

MISSION & OUTREACH

Will **NOT** meet in **August**.

DO-DAY

Will meet on Wednesday, **August 27** from **9:00 a.m.-3:00 p.m.**

PRISCILLA CIRCLE

Will meet on Monday, **August 11** at **2:30 p.m.**
Bible Study: Gail P. / **Hostess:** Gladys D.

BIRTHDAY CLUB

Will meet on Thursday, **August 21** at **10:00 a.m.**

MEN'S EARLY RISERS

Will meet on **August 6, 13, 20, 27** at **8:00 a.m.** at Cook's Café.

POP-UP BIBLE STUDY

Will meet according to schedules. Contact Lori Brown (348-2670) for dates/times.

SUNDAY SCHOOL/JAM

SS will resume on Rally Sunday, September 7!
JAM Kick-Off is Wednesday, September 10!
Please be sure to fill out the register forms before the start of SS and JAM!



Jr. High Youth Group (7th-8th Grade)

- * **August 6, 13 - (2:00-3:00 p.m.)** Youth Community Bible Study at Breu Haus.
- * **August 20 - (6:00 p.m.)** Jr. High Youth/Parents - Informational Meeting (Sub Sales Begin)

Sr. High Youth Group (9th-12th Grade)

- * **August 6, 13 - (2:00-3:00 p.m.)** Youth Community Bible Study at Breu Haus.
- * **August 10 - (9:00-10:00 a.m.)** Sr. High Mission Trip Grp. will be sharing during Worship.
- * **August 10, 17 - (6:30-8:00 p.m.)** Sr. High Youth Group will meet.
- * **August 20 - (6:00 p.m.)** Sr. High Youth/Parents -Informational Meeting (Sub Sales Begin)

Sr. High Mission Trip - August 2 - returns from Colorado Springs, Colorado.

SUB SANDWICH SALES

August 20—September 14

**Contact any Jr./Sr. High Youth OR place your order with them
Before/After Sunday Worship Services**



2025 RADIO BROADCASTS/FLOWERS/COFFEE FELLOWSHIP:

(2025 sign-up charts are in the narthex to sign up for a special date or call the office 324-3049.)



Radio Broadcast Dates: (\$95/broadcast)

October 12; November 30; December 24 -(Christmas Eve 5:00 p.m.)

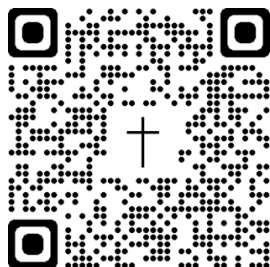


Coffee Fellowship Dates: Looking for volunteers to help with coffee fellowship!



Flowers On The Altar: Please see the Flowers schedule for open dates.

Thank you to all who sponsored the Radio Broadcasts, Live Streams, Flowers & Coffee Fellowships.



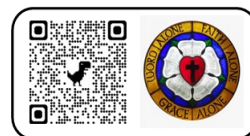
**Radio Broadcast on Sundays
at 9:00 a.m. on KIWA - FM 100.7 and AM 1550**

Website: **www.stpaulsheldon.org**

E-mail: **pleasant@nethtc.net**

Church Office: **(712) 324-3049**

Pastor: Christopher Martin ~ E-mail: **pastor@stpaulsheldon.org**





“Pastor, Teach Me How to Pray”

When I graduated from Garner-Hayfield High School, as my classmates and I from my home congregation, St. Paul Lutheran Church in Garner, were standing in front of the altar to receive a blessing from our Pastors, each one of us were given a gift from the congregation. We were not given a quilt, a water bottle, or something like that (although I would have LOVED receiving a gift like that!) Instead, Pastors Lamb and Kieschnick gave to each one of us a little book called the “Lutheran Book of Prayer.” In explaining why we were being given this book, our Pastors explained they wanted to give us a resource to use when we found ourselves in a moment where we needed to pray but had a hard time putting into words how to pray or what exactly to pray for. Thirty years later, I still have that book, and sometimes still even make use of it!

Perhaps you’re someone who struggles with prayer. You don’t know how to get started, or what exactly to pray for. Last year in a Continuing Education class, one of the topics we covered was prayer, and in that, I was reminded by our instructor, Professor John Pless of Concordia Theological Seminary, of Martin Luther’s “A Simply Way to Pray” pattern. As we just heard the account of Jesus teaching His disciples to pray in our Gospel lesson on July 27, I’d like to share Luther’s pattern with you as a resource for your daily prayer.

Luther’s simple method for prayer consists of four parts: **Instruction, Thanksgiving, Confession, and Prayer.** (I.T.C.P.) This method serves to anchor our prayer in the Scriptures, or the truth of the Scriptures summarized in the Small Catechism, while at the same time it allows for the Holy Spirit to prompt thoughts through the texts of Scripture and the Catechism, which may be pursued more freely by our minds at prayer. Praying in this way requires a time of solitude and intentionality.

Some find it helpful to begin by using the Lord’s Prayer, and ask for God to give you a heart and mind that is ready to receive what the Holy Spirit is going to share with you through God’s Word. Next, read your Scripture reading for the day (whether it’s from a daily devotional, the readings on the “Devoted to Prayer” schedule that’s included with this newsletter, one of the lectionary readings from the previous Sunday, or some other resource you might use to guide your Scripture reading.) As you read, don’t rush through this! Do it slowly. Take note of the following items:

- What words are beginning to jump out at you? What words trouble you? Encourage you? Disturb you? Comfort you?
- What is this reading teaching me?
- What do I have to be thankful for in this reading?
- What do I need to confess?

Now, pray! Use the answers to these questions to help you form your prayer. Perhaps as you answer them, you find yourself praying short prayers after each question based on insight you’ve been given each time.

This I.T.C.P. method of prayer is a method you can use to pray with your family at home, with a group of fellow believers in a Bible study or other setting at church or elsewhere, or simply, to guide your daily devotional and prayer life. It isn’t easy to incorporate at first, but after a while, the method can become second nature and it can be a tremendous blessing for your Scripture reading and daily prayers.

As always, I stand ready to help you get started in any way that I can. Don’t ever hesitate to reach out if you have questions or want help getting started. May God richly bless you with a heart that seeks after His Word, that leads you to worship every Sunday, and to dive into the Scriptures each day!

Your Friend in Christ,

Pastor Christopher Martin

DIRECTOR OF YOUTH MINISTRY - BRI



We will continue to meet at Breu Haus with other youth groups every Wednesday from 2:00-3:00 p.m. for a short study and game time through August 13. This is open to those entering 7th through 12th grades! We often stay late, please feel free to come for all or part of the time. Parents are always welcome to stay. Drinks are provided- just tell them you're there with St. Paul at the register! There will be dates in August I will be gone and someone else from St. Paul will stand in.

Those having completed 8th grade are welcome to join high school youth groups in the summer. High school will meet on the following Sunday evenings (6:30-8:00 p.m.) through the summer, schedule subject to change but will be communicated if it does: August 10 and August 17.

High school youth groups will meet on Wednesdays during the school year starting on August 27. High school youth group will meet from 6:30 - 8:00 p.m. during this school year. This change will hopefully help with behaviors and allow more adults to be in church during our meeting times.

Junior high youth group plans to start on September 10 from 5:00-6:15 p.m. Junior high youth group will be for 7th and 8th grades this year, 6th grade will remain with JAM.

Sub sandwich sales will begin on August 20 and run through September 14. We will put subs together on Sunday, September 21 at 11:00 a.m. in the fellowship hall. More information regarding this will be at our Parent Info Meeting for Jr. High and Sr. High youth groups, Wednesday, August 20 at 6:00 p.m.

- Bri Oetken, Youth Director



SUNDAY SCHOOL

Thank you for a great week of VBS! We had a lot of fun learning more about being captivated by God. Ask your students about their week, they have lots of fun stories to share!

Look forward to Rally Sunday for Sunday school on September 7! Sunday school will run from 10:15-11:00 a.m. this year.

We are in need of teachers for the 3rd-6th grade Sunday school group this year. Curriculum and a plan for the day is provided, the teaching time is from approximately 10:35-11:00 a.m.

- Bri Oetken, Youth Director

JAM (Jesus And Me)

JAM will begin with their Kick-Off Night on Wednesday, September 10! Students in 1st grade through 6th grade are welcome to come and be a part of JAM from 5:00-6:20 p.m. on Wednesdays (meal served). Please make sure you have filled out the registration forms before the start of JAM. If you're interested in helping out with JAM, please contact Jill Cook or any church staff and we'll find the right role for you.

- Jill Cook, JAM Director



SR. HIGH MISSION TRIP

The Mission Trip group will return on August 2. Please keep them in your prayers. On Sunday, August 10, they will be sharing about their mission trip to Colorado Springs during the 9:00 a.m. Worship.

PASTORAL ACTS

Wedding: Brandon and Morgan (Erpelding) Winkel.

YEARLY FINANCIAL UPDATE

JUNE

Total Income	\$ 18,844.62
Total Expense	\$ - 30,199.35
Income Less Expense	\$ - 11,354.73

Fiscal Year Income	\$ 109,325.66
Fiscal Year Expense	\$ -141,901.47
Fiscal Year Income Less Expense	\$ -32,575.81

Air Conditioner Units Loan	\$ 21,487.84
July Monthly Payment	\$ - 575.00
Principal Payment (7/7/25)	\$ - 1,016.27
Balance Due	\$ 19,896.57



PRAYER CHAIN

We are currently in the process of updating the church Prayer Chain lists. If you would like to be added or removed, or have a different phone contact number, please contact the church office by Sunday, September 21. A copy of the updated Prayer Chain list will be put into church mailboxes by the end of September for individuals on the list.



SCHOOL KITS - MISSION AND OUTREACH

Please help us send school bags to Lutheran World Relief. School supplies are being collected. Each kit contains one school bag. School bags are made by the church sewing ladies.

Each School Kit Contains:

- * 4 70-80 Sheet Notebooks (wide or college rule)
- * 1 Ruler (inches and centimeters)
- * 5 Black or Blue Ballpoint Pens (not gel ink)
- * 1 Crayon Box (16 or 24 count)



- * 1 Pencil Sharpener
- * 1 Pair - Blunt Scissors
- * 5 Unsharpened No.2 Pencils
- * 1 2 1/2 inch Eraser

NOAH'S ARK PRESCHOOL/NURSERY SCHOOL



Preschool - Visit the Teacher/Open House is Thursday, August 28 from 5:00-6:00 p.m. Root beer floats served by the Fellowship Committee during this time. The first day of Preschool class will be Tuesday, September 2!

Nursery school - Visit the Teacher/Open House is September 2 from 5:00-7:00 p.m. The first day of Nursery class will be Wednesday, September 3!

TYPEWRITER WANTED

The Office is looking for a working typewriter. Please contact the church office if you have one you wish to donate. Thank you.

IOWA REFUND - CAN/BOTTLE REMINDER

ONLY Iowa Refund cans and plastic bottles should be placed into our IA redemption container outside. Please NO water bottles! Donations go to the JAM fund. Thank you.

IOLBC QUILT AUCTION WEEKEND

Mark your calendars and make plans for the IOLBC Quilt Auction Weekend August 1-2, 2025!
The Online Quilt Auction August 1 (8:00 AM) through August 4 (6:00 PM)

Friday, August 1:

Quilt Preview-Gym: 3:00 - 7:00 PM
Scandinavian Feast: 5:30 - 7:30 PM
Glenn Henriksen Concert: 7:00 PM



Saturday, August 2:

5K Run/Walk-Virtual 5K: 8:00 AM
Quilt Preview in Gym: 9:00 - 11:30 AM
Lunch in Dining Hall: 11:00 AM-12:30 PM
LIVE AUCTION: 12:00 (NOON)

VOLUNTEERS NEEDED



Please prayerfully consider helping with the Worship services on Sunday mornings! We are needing more volunteers to help with the Sound Tech, Video Tech, PowerPoint Tech, Usher, Lector, and Coffee Fellowship! Please, Please, Please... contact the office for more information or to sign up. Training will be given for the Tech positions.

LABOR DAY UNITY SERVICE

The Sheldon Ministerial Association will host the Labor Day Unity Service on Sunday, August 31 at 10:00 a.m. on the RiseFest grounds. Everyone is welcome to attend! Bring your lawn chairs and come worship together as a community!

SUMMER FREE LUNCHES FOR KIDS

Sheldon Community School District continue to serve FREE Summer Meals through August 15, at East Elementary Cafeteria from 11:30 a.m.-12:45 p.m. (use the north door) Summer meals are available for all children and teens 18 and under. There will be a Bus Pick-up at designated stops throughout Sheldon. Please see the times and locations as posted on the church bulletin boards.

SHELDON MOBILE FOOD BANK

The Sheldon Mobile Food Bank will be on Thursday, August 14. Please come to the Living Water Community Church, Sheldon, from 4:30-6:00 p.m.

SHELDON UNITY MEAL

The FREE Sheldon Area Unity Meal will be held on Monday, August 18 from 5:30-6:30 p.m. at Living Water Community Church. Free groceries are also available.

COATS FOR KIDS

St. Paul will be collecting new or gently used coats. There is a box labeled "Coats For Kids" where you may bring your coats. They will be distributed in October and November.



TOUCH OF HOPE - HAITI

St. Paul is sponsoring Lensley Raymond and his 5th grade class of the Simonette community. Sponsorship helps with yearly school expenses. To make a donation to this ministry, please write "Touch of Hope-Haiti" in the check memo. Thank you.