

CONTINUOUS BREAKTHROUGH : *Kairos Moments*

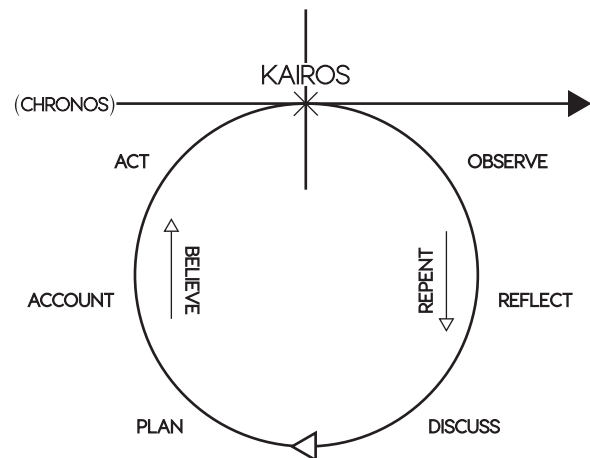
A 'kairos moment' is God's appointed time to act. The 'moment' (or period of time in which you become aware or understand a revelation from God) will sometimes be positive and exciting, and will at other times be negative or painful. A 'kairos moment,' however, is NEVER neutral. It is a calling from God to respond (repent, or change direction) in some way.

To recognize a 'kairos moment', consider the following:

First, reflect on the scripture you are reading with your Huddle. When you read, it is important to highlight or record the verses or sections of the reading that are either particularly relevant for you currently, or that 'stick out' for unexplainable reasons. Those highlights are sometimes the best indicators of a 'kairos moment' you are experiencing. Secondly, reflect on your week, day, or even the current hour. After these considerations, use one or more of these helpful questions to 'dig a little deeper'.

- What were the high points? The low points?
- Did you experience stress?
- Did you experience peace?
- Were there moments of inspiration?
- Were there moments of frustration?
- Were there moments of wonder or joy?
- Were there moments of struggle?
- Were there any breakthroughs
- Were there moments of failure or defeat?
- Were there any relational conflicts or tensions?

The answers to these questions are all ways God is seeking to break into our lives, and thus they present opportunities for growth as disciples of Jesus.



What is God saying to you, and what are you going to do about it?

