



PERSON OF INTEREST

If today is your first time with us, thank you for being our guest. Please feel free to bring your coffee into the auditorium. Restrooms and children's programs are down the main hallway past the lobby. If you have any questions or need assistance, please don't hesitate to ask one of our friendly ushers.

**Last Day to Register
for PrimeTimers' (55+)
Trip to PA**

Night of Hope Global Outreach Auction



We're Better Together! Our Better Together Board (front right) is a place where we can share one another's burdens. If you have a need (home maintenance, ride, etc.), please put it on the board. If you have something to offer (rides, raking, furniture, etc.), please put it on the board. Most importantly, in either case, write your name and phone number on the back. Then, check back regularly to see if someone has what you need or needs what you have! You make the match.

Closing Announcements

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings visible.

Fall 2025 GROUP CATALOG

BECAUSE LIFE IS BETTER TOGETHER

WHAT'S THE DIFFERENCE BETWEEN A CLASS AND A SMALL GROUP?

A CLASS is topic-specific and has a finite length. A SMALL GROUP is a gathering of 8-12 people with whom you can grow in your faith, find support and have fun. Building relationships takes time and effort but you'll find that many of the closest bonds between Curtis Lakers began in a group environment.

HOW TO SIGN UP

Simply identify the class or small group (or both) that you'd like to sign up for and write its code (see back) on your communication card in the space provided. The class/group leader will follow up to provide you with more information.

You can also sign up by scanning the QR code to the right.



CLASS DESCRIPTIONS



Small Groups

There are a variety of small groups meeting at church or in homes for the purpose of connection, growth and "doing life together." Small groups are not semester-bound, but the start of a new semester is a great time to jump in!

While many of the groups are open to anyone regardless of gender, age or place they are in their faith, there are specific groups that meet according to something common to all members. There are men's groups, women's groups, a group for GenZ, a group for moms, etc. Materials fee may apply, depending on group's topic of study.

Alpha

Alpha helps create a space for honest conversation around some of life's biggest questions. This class is designed to provide guests an opportunity to connect with one another while providing the opportunity to share thoughts, ideas, and opinions in a safe and caring environment. Meets on Thursdays at 6:30pm.

Bible Studies

There are several groups devoted specifically to Bible study. There are groups for those just beginning to open God's Word. There's a group continuing their spring study of Psalm 119, and there's a daytime group studying Mark that is open to anyone.

**Daytime
Bible Study**



Caregiver's Support Group

This class will address the emotional, practical, and spiritual challenges of caregiving, while also emphasizing self-care and finding joy in the process. Materials fee: \$13



GriefShare

GriefShare helps group members apply biblical principles to the healing process after the death of a loved one. Throughout the videos and workbook, participants see how the gospel brings hope and restoration. Materials fee: \$22



Loss of Spouse Seminar

Saturday, September 6th, 10:00 AM - 12:00 PM
The death of a spouse brings a unique kind of pain. People who are widowed haven't just lost a loved one – they've lost an entire lifestyle. The Loss of a Spouse seminar will provide participants with practical strategies for those grieving, devotions with scriptural teaching and words of comfort and encouragement, and a community of people who understand such loss.



TBRI for Parents

As parents, we all want the best for our children. We'll be offering monthly parent classes the first Wednesday of each month, 5:00-6:00pm, with childcare provided. Session topics include Correcting and Redirecting, Wisdom of the Body, Wisdom of Time & Space, Wisdom of Physical Space.

Day	Group	Leader(s)	Time	Location	Code	
Monday	Women's Small Group	Laura Mullins & Marla Bridges	6:30 PM	Church	WMB-1	FULL
	Beginners' Bible Study	Shaina Morrow	6:30 PM	Church	BEG-2	
	Women's Small Group	Megan Talbot	7:00 PM	North Berwick	TAL-3	
Tuesday	Psalms 119 Study - Part 2	Rose Erwin	6:00 PM	Church	ERW-4	
	Grief Share	Diane Thibault	6:00 PM	Church	GSM-5	
	Caregiver Support Group	Rebekah Erwin	6:00 PM	Church	CARE-6	
	Men's Small Group	Norm Sirois & Derek Moore	6:30 PM	Church	MSM-7	
	Women's Small Group	Terri Richer	6:30 PM	Sanford	RICH-8	
	Howe Small Group	Geoff & Tammy Howe	6:30 PM	North Berwick	HOWE-9	
	Eldridge Small Group	Dave & Donna Eldridge	6:30 PM	Springvale	ELD-10	
	30s & 40s Women's Group	Alli St. Jeanos	6:30 PM	Sanford	ASJ-11	
Wednesday	Women's Beginner Bible Study	Karen Odor & Shaina Morrow	8:15 AM	Church	WBEG-12	
	Grief Share	Diane Thibault	10:00 AM	Church	GSA-13	
	TBRI for Parents (1st Wednesday of Month)	Marisa Stam	5:00 PM	Church		
	Palmitessa Small Group	John & Pam Palmitessa	6:30 PM	Alfred	PALM-14	FULL
	Men's Small Group	Jed Russell & Don Munz	6:30 PM	Church	MEN-15	
	Rogers' Small Group	Peter & Sharon Rogers	6:30 PM	Church	ROG-16	
	Young Adults (18-30) Group	Josh & Renee Parison	6:30 PM	Church	YNGA-17	
Thursday	Daytime Bible Study	Pat Tiller	10:00 AM	Church	DAY-18	
	Men's Small Group	Ethan Morrow	5:30 PM	Church	MAM-19	
	Moms' Small Group	Jen Dudley & Lauren Durge	5:30 PM	Church	MOM-20	
	Grief Share	Eileen Solari	6:00 PM	Online	GSO-21	
	Alpha	Carol & Stan Smith	6:30 PM	Church	ALPHA-22	
Friday	GenZ Small Group	Pat Tiller	6:30 PM	Church	GENZ-23	
Saturday	Loss of Spouse Seminar - September 6th	Diane Thibault	10:00 AM - 12:00 PM	Church	LSS-24	
	Navigator's Discipleship Conference - September 13th	For more information, write NAV-25 on your communication card or see Steph Hamlyn	8:00 AM - 2:00 PM	Gorham	NAV-25	

NEED HELP?

That's what family is for!

Everyone goes through highs and lows in this life. As a church family, we are here to pray for you, walk with you, and point you toward helpful resources. You were not meant to do life alone.

Need someone to listen and/or pray for you? We have a team of pastors and care ministers who are trained to do just that. If you are connected to a small group at Curtis Lake, your leader is also someone who can fill that role.

Looking for resources regarding pregnancy, marriage, addiction or grief? Our staff can point you in the right direction.

Looking for financial help? That's available as well. In fact, we're part of a network of Christ-followers (OneNeed) who feel called to generosity and want to help.

Our Executive Director of Ministry Support Services, Sharon Rogers, would love to help facilitate meeting your needs, as well as the needs of anyone in our community. She can be reached at sharon@curtislake.org.

TODAY AT CURTIS LAKE

8:45am Service

Worship Experience
Nursery (Infants to Age 2)
Firefly Hollow (Age 2 to Pre-K)

10:30am Service

Worship Experience
Nursery (Infants to Age 2)
Firefly Hollow (Age 2 to Pre-K)
Kidz Church (Kindergarten to 4th Grade)
Middle School Deep End (Grades 5-8)

Tonight

High School Ministry Kickoff - 6:00-8:00pm
Come out for laser tag, food, and friends!

DURING THE WEEK

Wednesday Night Bite - FREE!

Pasta, pizza and salad

Small Groups

Life was meant to be done in community. There are a variety of small groups/classes that meet throughout the week. FMI, visit curtislake.org.

Curtis Lake Kids Early Learning Center

Our state-licensed child care center is open Monday through Friday. Now accepting applications for infants through preschool, as well as before and after-school programs.



Get the
Curtis Lake
App!



38 Westview Drive, Sanford, Maine
Church Office: 207-324-0652
www.curtislake.org