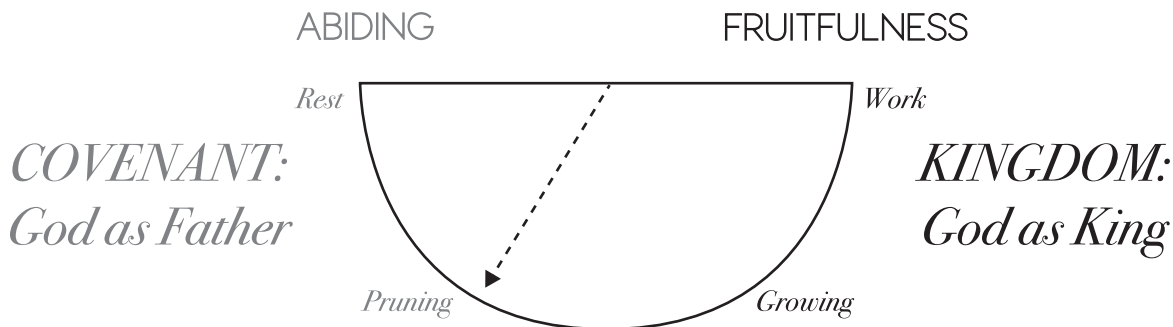


# RHYTHM OF LIFE: *Semi-Circle*



“God created us for work, but supplies us with ‘rest’ as fuel for ‘work’. As the semi-circle goes, we rest and receive replenishment, refining, and direction from God. From there, we’re sent to ‘work’ and be fruitful. Then the cycle begins again; as we’re fruitful, we come back to God for pruning and refueling. It’s about being pruned in order to abide in Jesus and then growing in order to produce fruit. However, the rest must be real; we must truly dwell with God and be in His presence to be known, loved, and ‘cheered on’ by our Father. We know when we’re ready to ‘get back out there’ because we feel called and excited from the rest we’ve received. Not only are we ready to ‘work’, but we’re also ready to grow even more.”

**Read  
+ Respond**

Read these scriptures aloud as a group, then respond: what does each reference say about ‘work’?

- Galatians 6:8-10 \_\_\_\_\_
- Colossians 3:17, 23-24 \_\_\_\_\_
- Philippians 4:13 \_\_\_\_\_
- 1 Timothy 4:3 \_\_\_\_\_

*1. What part of the semi-circle, or what ‘season’ are you experiencing currently? Work? Rest? Abiding? Pruning? Fruitfulness? Growing?*

*2. What is God saying to you, and what are you going to do about it?*