



**Texas Families Together and Safe (TFTS)
Free Parenting Sessions
Free Food and Childcare**

Starting: December 19th (7 weeks)
Place: First United Methodist Church
Location: 321 Thompson Dr. Rm 202
Time: 5:30 p.m. food/5:45-7:15 p.m. class

Contact for more information: Shane Williamson at 830.890.8690 or 830.896.0993 ext.3438, email: pwo316@bcfs.net

Parenting is hard. Join us to discuss everyday challenges that parents face. Learn new strategies to handle challenging behaviors.

FIND OUT HOW TO...

- ◆ Resolve conflict and improve communication
- ◆ Improve your child's behavior problems
- ◆ Deal with complicated emotions
- ◆ Enhance Family Communication

Also receive:

- Assistance with Basic Needs
- Incentives given at each class
- Graduation certificate and gift

Invest in Yourself and your Family see IMMEDIATE RESULTS



Eligibility:

- Have a child 3-17 years of age
- Reside in **Kerr County**

