

# SAINT HEDWIG CATHOLIC CHURCH

5th SUNDAY IN ORDINARY TIME

February 4, 2024



Heinrich Hofmann: Christ in Gethsemane, 1886

TRUTH + GOODNESS + BEAUTY

# Shepherd's Corner

## The Holy Family



Dear St. Hedwig Family:

In the Catholic Church, the month of February is dedicated to the Holy Family. Therefore, I would like to reflect on three qualities of the Holy Family for us to imitate. First, the Holy Family was poor. St. Joseph and Mary were considered as belonging to a group of poor, pious Jews called the *Anawim*. These were poor, devout Jews who were often overlooked and oppressed by the wealthy and powerful. Not having many resources, they looked to God for protection, sustenance and to right injustices. St. Joseph was a carpenter working with his hands and earning a meager income. Tradition has it that the Holy Family would give one-third of their income to the temple, one-third to the poor, and kept one-third to provide for

their own needs. Jesus was born poor, lived poor, and died poor -- showing us that God values the lowly, simple, and humble. When we have too much of the luxuries, materialism, and pleasures of the world we can become dulled to our need for God.

It follows that the Holy Family was focused and faithful to God. We read in Scripture that St. Joseph and Mary would observe the laws and practices expected of the Jewish people. They were faithful to the Lord in practice and in prayer. Tradition has it that the members of the Holy Family would pray individually and together as a family. They would read, study and reflect on Scripture together. Mary, in her *Magnificat*, shows that she is very familiar with the Hebrew Bible because her words reflect the writings of Scripture. Are we faithful in observing the laws and practices of our faith? Do we pray individually and together as a family? Do we read, study, and reflect on the Word of God? The Holy Family shows us the importance of simplifying our lives, refraining from immersing ourselves in the world, and to dedicate our life to prayer, worship, and observing the Lord's teachings.

Lastly, the individuals of the Holy Family sought to know God's will for them and to embrace and live out their vocation according to God's plan. St. Joseph accepted that he was called to the husband of Mary and the foster father of Jesus. He lived out his role to the best of his ability by providing for the family, protecting them from danger, and trusting in God's providence. Mary also accepted her role as the wife of St. Joseph and the mother of Jesus by taking care of her family and accepting all the sufferings that her family would endure. Jesus, although he was God, was obedient to Mary and St. Joseph and lived out his mission perfectly. We too should seek God's will for us and for our family and try to live out our role and vocation as best we can according to God's plan. That includes accepting who we are, our limitations, and the sacrifices that are asked of us. Like the Holy Family, may we not pursue our own desires, but the glory of God and the salvation of souls. As we meditate on the life and virtue of the Holy Family and imitate them, may our families become more and more pleasing to God.

With much love and care,

Fr. Quan Tran

## 🔗 Celebration of World Marriage Day - February 11, 2024 🔗

Every year as St. Valentine's Day approaches, we take time to appreciate the great loves in our lives, whether they be friendships, romantic relationships, or our lifelong spouse—the one with whom we choose to build a family. And so naturally, the second Sunday of February is the day we celebrate World Marriage Day. The purpose of World Marriage Day is to emphasize the beauty of marriage and to honor husbands and wives for their faithfulness and sacrifices.

**Radiate Love—** The witness of marriage is not just for the couple—it is for the world!

Being made clean and restored in Christ is a real sacramental grace, but it is up to us to follow through and bring it to life through practices of loving kindness, forgiveness, and mercy. It may be difficult and even daunting at times, but it is always worth the effort—you are worth the effort, and so is your spouse! And the part that we often forget is that marriage is not just for the couple—it is also a grace for their children, and it is a sign of the Good News of Christ for the whole world.

Come and have your marriage blessed at the end of all Masses the weekend of February 10 and 11, 2024



 Sacred Heart  
Retreat House

3 Day WOMEN'S RETREAT

Reflections on the Holy Spirit

- February 9 - 11, 2024
- Lead by Fr. Quan Tran

Register at  
Sacred Heart Retreat House Website



Sacred Heart Retreat House  
920 East Alhambra Road  
Alhambra, California 91801



## STATIONS OF THE CROSS

Beginning February 16, 2024 in the Church at 7:30 PM  
throughout Lent (except Friday, March 29 at 2 PM).

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CATHOLIC CHURCH  
11482 Los Alamitos Blvd.  
Los Alamitos, CA 90720

**LENT BEGINS EARLY THIS YEAR**  
WED, FEB 14, 2024 - THU, MAR 28, 2024

**ASH WEDNESDAY MASS TIMES**  
FEBRUARY 14, 2024  
6:30 AM, 8:30 AM, 5:30 PM & 7 PM  
12:15 PM (LITURGY OF THE WORD)

**KOC FISH FRY**  
EVERY FRIDAY DURING LENT  
5 PM - 7 PM  
**GOOD FRIDAY SOUP & BREAD 4:30 PM**  
QUINN HALL

**STATIONS OF THE CROSS**  
EVERY FRIDAY 7:30 PM  
GOOD FRIDAY, MARCH 29 AT 2 PM

## A Lenten Morning of Recollection

**A TIME OF PRAYER,  
FASTING AND ALMSGIVING**

Presented By Fr. Quan Tran

Saturday February 17, 2024  
8:30 AM - 12:00 PM  
IN THE CHURCH

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CATHOLIC CHURCH  
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Los Alamitos, CA 90720

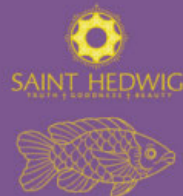
Light Refreshments  
will be Provided

## Want to deepen your prayer life?

Time to wake up and see the spiritual battle around us. You are invited to go on a spiritual journey with us, as a community. Do you want to know what the most powerful spiritual weapon we have is? You may be using it already, but let's dive deeper by integrating, deep reflective insights into the life of Christ, using theological truths and captivating stories, together with breathtaking scenery, illuminating sacred art, and inspiring music.

Beginning Tuesday, February 20, 2024, 7 PM - 8 PM  
in Quinn Hall - All men and women are welcome.

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**Fish  
Fry-Days**  
DURING LENT



**Every Friday  
During Lent**

5 PM - 7 PM in Quinn Hall

**Good Friday, March 29, 2024**  
- Soup & Bread at 4:30 PM

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More Information to follow



## Business Manager Update - PSA 2023 Results

Dear Parishioners,

We are overjoyed to extend our sincere gratitude to those who contributed to the 2023 Pastoral Services Appeal (PSA). Your generosity has made a significant impact on our community, and we are excited to share the outcomes of our collective efforts.

Through your dedicated contributions, we were able to raise an impressive total of \$259,203. This incredible amount reflects the generosity and commitment of our parish community toward our shared values and goals. We want to transparently communicate that the amount received from the PSA was \$255,883. The difference of \$3,320 is a testament to the integrity of our financial processes, ensuring that every contribution is accurately accounted for.

The total amount we will receive from the Diocese (PSA Surplus) is \$132,883 and will be channeled toward our building fund to assist with current and future renovation projects. Your contributions will play a crucial role in enhancing our parish facilities, creating a more welcoming and accommodating space for worship and community gatherings.

Once again, thank you for your dedication, generosity, and commitment to the wellbeing of our parish. Your support is the foundation upon which we build a stronger, more vibrant community.

May God bless each of you abundantly.

Gratefully,

*Cynthia Ramirez*



### MARIA IMMACULATA MISSION CIRCLE #138

Mission Circle is preparing for our May Luncheon. If anyone has received any Christmas items or gift cards that they are not going to use, would you consider donating them to Mission Circle for a very good cause? Our proceeds from our luncheon go directly to our Missions in the Philippines and Haiti. For questions, **contact Mary Murray 714-227-4875 or email: marvelousmumzy@gmail.com**

## National Needs Collection - February 3-4, 2024

This combines the collections for Catholic Campaign for Human Development, the Catholic Communication Campaign; Catholic Home Missions; and the Catholic University of America.



The transformation of culture in all its various aspects, which is both a goal and an inevitable result of the "new evangelization," must take place in the secular world; it cannot be brought about within the confines of religious structures. This transformation will require a personal commitment, on the part of each Christian, to share his faith with his neighbors, at home, in the workplace, and in the world. Come see for yourself and experience the power of comraderies with men seeking deep faith to help guide their families.

source: catholiceducation.org



## SOCIETY OF ST. VINCENT DE PAUL



Sunday, February 25th, is Bundle Sunday for our Parish. The St. Vincent de Paul truck will be here at 8:00 a.m. to 2:00 p.m. to receive your donations. Bring useable clothing, shoes, small appliances, household items, linens, books, etc. Please phone 800-974-3571 for home pickup of large furniture and appliances. Remember your contributions will be helping the needy.

## Congratulations

Cochran Family



Welcome to  
the world  
Baby Girl

Cleo  
Catalina  
Cochran

*Congratulations*  
*Mr. & Mrs. Austin Vargas*  
*on your wedding January 20, 2024*

## Mass Intentions

Sunday February 4

8:00 AM Scott Martin  
 10:00 AM Pro populo  
 12:00 PM Jack Kennedy †  
 5:00 PM Linda Perez

Monday February 5

8:30 AM Souls of the Geldres Family †  
 5:30 PM Andy Siongco †

Tuesday February 6

8:30 AM Souls of Burke & Keating Families †  
 5:30 PM Deacon Steve Greco

Wednesday January 7

8:30 AM Jack Fitzsimons †  
 5:30 PM Sandra Ritchie

Thursday February 8

8:30 AM Jack Fitzsimons †  
 5:30 PM Tricia Ritchie

Friday February 9

8:30 AM Fr. Dave Klunk  
 5:30 PM Laura Greco

Saturday February 10

8:30 AM Al Ramirez  
 5:00 PM Diego Avalos  
 Jack Fitzsimons †  
 Jack Kennedy †  
 Nanette Dahlen-Wan †  
 Cesar Lobrera †

## Prayer Intentions

### For Expectant Mothers

Kara Tomich  
 Viviana Garibay

### For the Sick

Antonio Gutierrez  
 Joanne Tyo  
 Purisima Pavlov  
 Andrea Sanchez  
 Carly Grozier  
 Anne Reilly  
 Leticia Cortes  
 Leanoard & Rachel Aguilar  
 Noah Bragg  
 Cora Anne Longhofer  
 Adrian Ruiz, Jr.  
 Ann Turchyn  
 Henry Pawlowski  
 Grace Mitchell  
 Pam Powers  
 Lisa Crawford  
 Ralph Lopez  
 Patty Gallegos  
 Laurice Tomlinson  
 Winston Chan  
 Juanita Mueller  
 Adrian Cisneros  
 Stephanie Von der Porten  
 Irma Crisostomo  
 Cathy Ulloa

## Sunday Donations 1/28/24

Sunday \$ 13,897  
 Online \$ 5,976  
 SVDP \$ 686

### For the Deceased

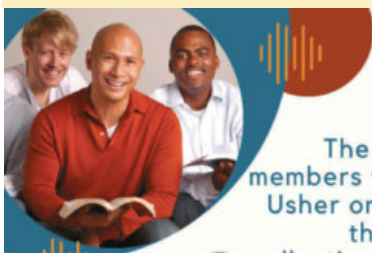
Donald Squillace  
 Patricia Abslag  
 Anthony Ross  
 Jim Resh  
 Robert Loux  
 Jacobina Dagarin  
 Joyce McNeely  
 Carolyn Maney  
 Olivia Estrada  
 Ruth Martinez  
 Eleanor Furlong  
 Carly Grozier  
 Bryan Giron  
 Leonard Aguilar  
 Adelaida Composano

Today's Gospel theme is the opposite of "hesitation": The disciples did not hesitate to ask the Healer for help. Jesus did not hesitate to respond. And even Simon's mother-in-law, after returning from fever, rises to serve him immediately.

If Jesus were to walk in the door of our parish right now, he would be on a mission to love someone. If he were to enter your home, as he entered Simon's, he would be on a mission to love you.

Our parish is on Jesus' same mission of love, and we need your help to spread the love Christ entrusted to us. Love acts! When Jesus showed Simon's mother-in-law love, her heart wished to respond with more love. She chose to serve. Today, evaluate your ability to give, listen to the prompting of love, and then, do not hesitate... act by giving to our diocesan Pastoral Services Appeal!

**HIPAA**—All hospitals are prohibited from informing churches of a patient's presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like a member of the clergy or a Eucharistic Minister to visit you, please notify the hospital or call the Parish Office.



## ST. HEDWIG'S USHER TEAM WANTS YOU!

The Hospitality Ministry is eagerly seeking new members who would like to volunteer and become an Usher or Greeter. Duties include greeting people as they enter the church, assist with the weekly collection, assist with communion and seating before Mass. There are currently openings at each Mass.

FOR MORE INFORMATION ON JOINING OUR TEAM CONTACT: PAT MURACH,  
 MINISTRY LEAD AT: PAT.MURACH@ICLOUD.COM





### **Eucharistic Adoration**

Mon., Wed., Fri., Sat.  
6:00 p.m. – 9:00 p.m.

Wednesday, 16th of the month  
6:00 p.m.-8:30 a.m. next day

24 hours every 16th of the month

### **Presider Schedule**

#### **Saturday, February 10**

5:00 PM - Fr. Joseph Nguyen

#### **Sunday, February 11**

8:00 AM - Fr. Dave Klunk

10:00 AM - Fr. Joseph Nguyen

12:00 PM - Fr. Dave Klunk

5:00 PM - Fr. Quan Tran

### **Mass Schedule:**

Monday - Saturday 8:30 AM

Monday - Friday 5:30 PM

Saturday Vigil 5:00 PM

Sunday Mass Schedule

8:00 AM

10:00 AM

12:00 PM

5:00 PM

### **Confession**

Wednesday 6:30 PM

Saturday 3:30 PM & 7:00 PM

### **Adoration**

Monday, Friday, Saturday

6:00 PM - 9:00 PM

Wednesday

6:00 PM - 8:15 AM (next day)

24-hour Adoration on the 16th of every month  
after 8:30 AM Mass

### **Rosary**

8:00 AM Monday - Saturday in the church

### **Divine Mercy Chaplet**

Every Friday following the 8:30 AM Mass

### **Church Hours:**

Everyday 6:30 AM - 9:00 PM

### **Front Office Hours**

Monday & Tuesdays: 9:00 AM – 7:00 PM

(Closed for lunch from 12:00 PM – 12:30 PM)

Wednesdays, Thursdays, & Fridays:

9:00 AM – 5:00 PM

(Closed for lunch from 12:00 PM – 12:30 PM)

Saturday – Sunday: 9:00 AM – 2:00 PM

### **Faith Formation Office Hours**

Monday - Friday 9:00 AM - 5:30 PM

Articles for the bulletin MUST be Submitted 15 days prior to  
desired Sunday Bulletin. Send emails to:  
[parishbulletin@sainthedwig.org](mailto:parishbulletin@sainthedwig.org).

## **ST. HEDWIG CATHOLIC CHURCH**

11482 Los Alamitos Blvd.

Los Alamitos, CA 90720

Parish Office: (562) 296-9000

[info@sainthedwig.org](mailto:info@sainthedwig.org)

### **St. Hedwig Ministry List:**

Altar Linen

Altar Servers

Autumnfest

Bereavement

Bible Study - Adults

Children's Liturgy of the Word

Communications

Contemplative Prayer Group

Cursillo

Day of Service

Environment

Eucharistic Adoration

Extraordinary Ministers of Holy Communion

Evangelization

Faith Formation Support Team:

- Baptism
- Confirmation
- SRE
- Young Adults
- Youth Ministry

Hospitality

- Greeters & Ushers
- Hospitality Team (Events)

Knights of Columbus

Lector

Legion of Mary

Life in the Spirit Charismatic Prayer Group

Maria Immaculata Mission Circle

Mary's Beloved Garden

Music

- Adult Choir
- Youth Band
- Children's Choir

Our Lady of Lourdes Guild

Pastoral Council

Respect Life

Rose Garden

Sacristan

Secular Franciscan

Spiritual Book Club

St. Francis Guild

St. Hedwig Prayer Network

St. Vincent de Paul Society

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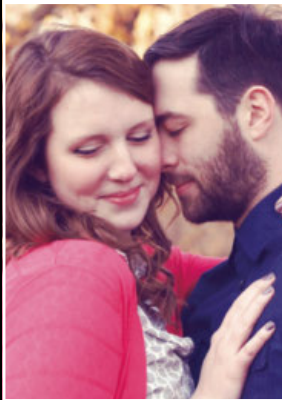
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