

**GROW. PRAY. STUDY.**  
**Weekly Guide, June 25, 2017**



**Sermon: Time to Rest**

**Summer time is a time to rest, and God commands us to practice a weekly rhythm of Sabbath rest. As Eugene Peterson points out, “The most striking thing about keeping the Sabbath is that it begins by not doing anything. The Hebrew word *Shabbat* simply means quit... stop... take a break.” Sabbath rest is about Trusting God, and this week’s readings focus on the theme of rest.**

<b>Monday, June 26, 2017</b>	-	<b>Exodus 20:1-17</b>
<b>Tuesday, June 27, 2017</b>	-	<b>Exodus 23:1-13</b>
<b>Wednesday, June 28, 2017</b>	-	<b>Psalm 23</b>
<b>Thursday, June 29, 2017</b>	-	<b>Hebrews 4:1-13</b>
<b>Friday, June 30, 2017</b>	-	<b>Mark 6:30-44</b>
<b>Saturday, July 1, 2017</b>	-	<b>Matthew 11:25-30</b>