

Scripture
Meditation



January
2026

Psalm 40:6-8 NIV

⁶ Sacrifice and offering you did not desire—
but my ears you have opened—
burnt offerings and sin offerings you did not require.

⁷ Then I said, "Here I am, I have come—
it is written about me in the scroll.

⁸ I desire to do your will, my God;
your law is within my heart."

Reflections:

- v. 6a: Sacrifice and offering you did not desire:
 - *Why did God command His people to devote so much time and energy to sacrifices and offerings? What was God really after?*
 - *What is it that God truly desires from/for me?*
- v. 6b: My ears you have "opened": The Hebrew word means to dig a hole.
 - *What does God want the ears of my heart to be filled with?*
 - *Who/What has filled up my inner attention other than God?*
- v. 7b: It is written about me in the scroll:
 - *Do I believe that God is speaking about my life in His Word?*
 - *How can I let God's Word impact my plans today?*
- *Can I truthfully affirm verses 7 and 8? What external or internal obstacles might be blocking me from this?*