Scripture References:

**Ephesians 4:26-27** Be angry, and yet do not sin; do not let the sun go down on your anger, 27 and do not give the devil an opportunity.

**Mark 3:5** After looking around at them with anger, grieved at their hardness of heart, He said to the man, “Stretch out your hand.” And he stretched it out, and his hand was restored.

**John 2:14-17** He found in the temple those who were selling oxen and sheep and doves, and the money changers seated at their tables. 15 And He made a scourge of cords, and drove them all out of the temple, with the sheep and the oxen; and He poured out the coins of the money changers and overturned their tables; 16 and to those who were selling the doves He said, “Take these things away; stop making My Father’s house a place of business.” 17 His disciples remembered that it was written, “Zeal for Your house will consume me.”

**Hebrews 12:15** See to it that no one comes short of the grace of God; that no root of bitterness springing up causes trouble, and by it many be defiled.

**Proverbs 29:20** Do you see a man that is hasty in his words? There is more hope for a fool than for him.

**Proverbs 29:11** A fool always loses his temper, but a wise man holds it back.

**Proverbs 16:32** He who is slow to anger is better than the mighty, and he who rules his spirit than he who captures a city.

**Proverbs 15:28a** The heart of the righteous ponders how to answer.

**Romans 12:19-21** Never take your own revenge, beloved, but leave room for the wrath of God, for it is written, “Vengeance is Mine, I will repay,” says the Lord. “But if your enemy is hungry, feed him, and if he is thirsty, give him a drink; for in so doing you will heap burning coals on his head.” Do not be overcome by evil, but overcome evil with good.

**Galatians 6:1** Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, so that you too will not be tempted.

**Proverbs 15:28** The heart of the righteous ponders how to answer, but the mouth of the wicked pours out evil things.

**Dealing with Anger**

**Ephesians 4:26-27**

I. Anger and Sin

A. Some anger is ________.

B. Most anger is ________ and rooted in our ________.

II. Anger and the Devil – the cultivation of bitterness

A. Anger is what I ________; bitter is what I ________.

B. The danger of ________ angry feelings

1. Anger builds up and becomes explosive.
2. Relationships grow distant.

III. Handling anger God’s way

A. ________

B. ________

1. About what bothered you.
2. About your ________ and what lies behind it.

C. ________

1. God takes care of any ________.
2. We are free to love when we know we are ________. 

Sunday, April 21, 2013

“Dealing with Anger”

Ephesians 4:26-27