbadian roots, Bynoe received her Master of Divinity degree from Howard University School of Divinity as well as Bachelor of Arts and Master of Arts degrees in Psychology from Long Island University. She also is a graduate of the nonprofit management executive certificate program at Georgetown University. Bynoe was licensed to the ministry by Alfred Street Baptist Church in Alexandria, Va.

ANNOUNCEMENTS



Metro Grief Support Group

Led by Dr. Karissa Thacker

Monday, October 13 at 6:30 PM

Metro's next monthly grief support gathering will be this Monday, October 13 at 6:00 PM Eastern via Zoom. This monthly gathering is led by Metro family member, Dr. Karissa Thacker, and is always open to all. Whether you have experienced recent loss, are coping with long term grief, or simply navigating general sorrow in these trying times, you are invited to join. For more information, contact Pastor Jana at jdye@mbcnyc.org.



Metro's Annual Meeting of the Corporation &

4th Quarterly Church Conference

Sunday, November 9 following morning worship (in person & via Zoom)

Please plan to join us for Metro's congregational meeting on November 9 following the 11:00 AM worship service. Full agendas will be sent out closer to the meeting date.



Memorial for Shannah Rae

Sunday, October 26 at 2:00 PM

Metro Baptist Church Sanctuary (and will also be streamed virtually)

Beloved Metro member, Shannah Rae, passed away suddenly on September 19 after a brief illness. We are planning a memorial service to be held in Metro's sanctuary on Sunday, October 26. All are invited to join in person or online. Please hold the date and time for now. Full details and updated information can be found at: <https://mbcnyc.org/shannah-rae>



RMM's 30 for 30 Online Campaign

August marks the 30th anniversary of Rauschenbusch Metro Ministries, our church's social ministry non-profit that provides vital programs and services for approximately 15,000 individuals each year. To celebrate this milestone and help us build the foundation for another 30 years of serving hope, we are seeking to raise \$30,000 through [RMM's 30 for 30 Campaign](#). Scan QR code or follow link to make a dedicated contribution to RMM, and please share the campaign with your friends and wider network. Thank you for your support!



Annual Giving Monthly Update

As part of our renewed efforts in stewardship education and transparency, the MBC trustees would like to begin giving monthly status updates on general offerings for the year as compared to our 2025 Budget. For more questions regarding stewardship, please feel free to reach out to Metro Trustee Sara Day (saraday468@gmail.com).

General offerings through end of September 2025: \$178,233.00

Total Amount Budgeted for 2025: \$230,000.00

Metro Baptist Church

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www.mbcnyc.org | mbc@mbcnyc.org

Rauschenbusch Metro Ministries: www.rmmnyc.org

Hell's Kitchen Farm Project: www.hkfp.org

Affiliated and partnered with the Alliance of Baptists and the Cooperative Baptist Fellowship

Laura Bergquist	INTERIM WORSHIP LEADER
Chrisaleen Ciro	FOOD JUSTICE COORDINATOR
Rev. Jana Dye	ASSOCIATE PASTOR
Stephena George	MINISTRY ASSOCIATE
Rev. Tiffany Triplett Henkel	PASTOR
Anita Massengill	WORSHIP LEADER
Cathy McGaughey	FINANCIAL ADMINISTRATOR
Rev. Dr. Troy Messenger	HYBRID WORSHIP COORDINATOR
Aaron Moore	FOOD PANTRY DIRECTOR
Yonier Hurtado Urrutia	CUSTODIAN