

TRINITY LOWER EAST SIDE LUTHERAN PARISH



THE THIRD SUNDAY IN LENT  
MARCH 08, 2026 + 11:00 A.M.

# Welcome to worship!

We are so pleased to have you with us this morning for worship, and we believe that your presence among us more fully completes our community.

Trinity Lower East Side Lutheran Parish is a congregation of the Evangelical Lutheran Church in America (ELCA), a denomination of 2.7 million members in 8,400 congregations who welcome people of all genders and sexual orientations into membership and ministry and are enthusiastically ecumenical. We are a Reconciling in Christ congregation that fully welcomes and affirms LGBTQIA+ people and works to erase all discrimination against them. We grieve over the systemic racism of our society and are committed to the work of dismantling it.

We welcome everyone into membership regardless of race, economic means, married/single status, sexual orientation, or gender expression and/or identity. Whoever you are, whatever your identities, whoever you love, and wherever you are on your journey of life and faith, you are welcome here!

Please silence all mobile devices. Two single stall, all-gender restrooms are located in the Community Room on the first floor. A changing table for infants is available.

If you're visiting us this morning and would like to keep in touch,

- Add your name and contact information to the guest book on the Welcome Table at the sanctuary entrance.
- Follow us on social media:
  - Facebook: @TrinityLES
  - Youtube: @trinitylowereastsideluther2220 (including livestreams of worship)
  - Instagram: @TrinityLES.NYC
  - Follow our feeding ministry @TrinitySAFH on all platforms

## **Our Schedule:**

Mon – Fri: 11:00am, Soup Kitchen; 12:30pm, Food Pantry  
Mon: 7:00pm, “Valley of the Dolls” NA Group  
Wed: 7:30pm, STP Creative Foundation  
Thurs: 7:30pm, “Clean and Dry” AA Group  
Sun: 11:00am, Worship Service  
6:00pm “Unity” NA Group

## **Those Who Serve:**

Pastor: The Rev. William Kroeze  
(pastor@trinitylowereastside.org)  
Pastoral Intern: Vicar Nicolas Paulson-Moe  
(vicar@trinitylowereastside.org)  
Pianist: Paul Staroba  
Choir Director: Alex Lawrence  
Administrator: Gillian Fox Orwoll  
(office@trinitylowereastside.org)

## **Our Outreach:**

To carry out our ministry of deed, Trinity LES has a separately incorporated non-profit program, **Trinity's Services And Food for the Homeless** (also known as SAFH, pronounced “safe”) which operates a soup kitchen, food pantry, and offers connections to other services. Between 150-250 meals are served each day, and around 30-40 families are given groceries from our pantry Monday through Friday. Volunteers are always needed. Visit [safhnyc.org](http://safhnyc.org) for more information.

## + Gathering +

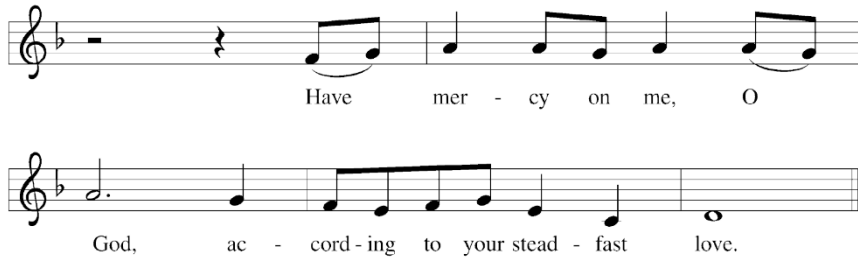
### PRESERVICE MUSIC

*Please stand at the ringing of the bell*

### PRAYER OF LAMENT

Gracious God, by day and night we pour out our prayer to you.  
We are crying out for justice, yearning for what is right, longing for your peace.  
Come quickly to help us, O God; save those who call upon your name.

*The assembly sings this refrain, and continues humming the final note as the Presider continues:*



Have mer - cy on me, O  
God, ac - cord - ing to your stead - fast love.

The image shows two lines of musical notation in G major (one sharp) and 4/4 time. The first line contains the melody for the words "Have mercy on me, O". The second line contains the melody for "God, according to your steadfast love." The final note of the second line is a whole note, which is indicated to be hummed as the presider continues.

We are surrounded by hateful violence and senseless killing...  
We feel the suffering, sorrow, and shame of the oppressed...  
In the midst of plenty, your children cry out for bread...  
We fear that justice will again be delayed or denied...  
We see your creation destroyed by carelessness and greed...  
We recognize patterns of privilege and systems of discrimination...

### ***The refrain is sung***

Gracious God, keep us working and praying for the day when your justice will roll down like waters, and your righteousness like an ever-flowing stream.  
Replenish our strength and stir up our hope as we look for signs of your coming reign. And fill us with the peace that passes understanding – the deep peace of Jesus Christ our Savior, in whose holy name we pray.

### ***The refrain is sung***

## GREETING

The grace of our Lord Jesus Christ | *La gracia de nuestro Señor Jesucristo*,  
 the Love of God | *el amor de Dios*,  
 and the communion of the Holy Spirit | *y la comunión del Espíritu Santo*  
 be with you all. | *sean con ustedes*.

**And also with you. | *Y también contigo*.**

## KYRIE

*Refrain sung by all, verse sung by soloist.*

Lord have mer - cy Christ have mer - cy; Lord have mer - cy

on us; Lord have mer - cy; Christ have mer - cy;

Lord have mer - cy on us.

## Verse 1:

In a world that's broken, we pray for peace that's lasting.  
 For the strength to care for the hungry and the poor.  
 Let us band together with truth and grace and justice,  
 In unity of spirit, we lift to you in prayer...

## Verse 2:

We pray your holy spirit, may bring our lives abundance  
 That we may feel your nearness in our work, our rest, our play.  
 For your watchful presence over family, friends, and neighbors.  
 With a loving spirit, we lift to you in prayer...

## Verse 3:

Bless this holy dwelling and all who come to worship.  
 May we receive your guidance in the water and the Word.  
 Let us all be nourished by your precious blood and body.  
 With a reverent spirit, we lift to you in prayer...

## PRAYER OF THE DAY

Let us pray.

Merciful God, the fountain of living water,  
you quench our thirst and wash away our sin.

Give us this water always.

Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and forever.

**Amen**

+ Word +

## FIRST READING

Exodus 17:1-7

**F**rom the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. <sup>2</sup> The people quarreled with Moses and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” <sup>3</sup> But the people thirsted there for water, and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” <sup>4</sup> So Moses cried out to the

LORD, “What shall I do for this people? They are almost ready to stone me.” <sup>5</sup> The LORD said to Moses, “Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. <sup>6</sup> I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. <sup>7</sup> He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

The word of the Lord.

**Thanks be to God.**

## PSALM

## Psalm 121

The refrain is sung first by the cantor, then by all.

The verses are sung responsively.



Let us shout for joy to the rock of our sal - va - tion.

Psalm 95:1

Psalm refrain reproduced from *Psalter for Worship Year A* © 2007 Augsburg Fortress.

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Come, let us sing | to the LORD;

let us shout for joy to the rock of | our salvation.

**Let us come before God's presence | with thanksgiving  
and raise a loud shout to the | LORD with psalms.**

For you, LORD, | are a great God,  
and a great ruler a- | bove all gods.

**In your hand are the caverns | of the earth;  
the heights of the hills are | also yours.**

The sea is yours, | for you made it,  
and your hands have molded | the dry land.

**Come, let us worship | and bow down,  
let us kneel before the | LORD our maker. Refrain**

For the LORD is our God, and we are the people of God's pasture and the sheep | of God's hand.

Oh, that today you would | hear God's voice!

**"Harden | not your hearts,  
as at Meribah, as on that day at Massah | in the desert.**

There your ancestors | tested me,  
they put me to the test, though they had | seen my works.

**Forty years I loathed that gener- | ation, saying,  
'The heart of this people goes astray; they do not | know my ways.'**

Indeed I swore | in my anger,  
'They shall never come | to my rest.' " **Refrain**

## SECOND READING

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup>through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. <sup>3</sup>And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, <sup>4</sup>and endurance produces character, and character produces hope, <sup>5</sup>and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

<sup>6</sup>For while we were still weak, at the right time Christ died for the ungodly.

The word of the Lord.

**Thanks be to God.**

<sup>7</sup>Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. <sup>8</sup>But God proves his love for us in that while we still were sinners Christ died for us. <sup>9</sup>Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God. <sup>10</sup>For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. <sup>11</sup>But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.



# GOSPEL ACCLAMATION

The assembly stands to welcome the Gospel.

The acclamation is sung before and after the reading of the Gospel.

Oh, God we are turn - ing, turn - ing to hear you,  
show us your mer - cy and kind - ness  
Slow to an - ger and rich in bless - ing, your  
love leads us out of the dark - ness. Oh,  
Je - sus we turn to you.



The holy gospel according to Saint John.  
**Glory to you, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.<sup>6</sup> Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

<sup>7</sup> A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."<sup>8</sup> (His disciples had gone to the city to buy food.)<sup>9</sup> The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)<sup>10</sup> Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."<sup>11</sup> The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?"<sup>12</sup> Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?"<sup>13</sup> Jesus said to her, "Everyone who drinks of this water will be thirsty again,<sup>14</sup> but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."<sup>15</sup> The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

<sup>16</sup> Jesus said to her, "Go, call your husband, and come back."<sup>17</sup> The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,'<sup>18</sup> for you have had five husbands, and the one you have now is not your husband. What you have said is true!"<sup>19</sup> The woman said to him, "Sir, I see that you are a prophet."<sup>20</sup> Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."<sup>21</sup> Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.<sup>22</sup> You worship what you do not know; we worship what we know, for salvation is from the Jews.<sup>23</sup> But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.<sup>24</sup> God is spirit, and those who worship him must worship in spirit and truth."<sup>25</sup> The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us."<sup>26</sup> Jesus said to her, "I am he, the one who is speaking to you."

<sup>27</sup> Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking

with her?”<sup>28</sup> Then the woman left her water jar and went back to the city. She said to the people,<sup>29</sup> “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?”<sup>30</sup> They left the city and were on their way to him.

<sup>31</sup> Meanwhile the disciples were urging him, “Rabbi, eat something.”<sup>32</sup> But he said to them, “I have food to eat that you do not know about.”<sup>33</sup> So the disciples said to one another, “Surely no one has brought him something to eat?”<sup>34</sup> Jesus said to them, “My food is to do the will of him who sent me and to complete his work.<sup>35</sup> Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting.<sup>36</sup> The reaper is already receiving wages and is

gathering fruit for eternal life, so that sower and reaper may rejoice together.<sup>37</sup> For here the saying holds true, ‘One sows and another reaps.’<sup>38</sup> I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

<sup>39</sup> Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.”<sup>40</sup> So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days.<sup>41</sup> And many more believed because of his word.<sup>42</sup> They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The gospel of the Lord.  
**Praise to you, O Christ.**

## **SERMON**

*Vicar Deivis Ventura*

*A period of silence for reflection follows introduced and concluded by the ringing of a bell.*

## **HYMN OF THE DAY**

Come to Me, All Pilgrims Thirsty

**ELW 777**

## PRAYERS OF INTERCESSION

Reconciled by God's mercy and sustained by God's presence, let us pray for the world and its needs.

The following response is sung throughout the prayers as indicated:



Ya - ra - bba ssa - la - mi am - ter a - lay - na ssa - lam,  
Let your peace rain up - on us, O liv - ing God of . . . peace.



ya - ra - bba ssa - la - mi im la' qu - lu - ba - na ssa - lam.  
Let your peace rain up - on us, Lord, fill our hearts . . with your peace.

O God, when suffering arises, preserve your church. Give to pastors, deacons, bishops, and all servants of your gospel the endurance that produces character and the hope that will never disappoint.

When the waters run dry, sustain this earth. Send water to places languishing with drought, and bring relief to places damaged by floods.

When quarrels ensue, soften our hearts. Quell hostilities between nations and peoples, and reconcile all humans across the lines of race, class, nationality, moral conviction, religion, and all else that divides or oppresses. **Response**

When your people thirst, satisfy their needs. Send water and food to all who need nourishment. Grant welcome to all who are excluded. Show your mercy to any in need, especially those we name aloud before you now or in the silence of our hearts.

When we gather to worship, send us your Spirit. Renew our hearts through the joyful noise we make and bless the work of our church musicians and musical ensembles.

O God, when death draws near, we rejoice in the promise of life with you. We remember all who have entered eternal rest, and we pray that you bring us the hope of sharing in your glory. **Response**

Receive our prayers, O God, through Jesus Christ, our strength and salvation.  
Amen.

## THE PEACE

The peace of Christ be with you always.  
And also with you.

+ Meal +

## OFFERING

*An offering is collected to support the work of the church in our community and the world. Gifts may also be made online at [www.trinitylowereastside.org/give](http://www.trinitylowereastside.org/give) as one-time or recurring contributions or on Venmo using the QR code.*

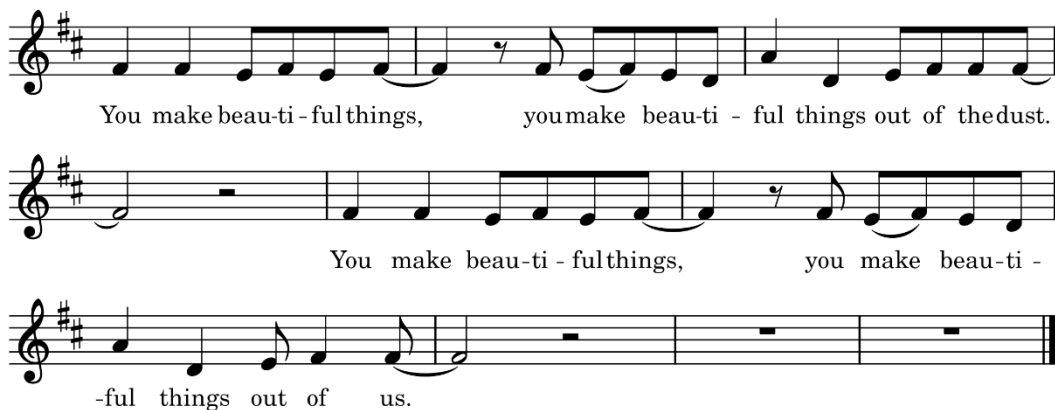


**venmo**

## AT THE PRESENTATION

## Beautiful Things

ACS 925



You make beau-ti - ful things, you make beau-ti - ful things out of the dust.  
You make beau-ti - ful things, you make beau-ti -  
-ful things out of us.

## OFFERING PRAYER

Let us pray.

O God, maker of heaven and earth,  
your steadfast love embraces all creation.

You send rain and sunshine to nourish the earth  
and bring forth its bounty.

Through these gifts of bread and wine,  
draw us into the death and life of your Son,  
who calls us to bear witness to his saving work.

We ask this in Jesus' name.

**Amen.**

## THE GREAT THANKSGIVING



♩ The Lord be with you. ♪ And al - so with you.



♩ Lift up your hearts. ♪ We lift them to the Lord.



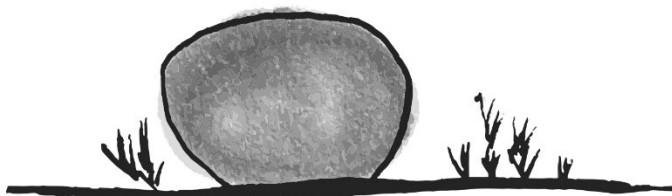
♩ Let us give thanks to the Lord our God.



♪ It is right to give our thanks and praise.

It is indeed right, our duty and our joy... Here the presiding minister continues with the preface for the day, concluding: ... we praise your name and join their unending hymn:

Ho - ly, ho - ly, ho - ly Lord,  
Lord God of pow'r and might, heav-en and earth are  
full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed, bless - ed is he who comes in the name of the  
Lord. Ho - san - na in the high - est.



The presiding minister continues the Eucharistic Prayer, which includes the following responses:

... with this bread and cup we remember our Lord's passover from death to life as we proclaim the mystery of faith:



☐ Christ has died. Christ is ris - en.  
Christ will come a - gain.

... Grace our table with your presence. **Come, Holy Spirit.**

... Send us forth, burning with justice, peace, and love. **Come, Holy Spirit.**

... We praise you, O God, blessed and Holy Trinity, now and forever.



☐ A - men, a - men, a - men.

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

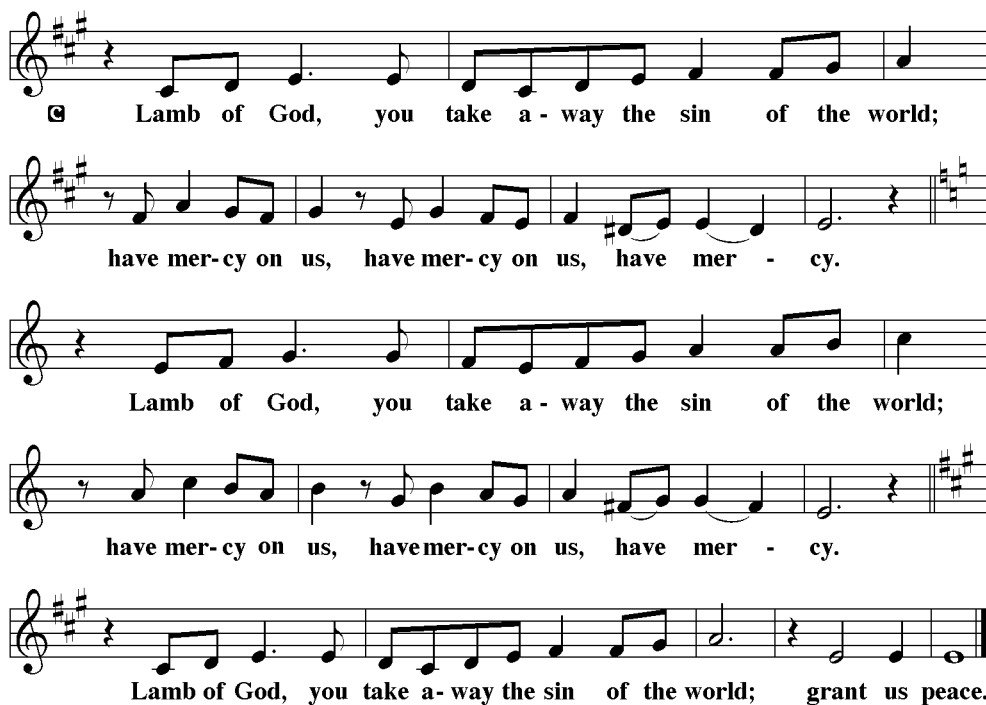
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Padre nuestro que estás en el cielo,  
santificado sea tu nombre.  
Venga tu reino.  
Hágase tu voluntad en la tierra  
como en el cielo.

Danos hoy nuestro pan de cada día.  
Perdona nuestras ofensas  
como también nosotros  
perdonamos a los que nos ofenden.  
No nos dejes caer en tentación  
y líbranos del mal.

Porque tuyo es el reino,  
tuyo es el poder y tuya es la gloria, ahora  
y siempre. Amén.

## LAMB OF GOD



Lamb of God, you take a - way the sin of the world;  
have mer-cy on us, have mer-cy on us, have mer - cy.  
Lamb of God, you take a - way the sin of the world;  
have mer-cy on us, have mer-cy on us, have mer - cy.  
Lamb of God, you take a - way the sin of the world; grant us peace.

## INVITATION TO COMMUNION

Come to the table.  
Feast on God's goodness and mercy.

## COMMUNION

*All are welcome at Christ's table to receive communion. Wafers are low gluten. The silver chalice contains wine and the ceramic chalice contains grape juice. During Communion the assembly sings:*

## COMMUNION HYMN

Soul, Adorn Yourself with Gladness

ELW 489

## **POST-COMMUNION BLESSING**

May the body and blood of Christ strengthen you and keep you in God's grace.

**Amen.**

## **PRAYER AFTER COMMUNION**

Let us pray.

God of our salvation,

we give you thanks for this meal that restores our souls,  
reconciles us to you, and strengthens us for the journey.

Through the body and blood of your Son,

may we become Christ's body in the world,

bearing witness to your love for all creation,

through Jesus Christ, our Savior and Lord.

**Amen.**

+ Sending +

## **BENEDICTION**

Receive the blessing of the holy Trinity:

God, who calls all things into existence,

Jesus Christ, who redeems us,

and the Holy Spirit, whose breath sustains creation,

+ bless you now and always.

**Amen.**

## **SENDING HYMN**

Jesus is a Rock

**ELW 333**

## **DISMISSAL**

Go in peace. Christ journeys with you.

**Thanks be to God.**

# PARISH ANNOUNCEMENTS

## EASTER FLOWER DEDICATIONS



Help enrich our experience of the joy of Christ's Resurrection this Easter with contributions toward our flowers and decorations. Contributions may be made in memory of loved ones who have died, or in honor of an individual, family, or cause. Access the dedication form using the QR code to the left.

## UPCOMING SUNDAY SCHOOL DATES

We're thrilled to welcome our kids back from Christmas break for Sunday School TODAY!

Upcoming Sunday School sessions through the end of the year are:

- March 8, March 22, April 12, April 26, May 10, May 24, June 7

## FOOD AND FAITH: LENTEN SMALL GROUPS, WEDNESDAYS IN LENT AT 7:00 PM

Across cultures and religious traditions, humans have long recognized the powerful intersection of food, community, and spirituality. This small group will explore the place of food in scripture and the ministry of Jesus; the ways food builds community and erases divisions; and how food can be justly and equitably produced and distributed.

Led by Pastor Will Kroeze and Vicar Nick Paulson-Moe, with special guests. Followed by Evening Prayer at 8:00pm.

## LITURGICAL ILLUSTRATIONS FOR LENT BY JOSH BRENNAN

Throughout the season of Lent, parishioner Josh Brennan will be creating liturgical illustrations for each week's bulletin, with his interpretations of the meaning of each day's scriptural images. We're grateful for Josh offering his creativity in this way, and hope that these images will be meaningful for you in your Lenten journey!

## TRINITY TALENT SHOW – MARCH 15

Trinity is a congregation that is gifted with talent, and we want to give you a chance to shine. Talents of all levels and all kinds are welcome! Singing, gymnastics, poetry, dance, juggling, playing an instrument, art you've created, hula hoops, science projects, lip syncs, impressions, and on and on. There is no competition; this is just to share our gifts and have fun. March 15th, immediately after worship. If you'd like a spot, speak to or email Alex ([alex@trinitylowereastside.org](mailto:alex@trinitylowereastside.org))

*Trinity Lower East Side Lutheran Parish is located on the original and ancestral homelands of the Mohican and Munsee Lenape peoples, and we give thanks for their presence here since time immemorial. We also wish to recognize and honor all our Indigenous siblings who have and continue to call this land their home.*