

# ANXIOUS FOR NOTHING GOD'S PEACE → MY PEACE

The \_\_\_\_\_ of anxiety is \_\_\_\_\_, but  
the \_\_\_\_\_ of anxiety is \_\_\_\_\_.

**Celebrate** God's goodness  
**Ask** God for help  
**Leave** our concerns with God  
**Meditate** on good things.

Acts 27:14-20

While you may be facing the \_\_\_\_\_, Jesus offers  
you the \_\_\_\_\_.

Philippians 4:4-7

You cannot think your way into peace, you can only  
"obey" your way into peace.

## Steps to obey for peace:

\_\_\_\_\_ in the Lord, \_\_\_\_\_ a gentle spirit,  
\_\_\_\_\_ on the nearness of God, \_\_\_\_\_ about  
everything with \_\_\_\_\_.

John 14:27

## 3 ways to experience God's peace during a storm:

1/ Remember that \_\_\_\_\_ are not how our stories \_\_\_\_\_.

Storms are a part of our story, but they are not our story.  
Storms are a part of our story, but they need not define us.

Acts 27:24-25

John 16:20-22

John 16:33

2/ Remember that God's \_\_\_\_\_ is \_\_\_\_\_  
for you \_\_\_\_\_.

Matthew 6:34

Perfect peace comes right in the middle of perfect storms when  
we remember that God is with us \_\_\_\_\_ to help us \_\_\_\_\_  
as we turn to him \_\_\_\_\_ about \_\_\_\_\_ concerns.

Acts 27:17

Hebrews 4:16

3/ Remember in the middle of a storm, God's \_\_\_\_\_  
is found through \_\_\_\_\_.

During a perfect storm we remember that worshipping God is a  
choice, \_\_\_\_\_.

2 Chronicles 20:12

2 Chronicles 20:21

2 Chronicles 20:22-23

When storms rage on the ocean of life, take it as God's  
invitation \_\_\_\_\_.

Philippians 4:4-7

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