

SIZE \_\_\_\_\_

## GIRL'S HOSPITAL GOWN AND SHORTS

**Need:** Lightweight cotton, cotton blend or T-shirt fabric, (FABRIC MUST BE NEW AND NOT LAUNDERED.), 3/4 inch wide elastic, 2 pieces of 1 1/2" long white or light colored twill or bias tape for size tags and thread. Bias tape may be used to finish the neck and arm opening and used for ties.

**PLEASE FINISH ALL RAW EDGES/SEAMS** with a zig-zag stitch, serging, pinking, or a second row of stitching.

**Cutting Directions:** Cut two of pattern back on selvage, if possible. Cut one front pattern on fold. Cut bias tape long enough to go around the neck plus 10" on both ends. Cut 2 bias tapes to go around the arm openings. Cut 2 of short pattern. Size 1 and 2 do NOT have shorts. (Size 1 and 2 wear diapers.) See chart below for elastic length. **Pattern includes 5/8' seams.**

### Gown

- 1) Sew center back together to within 5" of neck edge. Press seam open and top stitch both sides of opening above seam.
- 2) Sew back to front at shoulder seams. If any raw edges, finish as listed above.
- 3) Bind neck edge with bias tape leaving 10" on each side for ties.
- 4) Bind arm openings with bias tape.
- 5) If serging, clip curves, and serge around edge of arm holes and neckline. Then, turn under 1/4" and top stitch.
- 6) Sew side seams. Finish raw edges.
- 7) Sew all four sides of a 1 1/2" piece of twill or bias tape to INSIDE back of gown. Write size on it.
- 8) Finish gown with narrow hem by turning edge up 1/4" twice. Top stitch.

### Shorts

- 1) With right sides together, sew side seams and crotch seam. Finish raw edges.
- 2) Make a casing for elastic by folding top of shorts down 1/2", then 1". Press. Top stitch around shorts leaving a small opening at back.
- 3) Cut elastic as stated in chart below.
- 4) Run elastic through casing. Overlap 1/2" and sew elastic together. Close the small opening by top stitching.
- 5) OPTIONAL: To keep elastic from getting stuck in the seam allowances as it's inserted, use fusible web or machine-basting to anchor seam allowances to garment within the casing area. Be sure to remove basting after casing is finished.
- 6) Finish legs of shorts with narrow hem. (see 8 above)
- 7) Sew all four sides of a 1 1/2" piece of twill tape or bias tape to INSIDE back of shorts. Write the size on it.

Elastic length:                      Size 3: 18"    Size 4: 19"                      Size 6: 20"

### Girls Gowns-fabric measurements

Size	All in one	Top	Shorts
1	22ins	No shorts with this size	
2	23ins	No shorts with this size	
3	36ins	24ins	13ins
4	38ins	26ins	14ins
6	72ins	46ins	16ins

If there are discrepancies between the pattern and written instructions, check the information which you will find at [www.midwestmissiondc.org](http://www.midwestmissiondc.org). Occasionally we update these instructions due to feedback from those who receive our gifts and suggestions from other sewers. The website will reflect these changes and will be considered "correct".