



further
reflections



April 19, 2026

Eastertide | Luke 24:36-49

1. Get a pen and piece of paper or a notecard. Take a moment to think about your calendar for the next 1 to 3 weeks. What is a significant event or relationship represented on that calendar? Write the name of the event or person down on your note card, and set it aside.
2. With your small group, family, or a friend - but hopefully *without* causing yourself to revisit any traumatic events from your past - can you share a time you were genuinely scared?
3. Read this week's passage out loud: Luke 24:36-49. What words, phrases, or details seem to stand out? Do you feel yourself reacting positively or negatively to those details?
4. The disciples move from disbelief because of fear - "it's a ghost!" - to disbelief because of "joy and amazement." How do you think those differ?
5. Why do you think it was important for Jesus to prove that his glorious, resurrected body was a *physical* body? Why does his physical body, still bearing wounds but without any pain, matter for his disciples then, and for us now?
6. Here are some scriptures to read together and reflect on. Choose a few:
Psalm 16. Isaiah 25:6-9. Romans 6:1-14. 1 Peter 1:3-12.

1 Corinthians 15:1-58. (it's long, but SO good!). 2 Corinthians 5:1-21. Revelation 21:1-8.
7. What picture of eternity were you taught when you first encountered Jesus and started following him? Was it like the cartoons, with disembodied spirits playing harps and floating on clouds? Perhaps something closer to a renewed physical creation, where heaven and earth overlap? Or something else altogether? What picture of heaven holds the most excitement for you now?
8. Return to your notecard, and remember the event or name that you wrote down. Given this conversation about Jesus being resurrected from the dead, is alive, and is our hope for the future, why does all of that matter for what's on your notecard? How does that change the way you will enter that moment, interact with those people, and live out of that resurrection hope?