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## Does my life show that God is in charge?



### PHILIPPIANS 4:6-7

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

**God never promised that His children would have a life free from problems and pain.** God allows difficult things to happen in our lives as He carries out His plan for us.

**It is just as important to trust God as it is to obey Him.** When you do not trust God, you are doubting that He is in control and that He is good. God wants you to learn to trust Him every day, all day. He wants you to trust Him in the good times and the difficult ones. Trusting God means believing with all your heart that He is in control and that He is doing what is best for you.

**How does your life show that God is in charge?** When you are facing a problem, your first response should be to trust God (rely on Him). You can trust Him because you know that God has allowed the problem for a certain reason. Talk to God in prayer and tell Him your problems. As you trust God, He will give you peace, a calmness on the inside. Thank Him for working in your life to make you more like Jesus.



### THINK ABOUT IT!

Point out times you should trust God.

In good times

Never

In hard times

Always



### TALK TO GOD

Ask God to help you trust Him in the good times and the hard times. Ask Him to give you His peace.