



THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST

July 5, 2026 + 11:00 a.m.

TRINITY LOWER EAST SIDE LUTHERAN PARISH
in the City of New York

Welcome to worship!

We are so pleased to have you with us this morning for worship and we believe that your presence among us more fully completes our community.

Trinity Lower East Side Lutheran Parish is a congregation of the Evangelical Lutheran Church in America (ELCA), a denomination of 2.7 million members in 8,400 congregations who welcome people of all genders and sexual orientations into membership and ministry and are enthusiastically ecumenical. We are a Reconciling in Christ congregation that fully welcomes and affirms LGBTQIA+ people and works to erase all discrimination against them. We grieve over the systemic racism of our society and are committed to the work of dismantling it.

We welcome everyone into membership regardless of race, economic means, married/single status, sexual orientation, or gender expression and/or identity. Whoever you are, whatever your identities, whoever you love, and wherever you are on your journey of life and faith, you are welcome here!

Please silence all mobile devices. Two single-stall, all-gender restrooms are located in the Community Room on the first floor. A changing table for infants is available.

If you're visiting us this morning and would like to keep in touch,

- Add your name and contact information to the guest book on the Welcome Table at the sanctuary entrance.
- Follow us on social media:
 - Facebook: @TrinityLES
 - Youtube: @trinitylowereastsideluther2220 (including livestreams of worship)
 - Instagram: @TrinityLES.NYC
 - Follow our feeding ministry @TrinitySAFH on all platforms

Our Schedule:

Mon – Fri: 11:00am, Soup Kitchen; 12:30pm, Food Pantry
Mon: 7:00pm, “Valley of the Dolls” NA Group
Wed: 7:30pm, STP Creative Foundation
Thurs: 7:30pm, “Clean and Dry” AA Group
Sun: 11:00am, Worship Service
6:00pm “Unity” NA Group

Those Who Serve:

Pastor: The Rev. William Kroeze
(pastor@trinitylowereastside.org)
Pastoral Intern: Vicar Nicolas Paulson-Moe
(vicar@trinitylowereastside.org)
Pianist: Paul Staroba
Choir Director: Alex Lawrence
Administrator: Gillian Fox Orwoll
(office@trinitylowereastside.org)

Our Outreach:

To carry out our ministry of deed, Trinity LES has a separately incorporated non-profit program, **Trinity's Services And Food for the Homeless** (also known as SAFH, pronounced “safe”) which operates a soup kitchen, food pantry, and offers connections to other services. Between 150-250 meals are served each day, and around 30-40 families are given groceries from our pantry Monday through Friday. Volunteers are always needed. Visit safhnyc.org for more information.

Trinity Lower East Side Lutheran Parish is located on the original and ancestral homelands of the Mohican and Munsee Lenape peoples and we give thanks for their presence here since time immemorial. We also wish to recognize and honor all our Indigenous siblings who have and continue to call this land their home.

+ Gathering +

PRESERVICE MUSIC

Please stand at the ringing of the bell.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, + one God,
whose compassion endures forever.

Amen.

Let us confess our sin to God.

Silence is kept for reflection.

Compassionate God,
we confess to you all our sins.
Our burden is heavy, and we cannot free ourselves.
In your mercy, call us back to you.
Your yoke is easy and your burden is light.
Restore us to dwell in your peace.
In Christ's name we pray,
Amen.

Jesus says, "Come to me, all you who are weary
and are carrying heavy burdens, and I will give you rest."

In the name of God,
Father, † Son, and Holy Spirit,
your sins are forgiven.
Rest in God's love.

Amen.

GATHERING HYMN

I Heard the Voice of Jesus Say

ELW 661

GREETING

The grace of our Lord Jesus Christ | *La gracia de nuestro Señor Jesucristo*,
the Love of God | *el amor de Dios*,
and the communion of the Holy Spirit | *y la comunión del Espíritu Santo*
be with you all. | *sean con ustedes*.

And also with you. | *Y también contigo*.

HYMN OF PRAISE

Now the Feast and Celebration

Refrain



Now the feast and cel - e - bra - tion, all of cre - a - tion



sings for joy to the God of life and love and free - dom;



praise and glo - ry for - ev - er - more!



1 Now is the feast of the Lamb once slain, whose blood has



Refrain
freed and u - nit - ed us to be one great peo - ple of God.



2 Pow - er and rich - es, wis - dom and might, all hon - or and



Refrain
glo - ry to Christ for - ev - er.



3 For God has come to dwell with us, to make us peo - ple of



Refrain
God; to make all things new.

PRAYER OF THE DAY

Let us pray.

You are great, O God,

and greatly to be praised.

You have made us for yourself,

and our hearts are restless until they rest in you.

Grant that we may believe in you,

call upon you, know you, and serve you,

through your Son, Jesus Christ,

our Savior and Lord.

Amen.

+ Word +

FIRST READING

Zechariah 9:9-12

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
See, your king comes to you; triumphant
and victorious is he, humble and riding on
a donkey, on a colt, the foal of a donkey.

¹⁰ He will cut off the chariot from Ephraim
and the war horse from Jerusalem; and
the battle bow shall be cut off, and he
shall command peace to the nations; his

dominion shall be from sea to sea and
from the River to the ends of the earth.

¹¹ As for you also, because of the blood of
my covenant with you, I will set your
prisoners free from the waterless pit.

¹² Return to your stronghold, O prisoners
of hope; today I declare that I will restore
to you double.

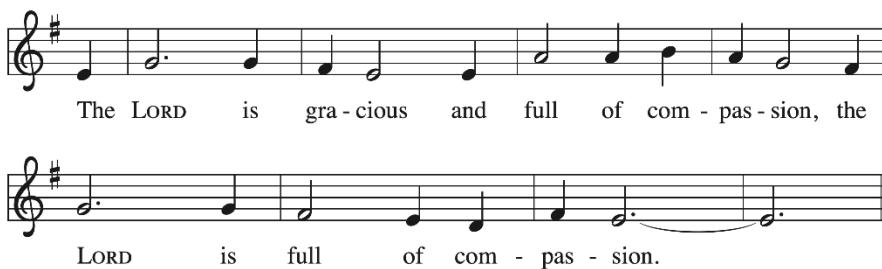
The word of the Lord.

Thanks be to God.

PSALM

Psalm 145:8-14

The psalm is said responsively.



The musical notation consists of two staves in G major (one sharp). The first staff contains the melody for the first line of text: "The LORD is gra-cious and full of com-pas-sion, the". The second staff contains the melody for the second line of text: "LORD is full of com-pas-sion." The melody is simple and suitable for congregational singing.

Psalm 145:8

Psalm refrain reproduced from *Psalter for Worship Year A* © 2007 Augsburg Fortress.
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The LORD is gracious and full | of compassion,
slow to anger and abounding in | steadfast love.

**LORD, you are | good to all,
and your compassion is over | all your works. Refrain**

All your works shall praise | you, O LORD,
and your faithful | ones shall bless you.

**They shall tell of the glory | of your kingdom
and speak | of your power,**

that all people may know | of your power
and the glorious splendor | of your kingdom.

Your kingdom is an everlasting kingdom; your dominion endures through- | out all ages.

You, LORD, are faithful in all your words, and loving in | all your works.

The Lord upholds all | those who fall
and lifts up those who | are bowed down. **Refrain**

SECOND READING

Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I who do it but sin that dwells within me. ¹⁸ For I know that the good does not dwell within me, that is, in my flesh. For the desire to do the good lies close at hand, but not the ability. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I who

do it but sin that dwells within me.

²¹ So I find it to be a law that, when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched person that I am! Who will rescue me from this body of death? ^{25a} Thanks be to God through Jesus Christ our Lord!

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

The assembly stands to welcome the Gospel.

The acclamation is sung before and after the reading of the Gospel.

Al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia.

The image shows two staves of musical notation for the Gospel Acclamation. Both staves are in the treble clef and the key of D major (indicated by two sharps). The melody is simple and repetitive, consisting of a series of eighth and quarter notes. The lyrics 'Al - le - lu - ia, al - le - lu - ia.' are written below each staff, with hyphens indicating the syllables of the words.

The holy gospel according to Saint Matthew.

Glory to you, O Lord.

“To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ¹⁷ ‘We played the flute for you, and you did not dance;

we wailed, and you did not mourn.’

¹⁸ ‘For John came neither eating nor drinking, and they say, ‘He has a demon’; ¹⁹ the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

²⁰ Then he began to reproach the cities in which most of his deeds of power had been done because they did not repent.

²¹ ‘Woe to you, Chorazin! Woe to you, Bethsaida! For if the deeds of power done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. ²² But I tell you, on the day of judgment it will be more tolerable for Tyre and Sidon than for you.

²³ And you, Capernaum, will you be exalted to heaven?

No, you will be brought down to Hades. ‘For if the deeds of power done in you had been done in Sodom, it would have remained until this day. ²⁴ But I tell you that on the day of judgment it will be more tolerable for the land of Sodom than for you.’

²⁵ At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

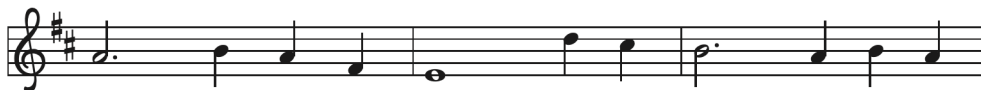
²⁸ ‘Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.’

The gospel of the Lord.

Praise to you, O Christ.



1 "Come to me, O wea - ry trav - 'ler; come to
 2 "Do not fear, my yoke is eas - y; do not
 3 "Take my yoke and leave your trou - bles; take my
 4 "Rest in me, O wea - ry trav - 'ler; rest in



me with your dis - tress; come to me, you heav - y -
 fear, my bur - den's light; do not fear the path be -
 yoke and come with me. Take my yoke, I am be -
 me and do not fear. Rest in me, my heart is



bur - dened; come to me and find your rest."
 fore you; do not run from me in fright."
 side you; take and learn hu - mil - i - ty."
 gen - tle; rest and cast a - way your care."

Text: Sylvia G. Dunstan, 1955–1993

Music: AUSTIN, William P. Rowan, b. 1951

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PRAYERS OF INTERCESSION

Trusting in God's steadfast love for all God has made, let us pray for the church, the world, and all of creation.

God our unity, your church flourishes in different languages, cultures, and movements. Grant us wisdom to discern when our yokes are too heavy, that we may live and serve in the freedom of your rest. God of grace, **receive our prayer.**

God our life-giver, we grieve the pains placed upon our common home through war and neglect. What you have lovingly crafted, guide us to lovingly tend. God of grace, **receive our prayer.**

God our freedom, you are no tyrant but bring peace. As this nation marks its declaration of independence, teach us our part in announcing peace for future generations.

God of grace,

receive our prayer.

God our comfort, liberate all in our community who are captive to fear, who have become isolated or ill, or who are in any need, especially those we name aloud before you now or in the silence of our hearts.

God of grace,

receive our prayer.

God our guide, we do not always have the strength to do the good we wish to do. Free us from the cycles of violence that bind us, that all know your liberation.

God of grace,

receive our prayer.

God our home, you model freedom through the love shared across communities of trust and goodwill. As we remember those now gone to eternal rest, we thank you for the gifts of life together. God of grace,

receive our prayer.

Grateful for your abundant provision and trusting in your goodness, we cast all our cares upon you, through the abundant grace of Christ Jesus.

Amen.

THE PEACE

The peace of Christ be with you always.

And also with you.

+ Meal +

OFFERING

An offering is collected to support the work of the church in our community and the world. Gifts may also be made online at www.trinitylowereastside.org/give as one-time or recurring contributions or on Venmo using the QR code.




venmo

AT THE PRESENTATION

As the people's gifts of bread, wine, and money are brought forward we stand to sing:


Refrain



As the grains of wheat once scat-tered on the hill were




gath-ered in - to one to be - come our bread; so may all your peo-ple from



all the ends of earth be gath-ered in - to one in you.

1 As this cup of bless-ing is shared with-in our midst,
2 Let this be a fore-taste of all that is to come when

Refrain



may we share the pres-ence of your love.
all cre - a - tion shares this feast with you.

OFFERING PRAYER

Let us pray.

Loving God,

we offer at your table the gifts of our hearts.

Help us take heart in you and share freely of your love,

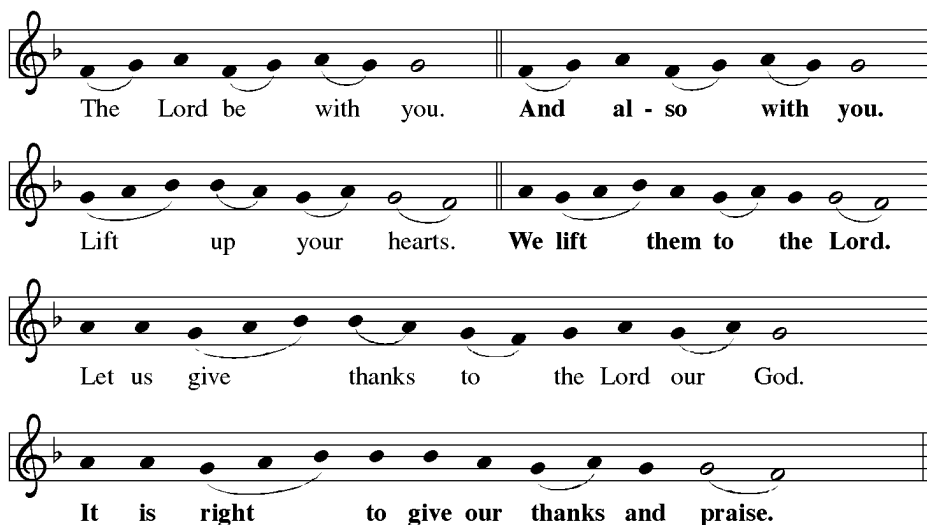
so that all creation can taste your abundance.

We ask this in the name of Jesus,

through the Spirit abiding with us now and forever.

Amen.

THE GREAT THANKSGIVING



The Lord be with you. And al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy... *here the presiding minister continues the Proper Preface, concluding ... we praise your name, and join their unending hymn:*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
 might, heav - en and earth are full of your glo - ry. Ho -
 san - na in the high - est, ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

Holy, mighty, and merciful Lord, heaven and earth are full of your glory.
 In great love you sent to us Jesus, your Son,
 who reached out to heal the sick and suffering,
 who preached good news to the poor,
 and who, on the cross, opened his arms to all.

In the night in which he was betrayed,
 our Lord Jesus took bread, and gave thanks;
 broke it, and gave it to his disciples, saying:
 Take and eat; this is my body, given for you.
 Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
 and gave it for all to drink, saying:
 This cup is the new covenant in my blood,
 shed for you and for all people for the forgiveness of sin.
 Do this for the remembrance of me.

Remembering, therefore, his death, resurrection, and ascension,
 we await his coming in glory.

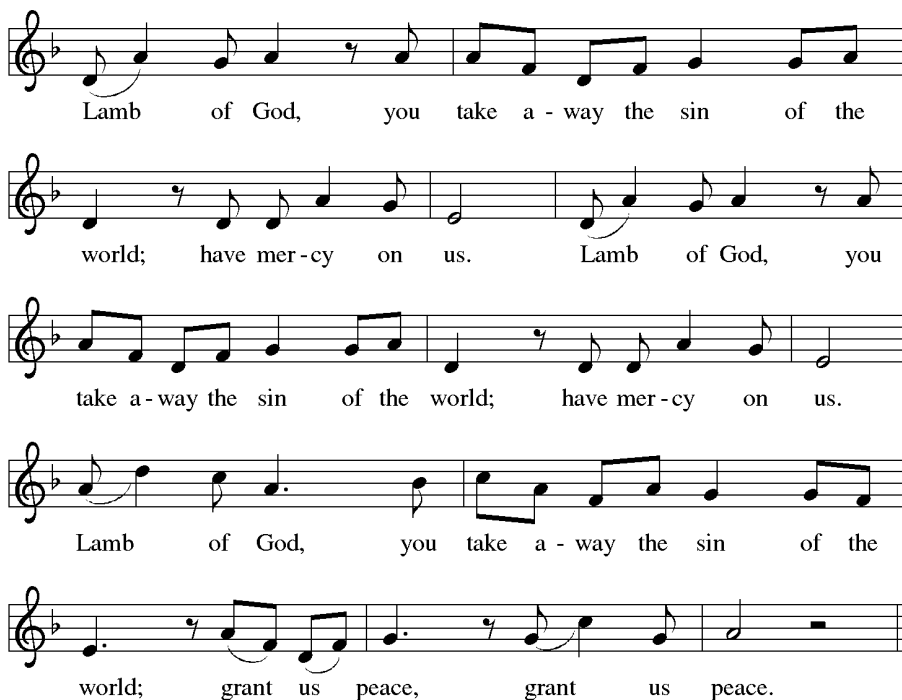
Pour out upon us the Spirit of your love, O Lord,
and unite the wills of all who share this heavenly food,
the body and blood of Jesus Christ, our Lord;
to whom, with you and the Holy Spirit,
be all honor and glory, now and forever.
Amen.

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

**Padre nuestro que estás en el cielo,
santificado sea tu nombre.
Venga tu reino.
Hágase tu voluntad en la tierra
como en el cielo.
Danos hoy nuestro pan de cada día.
Perdona nuestras ofensas
como también nosotros
perdonamos a los que nos ofenden.
No nos dejes caer en tentación
y líbranos del mal.
Porque tuyo es el reino,
tuyo es el poder y tuya es la gloria, ahora
y siempre. Amén.**

LAMB OF GOD



Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you
take a - way the sin of the world; have mer - cy on us.
Lamb of God, you take a - way the sin of the
world; grant us peace, grant us peace.

INVITATION TO COMMUNION

Heaven has come near.
Come, share in the feast!

COMMUNION

All are welcome at Christ's table to receive communion. Wafers are low gluten. The silver chalice contains wine and the ceramic chalice contains grape juice. During Communion the assembly sings:

1 I'm a-goin'-a eat at the wel-come ta - ble,
 2 I'm a-goin'-a feast on milk . . . and hon - ey,
 3 I'm a-goin'-a wade 'cross Jor - dan's riv - er,

I'm a-goin'-a eat at the wel-come ta - ble, some of these days.
 I'm a-goin'-a feast on milk . . . and hon-ey, some of these days.
 I'm a-goin'-a wade 'cross Jor - dan's riv - er, some of these days.

I'm a-goin'-a eat at the wel-come ta - ble,
 I'm a-goin'-a feast on milk . . . and hon - ey,
 I'm a-goin'-a wade 'cross Jor - dan's riv - er,

I'm goin' - a eat at the wel-come ta - ble, some of these days.
 I'm goin' - a feast on milk . . . and hon-ey, some of these days.
 I'm goin' - a wade 'cross Jor - dan's riv - er, some of these days.

Text: African American spiritual

Music: WELCOME TABLE, African American spiritual; arr. Mark Hayes, b. 1953

Arr. © 2003 Augsburg Fortress

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POST-COMMUNION BLESSING

May the body and blood of Christ strengthen you and keep you in God's grace.

Amen.

PRAYER AFTER COMMUNION

Let us pray.

Compassionate God,

through the gifts of bread and wine

our hearts are filled with the abundance of your love.

Strengthen us that we, through this holy meal,

may share your love freely, as you have shared with us.

We ask this in the name of Jesus,

through the Spirit nourishing us now and forever.

Amen.

+ Sending +

BENEDICTION

The Lord bless you and keep you.

The Lord's face shine on you with grace and mercy.

The Lord look upon you with favor and + give you peace.

Amen.

SENDING HYMN

Lord of All Hopefulness

ELW 765

DISMISSAL

Go in peace. Christ is with you.

Thanks be to God.

PARISH ANNOUNCEMENTS

EMPOWER HOUR ON FIRST & THIRD SUNDAYS (JULY 5 & 19)

Empower Hour continues! Empower Hour is a gathering for the spiritual practice of activism, a time to be in community focused on the intersection of Spirit and justice. We'll meet 4 more times in the sanctuary after worship through the end of July, on the dates given above.

If you can't make it in person but would like to attend on Zoom, you can use the QR code to access the Zoom link.



JOINING SOLIDARITY FAST WITH THE EPISCOPAL DIOCESE OF NEW YORK

Trinity is joining our ecumenical partners at St. Mark's Church-in-the-Bowery and the Episcopal Diocese of New York in a solidarity fast alongside hunger strikers detained at Delaney Hall and their families. Specifically, the diocese is inviting folks to donate the amount you would spend on food in one day to the families of those who are detained.

Donations will go to family members whose lives have been devastated by having a loved one (sometimes a breadwinner) detained. The families have asked for support for groceries, rent, and other basic needs.

You can donate at the QR code to the right.



