

SAINT HEDWIG CATHOLIC CHURCH

4th SUNDAY OF LENT

March 10, 2024



Joseolgon: Painting in Bom Jesus, June 19, 2023

TRUTH † GOODNESS † BEAUTY

Shepherd's Corner

Meditate on the Lord's Passion



Dear St. Hedwig family:

One of the things we are called to do during Lent is to meditate on the Lord's Passion. We often do this by praying the Stations of the Cross, which we do as a community at 7:30 p.m. every Friday during Lent. When we meditate on the Lord's Passion, we come to know the consequences of our sins and how much our Lord had to suffer to reconcile us to the Father. We also come to know our Lord's love for us and how much he was willing to suffer so that we may have eternal life. It makes us more grateful for God's love and desire to love him in return.

Meditating on the Lord's Passion helps us to avoid sinning and to accept the suffering that comes our way. It helps us to deny ourselves in imitation of our Lord in reparation for our sins and for the salvation of the world. We accept daily annoyances and trials by uniting ourselves to Jesus and offering them to God out of love. The more we meditate on the Passion of Jesus, the more we will be conformed to him as we grow in humility and love of God and neighbor.

Besides the Stations of the Cross, there are many other ways to meditate on the Lord's Passion. When we pray the Sorrowful Mystery of the Rosary, we meditate on the suffering and death of Jesus. In the Divine Mercy Chaplet, we meditate on the Passion of Jesus as we plead for God's mercy to be poured out on us and the whole world. We can meditate on the Scriptural accounts on our Lord's Passion, and we can look and meditate on a crucifix. The saints would often hold the crucifix and kiss it as they reflect on the suffering of Jesus. I encourage everyone to have a personal crucifix in their room and to hold and kiss it often. One of the most powerful ways to enter into the suffering and death of Jesus is to watch the movie, *The Passion of the Christ*, directed by Mel Gibson. I have been doing this every year during Lent since before I entered the seminary, and every time I come away with a new insight. I recommend watching the movie by yourself in a prayerful way and with a box of Kleenex.

The saints encourage us to meditate on the Lord's passion routinely as part of our prayer life. This is one of the most efficacious ways to grow closer to our Lord and to grow in virtue. We should meditate on the Lord's Passion even outside of Lent by any of the means mentioned above. We can also meditate on the five wounds of Christ that were pierced for our salvation – his hands, feet, and side. Through meditation on the suffering of our Lord, we become more detached from the things of this world and long for the things of heaven. By meditating often on the suffering and death of our Lord, we will always keep in mind God's love for us and the evil of sins, and will want to do our part to make up for our sins and the sins of others. May we never take the suffering of Jesus for granted but always be grateful for his love and love him in return with all our heart, mind and soul.

With much love and care,

Fr. Quan Tran

2024 HOLY WEEK SCHEDULE

HOLY THURSDAY – March 28

Morning Prayer 8:30 AM
Mass of the Lord's Supper 7:00 PM
Adoration in Quinn Hall 8:00 PM until 8:30 AM (Friday)

GOOD FRIDAY – March 29

Morning Prayer 8:30 AM
Stations of the Cross 2:00 PM
Celebration of the Lord's Passion 3:00 PM
Liturgy of the Word
Veneration of the Cross
Holy Communion
Celebration of the Lord's Passion 7:00 PM (Repeat of 3:00 PM Service)

HOLY SATURDAY – March 30

Morning Prayer 8:30 AM
Solemn Easter Vigil 8:00 PM

EASTER SUNDAY – March 31

Masses: 8:00 AM, 10:00 AM, 12:00 PM
No Evening Mass



Novena to Saint Joseph

begins March 10 after the weekday Masses leading up to March 19.



On the Feast day of St. Joseph, March 19, 2nd Class relic, small piece of St. Joseph's cloak will be present for veneration at the end of the Masses.

SAINT HEDWIG
CATHOLIC CHURCH



Easter Service
Project For Children

MARCH 17 • SUNDAY • 9 AM - 12 PM
IN QUINN HALL

We need donations of bags of small, individually wrapped Easter candies (e.g. Hershey's kisses or chocolate Easter eggs) for the project. Please drop off any donations at the parish office.



For more information contact:
Helene Calvet (562) 508 - 0696

Visitation of Seven Churches

You're invited to participate in the "Visitation of Seven Churches," hosted by parishes throughout the Diocese of Orange. After Holy Thursday Mass, continue to six other churches throughout the night to pray and meditate on the Lord's Passion.

Bring a friend or family member to take part in this special tradition!

See QR code for more information and to see which Churches are participating.



MAN UP!

BECOME THE MAN GOD CREATED YOU TO BE

SATURDAY, MARCH 16, 2024
9:30 AM - 11:00 AM
IN QUINN HALL



GUEST SPEAKER
KEITH ATTARDO

SAINT HEDWIG
CATHOLIC CHURCH

11482 LOS ALAMITOS BLVD.
LOS ALAMITOS, CA 90720

Easter Flower Offering



Support St. Hedwig's Easter Flower Fund with a special offering in memory of your loved one(s) and to beautify our Church at the same time. Flower Offering envelopes are available in the Church vestibule and in the parish office. Please put your Easter Offering envelope into the new vestibule donation box (left side of St. Michael statue) or bring to the parish office. **The deadline for these donations is Palm Sunday (3/24/24)**. All loved ones' names will be listed on an Easter memorial board. Together we will pray for the souls of our loved ones. Thank you for your generous donation! Have a blessed Easter.

THE LIFE OF DAVID


A HALF DAY RETREAT

SATURDAY
 April 6th, 2024
 8:30 AM - 1 PM
 In the Church

Presentations will include bible readings from pivotal moments in King David's life!

SPEAKER
FR. TIM PETERS
 The Catholic Biblical Institute in the Diocese of Orange

SAINT HEDWIG CATHOLIC CHURCH
 11482 Los Alamitos Blvd.
 Los Alamitos, CA 90720




CONFIRMATION YEAR 2 RETREAT

Encountering Jesus is such a gift from God to our youth. Our Confirmation Year 2 Retreat was filled with love, personal prayer, reconciliation, and fellowship.




American Red Cross



In Service to One, In Service to All.

Join us in answering the call to help others - give blood!

Red Cross Blood Drive Saint Hedwig Catholic Church

Quinn Hall
 11482 Los Alamitos Blvd
 Los Alamitos, CA 90720

Sunday, April 21, 2024
7:00 a.m. to 12:00 p.m.

SAVE THE DATE!



Free Catholic Books

Catholic Books for everyone!



Your Catholic books are once again needed to fill our shelves in the vestibule. Please drop off your gently used books to the Parish Office.

Thank you.

SAINT HEDWIG CATHOLIC CHURCH

VBC 2024

STUBA

diving into friendship with God

JULY 15 - 19
SAVE THE DATE!

Mass Intentions

Sunday March 10

- 8:00 AM Dodie O'Keeffe †
10:00 AM Nanette Dahlen-Wan †
12:00 PM Pro populo
5:00 PM Ron Gunsaulus †

Monday March 11

- 8:30 AM Dominic Ciasca †
5:30 PM Danny Happoldt †

Tuesday March 12

- 8:30 AM Souls of Burke & Keating Families †
5:30 PM Nicky Garcia

Wednesday March 13

- 8:30 AM Marie Munoz †
5:30 AM The Gabriel Family

Thursday March 14

- 8:30 AM Diane Gilkenson
5:30 PM Wendy Alonso †

Friday March 15

- 8:30 AM Dolores Moran-Lopez †
5:30 PM Carly Grozier †

Saturday March 16

- 8:30 AM Veronica C. Beneck †
5:00 PM Nicky Garcia
Nestor Dizon †
Francisco Manalansan †
Leticia Cortes
Eleanor Furlong †

Prayer Intentions

For Expectant Mothers

- Kara Tomich
Madeline Oi Dodini
Nina Perez

For the Sick

- Tom Morris
Brian MacDonald
George Davis
Noah Bragg
John Russell
Scarlett Rexrode
Lisa & James Roos
John Decker
Sebastian James Gober

For the Deceased

- Concepcion DeLaCruz
Ben Kalish
Paul Wojcik
Juanita Mueller
Rosalina Mangalino Basa
Andrew White

PSA 2024 as of 3/3/2024

Goal: \$250,000
Funds Raised: \$ 56,517
Funds Received: \$ 42,938
Total Donors: 121

New Donors:

Anthony De Lorenzo
Antonio Velasco
Barbara Rosenberger
Bruce Murphy
Catherine Poon
Catherine Sander
David Mehus
Gabriel Hernandez
Glenn Farfel
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James McGee
Janet Hayes
John Hvizdos
John Krakowski
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Richard Cavallaro
Richard Kueter
Robert Rummel
Rozanne Williams
Sandra Stockalper
Stephen B. Havens
Steve Recker
Susan Goldberg
Tom Bergeron
Tom LoBasso
Yolanda Booker

HIPAA—All hospitals are prohibited from informing churches of a patient's presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like, a member of the clergy, or a Eucharistic Minister to visit you, please notify the hospital or call the Parish Office.



Online Giving is available for parishioners with WeShare, an easy and convenient way to save time and support our church. Donating is simple, safe, and completely secure.



Electronic giving is easy and secure.

Donate to PSA directly:



Sunday Donations: 3/3/24

Sunday	\$ 20,965
Online	\$ 3,361
SVDP	\$ 1,014



Eucharistic Adoration

Mon., Wed., Fri., Sat.
6:00 p.m. – 9:00 p.m.

Wednesday, 16th of the month
6:00 p.m. - 8:30 a.m. next day

24 hours every 16th of the month

Presider Schedule

Saturday, March 16

5:00 PM - Fr. Dave Klunk

Sunday, March 17

8:00 AM - Fr. Quan Tran

10:00 AM - Fr. Dave Klunk

12:00 PM - Fr. Quan Tran

5:00 PM - Fr. Dave Klunk

Mass Schedule:

Monday - Saturday 8:30 AM

Monday - Friday 5:30 PM

Saturday Vigil 5:00 PM

Sunday Mass Schedule

8:00 AM

10:00 AM

12:00 PM

5:00 PM

Confession

Wednesday 6:30 PM

Saturday 3:30 PM & 7:00 PM

Adoration

Monday, Friday, Saturday

6:00 PM - 9:00 PM

Wednesday

6:00 PM - 8:15 AM (next day)

24-hour Adoration on the 16th of every month
after 8:30 AM Mass

Rosary

8:00 AM Monday - Saturday in the church

Divine Mercy Chaplet

Every Friday following the 8:30 AM Mass

Church Hours:

Everyday 6:30 AM - 9:00 PM

Front Office Hours

Monday & Tuesdays: 9:00 AM – 7:00 PM

(Closed for lunch from 12:00 PM – 12:30 PM)

Wednesdays, Thursdays, & Fridays:

9:00 AM – 5:00 PM

(Closed for lunch from 12:00 PM – 12:30 PM)

Saturday – Sunday: 9:00 AM – 2:00 PM

Faith Formation Office Hours

Monday - Friday 9:00 AM - 5:30 PM

Articles for the bulletin MUST be Submitted 15 days prior to
desired Sunday Bulletin. Send emails to:
parishbulletin@sainthedwig.org.

ST. HEDWIG CATHOLIC CHURCH

11482 Los Alamitos Blvd.

Los Alamitos, CA 90720

Parish Office: (562) 296-9000

info@sainthedwig.org

St. Hedwig Ministry List:

Altar Linen

Altar Servers

Autumnfest

Bereavement

Bible Study - Adults

Children's Liturgy of the Word

Communications

Contemplative Prayer Group

Cursillo

Day of Service

Environment

Eucharistic Adoration

Extraordinary Ministers of Holy Communion

Evangelization

Faith Formation Support Team:

- Baptism
- Confirmation
- SRE
- Young Adults
- Youth Ministry

Hospitality:

- Greeters & Ushers
- Hospitality Team (Events)

Knights of Columbus

Lector

Legion of Mary

Life in the Spirit Charismatic Prayer Group

Maria Immaculata Mission Circle

Mary's Beloved Garden

Music:

- Adult Choir
- Youth Band
- Children's Choir

Our Lady of Lourdes Guild

Pastoral Council

Respect Life

Rose Garden

Sacristan

Secular Franciscan

Spiritual Book Club

St. Francis Guild

St. Hedwig Prayer Network

St. Vincent de Paul Society

That Man is You

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If you are interested, please contact the Parish Office or visit our
website at sainthedwig.org.

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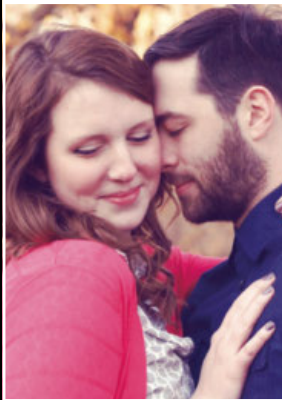
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