



Shepherd's Corner

Holy Week



Dear St. Hedwig family:

Palm Sunday is the start of Holy Week – the most important time of the year for the Church. Palm Sunday marks Jesus' triumphant entry into Jerusalem to undergo his passion, crucifixion, and death to reconcile humanity with God the Father. On Holy Monday, the priests of the Diocese of Orange gather at Christ Cathedral for the Chrism Day of Prayer, the Chrism Mass – where the priests renew our ordination promises – and then dinner with the bishops. We also pick up the holy oils that will be blessed at the Chrism Mass to bring back to our parishes.

The readings of Holy Monday and Holy Tuesday speak about how Jesus freely accepts his mission to suffer and die in obedience to the Father and out of love for us. Holy Wednesday is often referred to as Spy Wednesday because it is the day when Judas betrays Jesus for 30 pieces of silver. We may be shocked at how Judas, who was chosen as one of the twelve Apostles, could have betrayed Jesus so easily. But we betray Jesus every time we sin. But unlike Judas, we don't despair, but trust in God's mercy. On Holy Thursday, we have the Mass of the Lord's Supper, where the priests wash twelve people's feet, in memory of how Jesus washed the feet of the Apostles. It is at the Last Supper that Jesus instituted the priesthood and the Eucharist, reminding us to celebrate the Eucharist in memory of Him. At the end of this Mass, we have a procession and transfer of the Most Blessed Sacrament to Quinn Hall for all night Adoration.

On Good Friday, we begin the *Triduum*, the three holiest days in the Church, which includes Holy Saturday and Easter Sunday. On Good Friday we have the Celebration of the Passion of the Lord, which includes the Veneration of the Cross. Remember that Good Friday is a day of fasting and abstinence. It is encouraged that this fasting and abstinence continues until the evening of Holy Saturday. On Saturday night, we will celebrate the Easter Vigil, which is a prolonged celebration of the Resurrection of Our Lord and includes many readings as well as the Sacraments of Baptisms and Confirmation for those fully entering the Church. Next Sunday is Easter Sunday, when we will be celebrating the Lord's Resurrection with Masses in the morning and at noon.

As we come to the end of Lent and enter Holy Week, I would encourage everyone to finish strong. No matter if we have not been as faithful as we would have hoped, we can still do better this Holy Week, which is a time of many graces. With the help of the Holy Spirit, may we intensify our self-denial, prayer, and almsgiving as we enter into the most sacred time of the year in order to fully enjoy the rewards of Easter.

With much love and care, Fr. Quan Tran







GOOD FRIDAY, MARCH 29, 2 PM STATIONS OF THE CROSS



Sponsored by

GOOD FRIDAY, MARCH 29, 4:30 PM SOUP & BREAD IN QUINN HALL



www.kofc5568.org

OF DAVID

A HALF DAY RETREAT

SATURDAY

April 6th, 2024 8:30 AM - 1 PM In the Church

Presentations will include Bible readings from pivotal moments in King David's life!

SAINT HEDWIG 11482 Los Alamitos Blvd. Los Alamitos, CA 90720



SPEAKER

FR. TIM PETERS

The Catholic Biblical Institute in the Diocese of Orange

VISITATION OF SEVEN CHURCHES

You're invited to participate in the "Visitation of Seven Churches,"

hosted by parishes throughout the Diocese of Orange. After Holy Thursday Mass, continue to six other churches throughout the night to pray and meditate on the Lord's Passion.

Bring a friend or family member to take part in this special tradition!

See QR code for more information and to see which Churches are participating.



Start your day with Liturgy of the Hours

A 15 minute meditative dialogue on the mystery of Christ, using scripture and prayer. Monday – Saturday 7:30 AM in the Prayer Room (ongoing)



Come and learn how to pray the Liturgy of the Hours. We use the IBreviary app.

What's new in our CHURCH ENVIRONMENT?

There are palm branches and the color RED displayed in the Church. PALM SUNDAY commemorates Christ's triumphal entry into Jerusalem while being greeted by the people waving palm branches. The liturgical color RED which represents GOD's LOVE and the palm branches, are a reminder of the welcoming follow him.



Dear Parishioners,

In the Gospel of Matthew, Jesus presents almsgiving not as an optional practice, but as an integral part of the Christian journey. He instructs us "When you give alms, do not sound a trumpet before you, as the hypocrites do...But when you give alms, do not let your left hand know what your right hand is doing" (Mt 6:2-3). Jesus' words remind us that almsgiving is not about seeking recognition or praise but about serving others with humility.

As we continue this Lenten journey of reflection and renewal, let us all answer Christ's call to embrace almsgiving as a necessary expression of our faith - just as prayer and fasting are essential, almsgiving is also essential and often the most neglected. Did you know that almsgiving is a form of prayer and fasting? It is prayer because you are "giving to God" and you fast because it demands sacrificial giving; "giving till it hurts" as Mother Teresa often said.

Today, I invite you to join us in this sacred practice of almsgiving. It is a deeply personal act of devotion that reflects the selfless love of Christ. Your contributions, whether big or small, make a profound difference in the lives of others through our church. To participate in our almsgiving efforts, sign up to give recurring donations/autopay.

Here are 3 ways to get to the We Share online giving page:

- 1) Visit sainthedwig.org and select the "Donate Online" button.
- 2) Text "GIVE" to (562) 632-4483

3) Scan QR code:



Thank you for the willingness to embrace the call to almsgiving and for your commitment to make your recurring donations online. Together, as we share our blessings generously, our collective efforts bring meaningful improvement to our church, ministry programs and focused effort to improve the lives of those in our community.

With Gratitude, Cynthia Ramirez



Mass Intentions

Sunday March 24

8:00 AM Catherine Crouchet

10:00 AM Pro populo

12:00 PM Eddie Hughes∜

5:00 PM Leonard Aguilar ♥

Monday March 25

8:30 AM Bruno Cappellini 🕏

5:30 PM Ubaldo Ojeda 🕆

Tuesday March 26

8:30 AM Justin Dinkelbach 5:30 PM Oliver Hadeen ❖

Wednesday March 27

8:30 AM Burke Mucho ₽

5:30 AM Leonard Berardino ♥

Thursday March 28

8:30AM Morning Prayers

7:00 PM Yvonne Hall ♥

Friday March 29

8:30 AM Morning Prayers

5:30 PM No Mass

Saturday March 30

8:30 AM Morning Prayers

8:00 PM Jacineta Perez ♥

Patricia Abslag † Iim Wattles †

Steve & Mirjana Sebok 🕆

Blazenka Sorich 🕈

HIPAA—All hospitals are prohibited from

informing churches of a patient's presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like, a member of the clergy, or a Eucharistic Minister to visit you, please notify the hospital or call the Parish Office.

Prayer Intentions

For Expectant Mothers

Madeline Oi Dodini Nina Perez Victoria Graham Lianna Tonner

For the Sick

Scarlett Rexrode
Lisa & James Roos
John Decker
Sebastian James Gober
Donald Baumann
Santino Zandier
Patty Gallegos
Sadie Butscher
Sean Smith
Noah Bragg

For the Deceased

All Souls in Purgatory

PSA 2024 as of 3/17/2024

Goal: \$250,000 Funds Raised: \$86,747 Funds Received: \$72,889 Total Donors: 165

New Donors:

Bradley Yamamoto Carolyn Kistner David Silva Douglas Best Elena Meraz Greg Patchen James Sampley John McGee Leslie Patam Linda Woosley Mark Christoffels Mary Ann Pollaro Matthew Born Michael DeMartino Rita Engelhaupt Steve Dennis Todd Mattern William Manion

Electronic giving is easy and secure.

Donate to PSA directly:

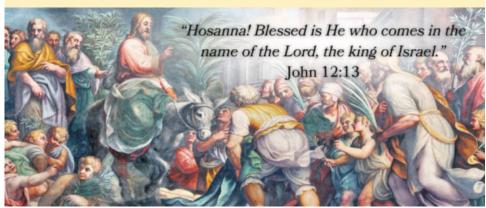


Ways to Request Mass Intentions

- Contact or come to the Parish Office: (562) 296-9000
- Visit our Website: https://www.sainthedwig.org
- Email: info@sainthedwig.org

Scan QR Code:







Presider Schedule Easter Weekend

Easter Vigil, March 30

8:00 PM - Fr. Quan Tran & All Clergy

Easter Sunday, March 31

8:00 AM - Fr. Dave Klunk - Quinn Hall 8:00 AM - Fr. Quan Tran - Church 10:00 AM - Fr. Dave Klunk - Quinn Hall 10:00 AM - Fr. Quan Tran - Church 12:00 PM - Fr. Quan Tran - Church

Mass Schedule:

Monday - Saturday 8:30 AM Monday - Friday 5:30 PM Saturday Vigil 5:00 PM Sunday Mass Schedule 8:00 AM, 10:00 AM, 12:00 PM, 5:00 PM

Confession

Wednesday 6:30 PM Saturday 3:30 PM & 7:00 PM

Adoration

Monday, Friday, Saturday 6:00 PM - 9:00 PM Wednesday

6:00 PM - 8:15 AM (next day) 24-hour Adoration on the 16th of every month after 8:30 AM Mass

Liturgy of the Hours

Monday - Saturday 7:30 AM in Prayer Room
Rosary

8:00 AM Monday - Saturday in the Church **Divine Mercy Chaplet**

Every Friday following the 8:30 AM Mass

Church Hours:

Everyday 6:30 AM - 9:00 PM

Front Office Hours

Monday & Tuesdays: 9:00 AM – 7:00 PM (Closed for lunch from 12:00 PM – 12:30 PM) Wednesdays, Thurdays, & Fridays: 9:00 AM – 5:00 PM

(Closed for lunch from 12:00 PM – 12:30 PM) Saturday – Sunday: 9:00 AM – 2:00 PM

Faith Formation Office Hours

Monday - Friday 9:00 AM - 5:30 PM

Articles for the bulletin MUST be Submitted 15 days prior to desired Sunday Bulletin. Send emails to: parishbulletin@sainthedwig.org.

ST. HEDWIG CATHOLIC CHURCH

11482 Los Alamitos Blvd. Los Alamitos, CA 90720 Parish Office: (562) 296-9000 info@sainthedwig.org

> Parish Staff Rev. Quan Tran, Pastor frqtran@sainthedwig.org

Rev. David Klunk, Parochial Vicar frdklunk@sainthedwig.org

Deacon Gary Mucho & Deacon Larry Hurst

John Reza, Deacon, Faith Formation Confirmation jreza@sainthedwig.org (562) 296-9041

Henry Eagar, Deacon, RCIA /That Man Is You, TMIY heagar@sainthedwig.org (562) 296-9028

Cynthia Ramirez, Business Manager cramirez@sainthedwig.org (562) 296-9001

Diego Avalos, Accounting Assistant businessoffice@sainthedwig.org (562) 296-9015

Joy Ferrufino, Parish Office Coordinator jferrufino@sainthedwig.org (562) 296-9016

> Audra Meyerhofer, Music Director ameyerhofer@sainthedwig.org (562) 296-9050

Christina Cardona, Faith Formation Coordinator ccardona@sainthedwig.org (562) 296-9013

Susan Rossi, Faith Formation Assistant srossi@sainthedwig.org (562) 296-9023

Alexander Quan Evangelization & Communications Coordinator aquan@sainthedwig.org (562) 296-9020

> Jean Ngo, Communications Assistant jngo@sainthedwig.org (562) 296-9007

ST. HEDWIG CATHOLIC SCHOOL

562-296-9060 bfinn@sthedwigk8.org www.sthedwigk8.org Place Your Ad Here and Support Our Parish!

CONTACT ME Victoria Quinn

vquinn@4LPi.com (800) 950-9952 x2602

SLEEP APNEA STUDY

Now Enrolling In Your Area
One pill a night may be
an option in the future.



- Pre-Screen Online Enroll if you qualify
- No Cost No health insurance needed
- Get Paid For Time & Travel

Text "SLEEP" to 617-440-9199



4990

DEDICATED TO EXCELLENCE Comprehensive
Dental Care

Daniel Wicorek, DDS
Edward P Wicorek, DDS
Kendra Brooks, DDS
Making Our Fellow Parishioners Smile
562.493.3705

3551 Farquhar Ave • Suite 101 • Los Alamitos

catholicmatch° California



CatholicMatch.com/CA

CERTIFIED SPECIALIST IN ESTATE PLANNING, TRUST, & PROBATE LAN MEGAN MOGHTADERI

Parish Members Receive Free Consultations for Estate Planning, Probate & Trust

Administration, Conservatorships

Protecting **Seniors** Nationwide

Call Today!

24SE EN

\$29.95/Mo. billed quarterly

- One Free Month
 - No Long-Term Contract
 - Price Guarantee
 - Easy Self Installation

Toll Free 1.877.801.8608

Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

AD CREATOR STUDIO





SUPPORT OUR ADVERTISERS!





Family Owned Fresh Seafood

Located In Cypress, California Open Every Day 11am-8pm

littlefishermens.com



"Over 30 Years of Quality

Service, Customer Satisfaction,

& Teamwork."

ROOFING (562) 508-9596

CALL TODAY

LIC. · BONDED · INS.

www.patriotroofersco.com

SUPPORT OUR ADVERTISERS!

Place Your Ad Here and **Support our Parish!**

AD CREATOR STUDIO





4lpi.com/adcreator

LUYBEN FAMILY DILDAY-MOTTELL MORTUARY

Neighborhood Catholic Family - Our Family Serving Yours

John G. Luyben Jr. • Rosalie A. Luyben • Thaddeus Luyben • Martin Luyben • James Morgan CALL US FOR YOUR FREE MEMORIAL GUIDE..."PRE-ARRANGING FOR THE TIME OF NEED"

5161 Arbor Road, Long Beach, CA

425-6401

We Repair

Shoes

WE'RE HIRING!

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE

FRESH

DAILY

(O) **4** www.crazyfish.com

562-489-9411

12420 SEAL BEACH BLVD, SEAL BEACH, CA 90740

FISH



Contact us at

Grace Counseling Group

Therapy for Individuals, Couples and Families

Keith Attardo, M.S., L.M.F.T. - Clinical Director License # MFT44200

(562) 234-4194

Parishioner • GraceCounselingGroup.com



25+ Years Experience 562-925-4046

Heating

Stoppages Gas Lines

Wall & Floor Furnace Video Inspections

> Copper/Pex Re-Pipes Garbage Disposals

Sewer & Drains

Slab Leaks

Remodels

Water Heaters

Free Estimates

\$300 Maximum Discount

SHOE & HANDBAG REPAIR



1990



Western Boots Work Boots Handbags **Zippers** Baseball Gloves

714.827-3590 9961 Walker St. Cypress

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trus

- Burglary Fire Safety
- Flood Detection Carbon Monoxide



833-287-3502



10% Discount With this Ad

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.

Visit Ipicommunities.com





TERMITE CONTROL

Alejandro Villanueva PR 8611

- Tenting
- Local treatments
 - Wood repairs
- Pre-treatments

714-728-3291

