

Small Group Discussion

Anxious for Nothing
God's Peace → My Peace

PRAY:

For the needs represented in your group.
Pray for our families and our church family to experience the peace of God in their lives.

DISCUSS:

Share a time when you experienced a "perfect storm" crashing in on you.

What did you do during that time?

What would you do differently now?

How would you coach someone who is living in a perfect storm?

Philippians 4:4–7 (Have someone read it) gives us steps to obey to be recipients of peace. Review them from your sermon notes or from the text and take time to discuss each one.

Which of these would you like to see more of in your life?
Why?

You cannot think your way into peace, you can only "obey" your way into peace.

How would you describe the peace of God to someone else?

READ:

Psalm 29:11; John 14:25–27; John 16:20–22; Isaiah 43:2; Isaiah 26:3; Colossians 3:15 & 1 Peter 5:7

Discuss these verses and what we learn from them.

How do they connect with our Philippians 4: 4 – 7 passage?

Discuss the Points from our Teaching:

1/ Remember that storms are not how our stories end.

What hope and peace does this bring to you when you are in a perfect storm.

Share a time when you thought or believed your storm was your story.

REMEMBER: Storms are a part of our story, but they are not our story. Storms are a part of our story, but they need not define us.

2/ Remember that God's help is enough for you today. (Read Matthew 6:34)

3/ Remember in the middle of the storm, God's peace is found through worship. (Read 2 Chronicles 20:21)

PRAY:

For those far away from God. (First Name Only)

January 13, 2019



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