

# Boy's V-neck Shirt

Size \_\_\_\_\_

## Materials Needed:

- medium weight cotton or cotton blend fabric (ALL FABRIC MUST BE NEW AND UNWASHED)
- bias tape (for back neck and sleeves)
- 1 ½" bias or twill tape (for size label in back)

## Instructions:

1. Cut out pattern pieces using medium weight cotton or cotton blend fabric only. All cut edges should be pinked, serged, or double stitched, using straight stitch for seam and zig zag for edge.
2. Encase the back neck of the garment with double fold bias tape.
3. Fold and press under ¼" on neck edge of front yoke, then fold under again at dotted line, stitching to secure. Repeat for other yoke.
4. With right sides together, match edge of yoke with top of the front bodice. They will overlap in the middle. Sew a 5/8" seam across bodice, unfold and press seam open. Top stitch to secure.
5. Sew shoulder seams together.
6. Encase the arm holes with double fold bias tape.
7. Sew the side seams with a 5/8" seam.
8. Fold hem up ¼", then fold under an additional 1 inch toward the inside and sew to secure.
9. Using 1½" bias tape or twill, sew label down on all four sides in the back of the shirt. Write size with permanent marker (EX: xs, med. lrg)

## Comparable Sizes

Boy's V-Neck Shirt	XXS	XS	S	M	L	XL
Shorts	2	3/4	5/6	7/8	9	10/12

**BOY'S SHORTS:** 1 to 1 5/8 yards cotton or cotton blend (heavier knit is okay), 3/4" wide elastic, and thread.

**Use 5/8" seams throughout. All cut edges should be pinked, serged, or double stitched, using straight stitch for seam and zig zag for edge.**

1. Sew center front seams together. Sew Center Back seams together. To reinforce seams, stitch again over first stitching. Trim seam in curved area to ¼".
2. Stitch front to back at inner leg seams. Stitch front to back at side seams.
3. Optional: To keep elastic from getting stuck in the seam allowances as it's inserted, use fusible web or machine-basting to anchor seam allowances to garment within the casing area. Be sure to remove basting after casing is finished.
4. Shorts waist band: Press under ½ inch on raw edge. Then turn under & press an additional 1" on upper edge of shorts (waist) to INSIDE, to form casing for elastic. Stitch close to fold, leaving an opening to insert elastic.
5. Cut a piece of elastic (length indicated below). Insert elastic through opening in casing. Overlap ends 1" and stitch together securely. Stitch opening closed.\* Distribute fullness evenly. Remove basting.
6. Mark depth of hem (1½"); trim evenly. Press under ¼" on raw edge. Stitch close to inner pressed edge.
7. Sew a 1½" strip of bias or twill tape inside back waistline. With permanent marker, write garment size on tape. \*Tape can be slipped under casing to secure. Secure all four sides.

## Cut elastic for shorts as indicated below:

Size 2 – 17 ½ inches

Size 3/4 – 18 inches

Size 5/6 - 19 inches

Size 7/8 -20 inches

Size 9 - 21 inches

Size 10/12 -22 ½ inches

If there are discrepancies between the pattern and written instructions, check the information which you will find at [www.midwestmissiondc.org](http://www.midwestmissiondc.org). Occasionally we update these instructions due to feedback from those who receive our gifts and suggestions from other sewers. The website will reflect these changes and will be considered "correct".