



# The “Stevie” Scoop

## Ministry Update

### February 2024

\*Note: Stevie is the new nickname I’ve adopted on Lake Hart Stint

I can’t believe we’re already more than a month into 2024! 2023 flew by! I hope you had a great holiday season and are feeling back into the normal swing of things.

Thank you for your prayers for better sleep and rest! I’ve experienced quite a few ups and downs related to my sleep. Leading up to my vacation time for the holidays, I was getting poor sleep and my overall health took another hit. I realized that during December and January, I need more time for rest than usual. These are already busy months due to the holidays, but even more than that, for me they are significant months that mark losses from the past few years (such as my dad and life in Côte d’Ivoire).

Thankfully I was able to spend the holiday season in Kansas City with family and friends and had some much-needed rest. It was such a joy to be home for the holidays and to be reunited with both my family and church family. My body still feels like it’s recovering, but I’m doing considerably better and I’ve been able to get good sleep lately.

Now I’m back in Orlando and happy to be jumping back into my normal rhythms again. This second half of Lake Hart Stint (LHS) is focused on discerning what’s next based on all the things we learned and processed with the Lord during the first semester. I have no idea what the Lord has in store for me during these final months on LHS, but I’m looking forward to finding out.

Thank you for your continued prayers, support, and encouragement. It’s a joy to have you walking alongside me on this journey. If there’s anything specific you’d like prayer for, please let me know! I’d love to join you in prayer!

*Stevie*

## Prayer Requests

1. Praise the Lord for good quality sleep!
2. Pray for my overall health. That my body would continue to recover well and that I would continue to rely on the Lord during this time.



**Left:** Making gingerbread houses with the Frelick family.  
**Right:** Leo feeling right at home snuggled up in a chair that was gifted to us.



The Frelick family, who hosted me while I was in Kansas City, and I.