A WORD FROM YOUR Pastor

Give Thanks to the Lord

Every year I take a moment to look back on what all happened in our church the previous year. Here are some of the highlights from 2017 for which I give thanks to the Lord:

We had 21 baptisms in 2017! That’s the most we’ve had in nine years. What’s more, five of those baptisms were adults, which is tied with 1984 for the most ever in a year at St. Luke’s!

Over the summer, we hired Celeste Koscik to be our new Young Family Ministry Director. It’s great to have her back on staff, and now with 10+ years of experience at larger churches!

In the fall, we hired MJ Cornelius as our Community Bridge Builder. She came with a background in helping churches connect to their community, and we’re already taking steps forward with new community partnerships!

We saw a 37% increase in PreK-4th grade Sunday School attendance in the fall. This is an area we are focused on as a church, and it’s encouraging to see this growth.

We completed many facility projects, including adding lighting in our sanctuary, reworking our organ console, installing security cameras, and replacing flooring and A/C units in our early childhood school building.

We reduced our debt by over $275,000! This leaves us with $428,377 in debt, and puts us on pace to be debt-free by 2020.

Hiring a Community Bridge Builder, adding lighting, working on our organ, and reducing our debt were all key parts of our 2020 Vision Campaign, and it’s wonderful to see those goals accomplished in 2017!

As we look forward to 2018, we pray for God’s continued blessing as we take the next steps to live out our 2020 Vision:

“Embracing our neighbors with unexpected love, St. Luke’s exists to bring the hope and healing of Jesus to everyday life.”

Thank you God!

Pastor Luke
Words on Worship

“You Ran to Me”
~ Kip Fox ~

“I stayed away in shame, You ran to me
I wandered back afraid, You ran to me
I looked at You amazed, You ran to me
Your love had never changed, You ran to me”

“Perfect Love” by Leeland

We sang a new song at the 10:30 service this past month that I think paints a refreshing picture of the gospel. These lines above refer to the story of the Prodigal Son (Luke 15:11-32). Many songs we see and hear about God today tend to have language about us coming to him, running to him, bowing before him, etc. While we certainly come to God with our cares and concerns, our prayers and our praise, the power of the gospel comes in knowing and acknowledging that God comes to us first! God is pursuing us, every day, every hour. By His Holy Spirit, He is turning our hearts to Him. We don’t have to be afraid that our Father is ashamed of us. He is like a good father who wants nothing more than for his sons and daughters to know they are loved unconditionally. This kind of love that runs to us, that pursues us, that never changes, is so great that only God can give it. It’s a perfect love. I encourage you to look up and listen to this song if you can!

Friday – Sunday, March 2nd-4th
5th ANNUAL
LOVE OUR CITY!

There will be opportunities for all ages and all skill sets. Please join us as we reach out to the community and embrace them with our love and the powerful hope of Jesus. Below are just some of the organizations we hope to serve that weekend and we invite you to sign up beginning on Sunday, February 11th. There will be a limited number of slots at each event so sign up early!

AZ Brain Food
City of Mesa
Feed My Starving Children
Helen’s Hope Chest
House of Refuge
Porter Elementary
The Salvation Army
United Blood Service

Father, show us the gifts and talents you have given us. Let us learn to use them for Your glory.

1 Peter 4:10

New Adult Bible Study
starting February 18th
at 9:30am
in the Fellowship Room

A seven-session DVD study led by Joanna Parks

The source of radical generosity is a heart that has been transformed by the grace of God. Flowing from that center, God’s grace can change every area of your life — your relationships, ministry, stewardship, even your use of power. This series, combining talks by Timothy Keller with studies based on the Gospel of Luke, reveals how the dynamic of a generous heart can change your life.
Midweek Lenten Services
10:00am & 7:00pm
Ash Wednesday/Communion ~ Feb. 14
Feb. 21, 28, March 7, 14, 21
(Supper served at 6:00pm)

Groups or individuals are needed to provide meals for Wednesdays in Lent. Sign up at Info Center in lobby of church.

Contact Kim Cramer

Lenten Suppers

100 years of bringing Christ to the Nations and the Nations to the Church

Grand Canyon District Rally
February 10th, 2018 ~ 9am-3pm!!
Life in Christ Lutheran Church,
14802 N 75th Ave., Peoria, AZ

Paraguay Presentation
Presentation by J. Lampe
(from Bible Museum)

Musical Concert: Dr. Jesse McGuire
(International Emmy Award Wining Musician)

To register/RSVP
Sharon Kolanowski
kolanosm@q.com/785.366.6701

State Tax Credits
You can direct your Arizona tax dollars to Lutheran Schools through the Arizona Lutheran Scholarship Organization (ALSO). Simply donate at www.ALSOsto.org. You can also help support Habitat for Humanity by making your check payable to Habitat for Humanity Central Arizona and put “St. Luke Lutheran Church — Lutherans Building for Christ” in the memo line and place in offering. Grab a flyer at the Information Center to learn more about both of these tax credits.
We’re still at the beginning of this new year, but chances are good that you and your family are starting to think about your summer schedule. Will you go on vacation? Will your kids attend a sports camp? Will you spend hours at the pool? Whatever your plans are, make sure that you mark your calendars now for June 3rd-5th (Sunday-Tuesday)! All are welcome at St. Luke’s family camping trip at Woods Canyon Lake, just under 2 hours away from Mesa. We all need a break from the heat by that time of year, and this will be a great way to grow in friendship with others from our congregation.

**Who:** All ages are welcome! Grandparents, young adults, families with kids and teens, extended family and friends are all invited.

**What:** Tent camping, fellowship and fun in God’s creation, including swimming, fishing, paddle boat rentals, easy hiking, amazing mountain views, worship/devotion time, and cooler temperatures!

**When:** June 3rd-5th (Sunday early afternoon through Tuesday early afternoon)

**Where:** Woods Canyon Lake campground, about 30 miles east of Payson. We have reserved a large private campground for our group, so we’ll have privacy yet also easy access to the lake.

**How Much:** $50 per family. This includes dinner on Sunday night; other meals are on your own.

**How Do I Sign Up?** Email Celeste Koscik at celeste.koscik@stlukemesa.com to register! Spots are limited!

INTRODUCING CAREPORTAL

There are currently over 16,000 children in the foster care system in Arizona. If you stop for a moment and think about that number, I’m sure you will find it staggering. Child welfare workers are overwhelmed daily by the needs of children and families in crisis. CarePortal’s mission is to bridge the gap between these children in need, and churches who want to help. CarePortal has been around for a few years, but was only recently launched in Mesa. St. Luke’s is now an active church within their system, and we are excited to begin reaching out to help meet the needs of foster families in our area.

**How does it work?**

When a child welfare worker recognizes a specific need in a foster family, they submit a request through CarePortal’s system and if that family is within 15 miles of St. Luke’s, we will be notified via email and have the opportunity to respond. If we currently have the ability and resources to meet the need, whether it is for a crib, a couch, diapers, food, or even help with household tasks, we will respond accordingly and deliver the item or complete the task in the timeframe specified. At the time of delivery, there may be an opportunity to offer additional guidance or support for these struggling families. We will offer to pray with them and for them, and hopefully begin a relationship that may be life-altering for them. At the very least, simply providing whatever it is that they need at the particular time exemplifies our 20/20 Vision of “Embracing our neighbors with unexpected love.”

**What can you do?**

First and foremost, pray that this program will be a meaningful ministry for St. Luke’s and that by meeting some of the needs of hurting families in our area we will look more like the Church. If you have a heart to serve, and this in any way feels like a ministry that you would like to support, there will be several ways you can help:

1. Consider enlisting your small group.
2. Agree to be part of the email notification when needs are identified in our area to see if you may have a requested item.
3. Be part of a team that delivers items or completes tasks for the families.

We are very excited to launch this ministry and in the upcoming weeks you will be hearing much more about this partnership. Joe Mason, CarePortal Regional Manager, will be joining us on Sunday morning, February 11th, to provide in-depth information and specifics about how you can get involved. In the meantime, I encourage you to visit CarePortal.org and read stories of how this community of caring churches is bringing “the hope and healing of Jesus to everyday life” for neighborhood families in crisis.
Church BBQ
Sunday, Feb. 11
11:30am-1:00pm
All ages are welcome for food, fellowship, and fun!

• pulled pork sliders
• lawn games
• bounce houses
The 4 Best Tips for Healthy Aging – Start the year off with a change

There are several kinds of wellness — seniors have not only their physical health to care for, but also their mental, social, financial, and spiritual health. If wellness in one or several of those areas is lacking, a person suffers. And suffering is ultimately what causes a person to lose his or her positive outlook on life.

1. **Stay curious. Keep learning.**

The brain is a tremendous machine. It isn't static; it can change, rewire, and adapt itself to new stimuli over the entire course of one's life. That's a concept called neuroplasticity. What does that have to do with healthy aging?

Simply this: there's a strong body of evidence that people who continue to challenge their brains with new learning, new experiences, new social situations, and the like may be able (to a certain extent) to prevent Alzheimer's disease, early-onset dementia, and other cognitive disorders.

The supposition is that people who provide their brains with a steady stream of new stimuli over the course of their lives trigger the neuroplasticity effect; in a sense, they force their brains to continually remodel and refurbish themselves, keep them, from a biological standpoint, "younger" and less susceptible to cognitive degeneration.

Conversely, if this hypothesis is indeed correct, sitting in front of the TV all day and rarely doing anything new or exciting could actually cause your brain to "rot," just like your mother warned you it would.

2. **Exercise regularly.**

Again, the pantheon of brain stimuli doesn't just include reading books, taking lifelong learning classes, or travelling. It also includes physical activity.

The brain is your body's central computer — it tells your muscles when to move, it coordinates their movements, it maintains your senses of balance and spatial relation, and it regulates your autonomic functions (breathing, heartbeat, endocrine and excretory processes, etc.).

If you stay physically active, you're constantly challenging the brain to maintain its ability to perform all those functions. It's a bit like sending test signals down a computer's circuit pathway, to keep it primed and ready for when it's really needed. And, we know that just like seniors who engage in lifelong learning, people who continue to exercise as they age keep themselves not only in good physical condition, but reduce their chances of developing early memory loss.

So, give yourself enough time to get good sleep every night. Wake up, have an egg white sandwich and some OJ. Then, devote 30 minutes to an hour a day to performing some sort of exercise. And vary the exercises you perform. Don't walk every day — walk on Monday, swim on Tuesday, do some light weight training on Wednesday, shoot hoops or play racquetball on Thursday. The more you vary your exercise, the less boring and routine it will be, and the more it will challenge your brain.

3. **Get the right nutrition.**

The body really is a temple. A temple you need. And if you allow it to fall into disrepair, you're not living well.

A significant component of healthy aging is giving your body the right building materials to maintain itself. As we age, it naturally becomes more difficult for your body to perform its cellular self-maintenance, so make things as easy as possible: eat right.

Eat a broad variety of fresh fruits and vegetables. Stick to healthy proteins like poached egg whites, grilled fish and shrimp, baked skinless chicken and, once in a while, well-trimmed cuts of lean beef. Eat a cup of yogurt or drink a glass of fortified 1% milk every day.

To give yourself more variety, mix in healthy plant-based proteins: nuts and seeds, seitan, tofu, jackfruit, and soy, rice, or cashew milk.

4. **Don't try to live like an ascetic.**

Remember, healthy aging depends as much upon emotional well-being as it does physical well-being. Every so often — say, Saturday evening — it's OK to indulge a little with a comfort food.

Have that baked potato, dish of ice cream, burger, or whatever you're jonesing for. Just don't make it an everyday habit. As they say, "everything in moderation."

Work diligently, but don't work constantly. Allow yourself some play time.

Go see the grandkids; take them out for a fun afternoon with Grandpa. Bake some cookies and eat one before you put them in the jar. Go on a nature hike. Kiss your wife or your husband. If you're a single senior, try dating again. Screw up the courage to sing some karaoke. There's so much more to life than meeting obligations and performing to your own (or others') expectations. Healthy, positive aging requires allowing yourself the room to live a little.
Mark and I had been married 26 years. Our sons were 18 and 20. We loved being parents, but with our younger son graduating high school, we were eagerly anticipating the empty nest and having more time for each other.

In the fall, when our younger son started college, Mark began having stomach issues and back pain, which would linger for a few days and then disappear, only to reappear later. He also developed a cough. When his doctor ordered an MRI, the results were devastating—Stage IV pancreatic cancer, already in his liver and both lungs. Mark was only 53.

Our lives were turned upside down. I suddenly found myself trying to provide emotional support to Mark and our sons during the worst experience any of us had ever endured. I wanted and needed to keep myself together to focus on caring for Mark, but I was emotionally drained—full of sadness and terrified of what the future held. I had always been a “take responsibility for everything myself” kind of person. However, I knew I couldn’t do this alone.

I talked to my pastor about it, and she suggested matching me with a Stephen Minister. I agreed, and less than two weeks after Mark was diagnosed, my Stephen Minister came for the first of her weekly visits.

It’s difficult to convey how important this Stephen Ministry relationship was for me. Our pastor was wonderful, and we had an amazing amount of support from many other people, but the time I spent with my Stephen Minister was the only time in the week when I could truly focus on my own needs. She was there just for me.

The consistency of our Stephen Ministry relationship was crucial in helping me cope. Her weekly visits became an anchor in my life—something I could rely on when everything else was so uncertain. She was a steady reminder of God’s presence, helping me know I was never alone.

Although Mark and I chose to talk publicly about his condition, my Stephen Ministry relationship was completely confidential. I knew I could share anything with her, and that’s where it would stay.

Mark’s illness progressed rapidly—ten weeks of treatment, followed by six weeks of hospice, and then his passing. My needs changed as I went from being a wife to being a caregiver to being a grieving widow and dealing with everything that the loss of a spouse entails. Through it all, my Stephen Minister’s love and support continued. She was there for me at every stage of my journey. It was never easy, but my Stephen Minister helped me through the most difficult moments of my life.

I really can’t say enough about how much I appreciate my church’s Stephen Ministry. The compassionate, consistent, and confidential support of my Stephen Minister was so important in helping me cope—and then begin to heal.

Stephen Ministry is a lay caring ministry being used in over 12,000 congregations across the United States, Canada, and 29 other countries. With Stephen Ministry, congregations can equip a team of lay caregivers—called Stephen Ministers—to provide one-to-one, Christ-centered care to people experiencing grief, divorce, major illness, loneliness, financial stress, and other life difficulties.

If you are in need of a Stephen Minister, please contact Pastor Luke or Kathleen Hoffmann at the church office, 480.969.4414.

The time I spent with my Stephen Minister was the only time in the week when I could truly focus on my own needs. She was there just for me.
Legacy of Love Seminar
Saturday, February 10th
“Legacy Planning & Tax Code Changes”

We are approaching Valentine’s Day in February—the love holiday. A legacy is something passed from one generation to the next. We are linking these two thoughts at the Legacy of Love Seminar. Legacy planning is about how to pass the love and blessings of your life and faith on to the next generation of families and ministries, in your own way, and as a mark of your life here on earth, as a person loved and saved by faith in Jesus Christ. Legacy planning is a big task that takes knowledge, intent, and direction. These plans can never be made too soon, so people of all adult ages are welcome.

We hope to ignite some energy for both legacy planning and review at Legacy of Love on Saturday, February 10th, from 9am to noon. We have scheduled two professional advisors to meet with us. There will be presentations on planning and taxes, Q&A time, and coffee breaks. To use your time efficiently, please email your specific questions for our advisors to kathy.paulson@stlukemesa.com, and we will send them to our advisors to get the answers ready. Sign up in the Info Center in the church lobby by February 4th. For more information call Joanna Parks 480.288.4418 or Kathy Paulson 480.619.1263.

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2017 Financial Details

Thank you for your many gifts to the ministries of St. Luke, and the 2020 Vision Campaign. The following chart summarizes the year. We did end the year with a shortfall in the General Fund, but the debt was reduced by $278,118, with $120,410 through mortgage payments, and $157,708 through 2020 Vision Funds. The remaining loan balance on 12/31/2017 was $428,377.39. Our interest rate remains 3.875%. We thank God for his blessing and guidance at St. Luke Lutheran, and look forward to working with you all in 2018. Contact Kathy Paulson, Business Director, if you have further questions or want more detail.

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St Luke Lutheran Summary of 2017 Actual & Budget Totals for all Funds-Month, YTD & Annual

<table>
<thead>
<tr>
<th>General Fund:</th>
<th>Month at 12/31/2017</th>
<th>YTD at 12/31/2017</th>
<th>2017 Annual</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Actual</td>
<td>Budget</td>
<td>Actual</td>
</tr>
<tr>
<td>General Fund Ordinary Income</td>
<td>105,456</td>
<td>112,400</td>
<td>767,961</td>
</tr>
<tr>
<td>General Fund Ordinary Expense</td>
<td>(54,856)</td>
<td>(56,941)</td>
<td>(657,552)</td>
</tr>
<tr>
<td>Net Ordinary Income</td>
<td>50,600</td>
<td>55,459</td>
<td>110,409</td>
</tr>
<tr>
<td>2020 Vision Designated Funds Received</td>
<td>42,635</td>
<td>169,652</td>
<td></td>
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<tr>
<td>Other Designated Funds Received</td>
<td>4,627</td>
<td>35,066</td>
<td></td>
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<tr>
<td>Total Ordinary Income &amp; Designated Funds</td>
<td>97,862</td>
<td>315,127</td>
<td></td>
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<tr>
<td>Other Designated Funds Distributed</td>
<td>(4,627)</td>
<td>(35,066)</td>
<td></td>
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<tr>
<td>LCEF Debt Principal Paid by Mort. Pymt</td>
<td>(10,413)</td>
<td>(10,062)</td>
<td>(120,410)</td>
</tr>
<tr>
<td>2020 Vision Funds toward Initial $100,000.</td>
<td>(11,944)</td>
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<td></td>
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<tr>
<td>LCEF Debt Principal Paid by 2020 Vision</td>
<td>(42,635)</td>
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<tr>
<td>Net Income (Loss)</td>
<td>40,188</td>
<td>45,397</td>
<td>(10,001)</td>
</tr>
</tbody>
</table>

Summary:

| All Funds in | 152,718 | 972,579 |
| All Funds out | (112,530) | (982,580) |
| Net Income (Loss) | 40,188 | (10,001) |
Council Minutes Highlights - January 13, 2018

Welcome to new members, including an around-the-room name and position roll-call.

Pastor Luke reviewed the 2018 Council write up. This document highlighted our council, where our church is, and what lies ahead.

Russell reminded the council to ask questions and share criticisms when they come up.

Financial:
- In December 2017, our LCEF Mortgage was reduced by $53,047.03 to $428,377.39.
- Financial team continues to keep an eye on cash flow as some giving has moved from the general fund to the capital campaign (debt reduction).

Facilities:
- Ordered a box of ceiling tiles.
- Bought wood chips for kids area.
- AC unit for ECC building was replaced, expect a significant rental related expense.
- Looking into estimate for preventative maintenance. Main focus is ECC and Sanctuary.

Pastor’s Report:
Worship attendance, website usage, and Sunday School attendance.

- Christmas Eve 2017 (3,5,11;Total): 336, 367, 109; 812
- Christmas Eve 2016 (3,5,11;Total): 257, 385, 95; 737
- 2017 Total Average Worship Attendance: 366
- 2016 Total Average Worship Attendance: 361
- 2017 NIB: 45 website users vs. 2016 NIB: 65 users
- Saw increases in children and youth Sunday school attendance as well as weekday adult studies; saw decrease in adult Sunday school attendance.

Things to Note:
- 37% increase in Oct-Dec average pre-K to 4th grade SS attendance between 2016 and 2017.
- NIB had around 450 guests (not including volunteers)
- MJ has already responded to 2 Care Portal family-need requests.
- New camera system was used to record Christmas Eve service and get DVDs to the homebound members.
- There will be a meeting on January 20th with volunteers interested in monitoring the security cameras on the weekend - the start of the “security team”.
- Over 20 baptisms in 2017, the highest in 9 years.
- The council had a brief discussion on social media and website numbers and usage.

Elder Report:
- 18 currently on the guest list.
- Elders have been assigned to the “inactive” list to follow-up.

Director’s Report:
- Communion Practices. More discussion to be had.

The next meeting is at 2pm on February 10th. The meeting adjourned with prayer.

Respectfully submitted,
~Kelli Howe

St Luke Lutheran Summary of 2017 Actual & Budget Totals - Month, YTD & Annual

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Sr. Adults Outing

Japanese Friendship
Garden of Phoenix
1125 N. 3rd Avenue

Friday, February 23

Meet at church @ 9am (carpool)
Cost: $8 plus lunch.
Sign up at church Info Center.

This Month's Birthdays...

2/01 Alan Angell
Skylar Hoffmann
Merle Suntken

2/04 Ruth Dyer
Sonja Johnson
April Zuber

2/05 Lisa (Ferry) Head

2/06 Don Korte
Marge Wade

2/07 Bob Beffel
Jonathan Frestedt
Michael Garcia
Jackson Self

2/10 Rod Hanchett
Vance Villalobos

2/11 Sue Bowden

2/12 Dave Block
Owen Brooks
Rich Carlson

2/12 Gage Preston
2/13 Karen Todd
2/15 Dan Schmitt
Beverly Simanson
Ellyn Tonkin
2/16 Richard Finkbeiner
2/17 Sharon Heim
Helen Oeters
Jack Stephenson
2/18 Aaliyah Goff
2/19 Sierra Carlson
Terry Houghland

2/20 Willard Briggs
Barbara Ducker
Quentin Foerstner
Cathy Mata
2/21 Clifford Hoffman
Trevor Ward
2/23 Deanna Dandy
Julie Roberts
Dan Stuehrenberg
2/24 Donna Hillyer
Jennifer Wamboldt
2/25 Knight Ward
2/26 Frank Pruismann
Marcy Suntken
2/27 Jacob Baca
Jon Manderfield
Sandi Mattingly
Steve Schrock
2/28 Tom Dawson

February Anniversaries

02/02 Jason & Leslie Steinke 10
02/03 Bill & Edie Weyer 56
02/04 Charlie & Evelyn Vark 57
02/14 Bill & Mary Hutter 44
02/16 Chris & Lisa Paradis 8
02/17 Juergen & Donna Foerstner 45
02/18 Steve & Kay Schrock 51
02/21 Wayne & Ann Harris 14
02/26 Glen & Marge Bach 63
02/26 Duane & Gina Zaremba 41
02/27 Cecil & Darla Arb 25
02/28 George & Ruth Berft 57
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>February</strong>&lt;br&gt;4th Sunday after Epiphany&lt;br&gt;8:00 am Worship/Communion&lt;br&gt;9:30 am Adult Bible Study/Youth Bible Study/Confirmation&lt;br&gt;9:30 am Sunday School&lt;br&gt;10:30 am Praise/Communion</td>
<td>5&lt;br&gt;11:00 am Care Meeting&lt;br&gt;6:00 pm New Stephen Ministry Training Class&lt;br&gt;7:00 pm Handbells</td>
<td>6&lt;br&gt;10:00 am Adult Bible Study&lt;br&gt;6:00 pm Stephen Ministry Class ~ Continued Education</td>
<td>7&lt;br&gt;10:00 am Staff Meeting&lt;br&gt;1:00 pm Staff Devotion&lt;br&gt;7:00 pm Choir</td>
<td>8&lt;br&gt;10:00 am Women's Bible Study&lt;br&gt;1:30 pm Small Group Bible Study&lt;br&gt;7:00 pm Small Group Bible Study ~ Romans</td>
<td>9&lt;br&gt;Pastor's Family Day&lt;br&gt;6:00 pm Stephen Ministry Class&lt;br&gt;5:00 pm Worship/Communion</td>
<td>10&lt;br&gt;8:00 am Men's Bible Study&lt;br&gt;9:00 am Legacy of Love: Endowment Seminar&lt;br&gt;1:00 pm Elders Mtg.&lt;br&gt;2:00 pm Council Mtg.&lt;br&gt;5:00 pm Worship</td>
</tr>
<tr>
<td><strong>Transfiguration of Our Lord</strong>&lt;br&gt;8:00 am Worship&lt;br&gt;9:30 am Adult Bible Study/Youth Bible Study/Confirmation&lt;br&gt;9:30 am Sunday School&lt;br&gt;10:30 am Praise/Communion&lt;br&gt;11:30 am Church BBQ [Courtyard]</td>
<td>12&lt;br&gt;6:00 pm New Stephen Ministry Training Class&lt;br&gt;7:00 pm Handbells</td>
<td>13&lt;br&gt;10:00 am Adult Bible Study</td>
<td>14&lt;br&gt;Valentine's Day&lt;br&gt;10:00 am Worship/Communion&lt;br&gt;11:00 am Staff Meeting&lt;br&gt;6:00 pm Supper: Baked Ziti&lt;br&gt;7:00 pm Worship/Communion</td>
<td>15&lt;br&gt;10:00 am Women's Bible Study</td>
<td>16&lt;br&gt;Pastor's Family Day&lt;br&gt;“Newsletter Article Deadline”</td>
<td>17&lt;br&gt;8:00 am Men’s Study&lt;br&gt;5:00 pm Worship/Communion</td>
</tr>
<tr>
<td><strong>1st Sunday in Lent</strong>&lt;br&gt;8:00 am Worship/Communion&lt;br&gt;9:30 am Adult Bible Study/Youth Bible Study/Confirmation&lt;br&gt;9:30 am Sunday School&lt;br&gt;10:30 am Praise/Communion</td>
<td>19&lt;br&gt;Presidents’ Day OFFICE CLOSED&lt;br&gt;11:00 am Care Meeting&lt;br&gt;6:00 pm New Stephen Ministry Training Class&lt;br&gt;7:00 pm Handbells</td>
<td>20&lt;br&gt;10:00 am Adult Bible Study&lt;br&gt;6:00 pm Stephen Ministry Class ~ Continued Education</td>
<td>21&lt;br&gt;10:00 am Lenten Worship&lt;br&gt;11:00 am Staff Meeting&lt;br&gt;6:00 pm Supper: Taco Bar&lt;br&gt;7:00 pm Lenten Worship&lt;br&gt;7:30 pm Choir</td>
<td>22&lt;br&gt;10:00 am Women's Bible Study&lt;br&gt;1:30 pm Small Group Bible Study&lt;br&gt;7:00 pm Small Group Bible Study ~ Romans</td>
<td>23&lt;br&gt;Pastor’s Family Day&lt;br&gt;9:00 am Senior Adults: Japanese Friendship Gardens&lt;br&gt;5:00 pm Worship</td>
<td>24&lt;br&gt;8:00 am Men’s Bible Study&lt;br&gt;5:00 pm Worship</td>
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<td>25&lt;br&gt;2nd Sunday in Lent&lt;br&gt;8:00 am Worship&lt;br&gt;9:30 am Adult Bible Study/Youth Bible Study/Confirmation&lt;br&gt;9:30 am Sunday School&lt;br&gt;10:30 am Praise/Communion&lt;br&gt;11:45 am Plugged In: Youth ~ [5th-8th] Movie/Ministry Mtg.&lt;br&gt;6:00 pm I-Help</td>
<td>26&lt;br&gt;6:00 pm New Stephen Ministry Training Class&lt;br&gt;7:00 pm Handbells</td>
<td>27&lt;br&gt;10:00 am Adult Bible Study</td>
<td>28&lt;br&gt;10:00 am Lenten Worship&lt;br&gt;11:00 am Staff Meeting&lt;br&gt;6:00 pm Supper: Soup Bar&lt;br&gt;7:00 pm Lenten Worship&lt;br&gt;7:30 pm Choir</td>
<td>1&lt;br&gt;10:00 am Women’s Bible Study</td>
<td>2&lt;br&gt;Pastor's Family Day</td>
<td>3&lt;br&gt;8:00 am Men's Study&lt;br&gt;5:00 pm Worship/Communion</td>
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February Plugged In Calendar

**Events begin at 11:45 with lunch**

**February 4** ~ No Plugged In today – Enjoy the Super Bowl!

**February 11** ~ High School girls @ LoveFest Conference in Arcadia, CA

**February 18** ~ No Plugged In.

**February 25** ~ 5th – 8th Grades only. While the youth enjoy snacks and a movie in the Youth Room, the parents will have a brief ministry planning meeting. Bring your calendars!