

Weekly Enews for January 11 – January 20, 2019



This Weekend



Blood Pressure Screenings at Alpine Center Sunday, January 13

Blood pressure screenings will be done by parish nurses at Alpine Center today from 9:00-9:30 a.m. and 10:30-11:00 a.m. in the Armstrong Lounge. Screenings will be done at Our Master's Center on Sunday, January 20, 10:30-11:00 a.m. in the Library.



Sermon Series and Book Study

Unafraid: Living with Courage and Hope in Uncertain Times by Adam Hamilton

For anyone struggling with fear, worry, or anxiety, or wonders how families and communities can live as peacemakers in troubled times. Unafraid offers an informed and inspiring message full of practical solutions.

Drawing on recent research, inspiring real-life examples, and fresh biblical insight, Rev. Hamilton shows how to untangle the knots we feel about disappointing others,



Welcome to Christ UMC Text/App Giving Through Tithe.ly

**You can conveniently give
anywhere, any time,
on *any device!***

To text to give: Text 815.769.5180 and enter Give. You will receive a reply with a link. Select the link and complete your giving.

To give using the app: First download the Tithe.ly app and then under find a church, enter Christ UMC, create an account, and complete your giving.

failure, financial insecurity, loneliness, insignificance, and aging. Then he helps readers understand and counter fears related to such outside perils as terrorism, death, and the apocalypse.

Hamilton shows how believer and unbeliever alike can develop sustaining spiritual practices and embrace Jesus's recurring counsel: "Do not be afraid."

Each week the pastors will preach on a specific fear or group of fears and give real life examples of those who have overcome such fears, tools to use in your own battle, and practical advice on how to live life unafraid in the face of real life fears.

Sermon Series: Sunday, January 6 – Sunday, February 17 (7 weeks)

Study Groups begin: (5 sessions)
Mondays, 10:00 a.m. in the Alpine Dining Room Jan. 7th (Last Class Feb. 4)

Wednesdays, 6:00 p.m. in the Alpine Dining Room Jan. 9th (Last Class Feb. 6)

Questions: Visit our website - see link below - or contact the church office at 815-399-5910.

Click below to go to our website:

<http://christumc.cc/give>



QUILTING GROUP

CUMC Quilt Group Resumes

Ready, set, quilt! **The CUMC Quilt Group will resume meeting on Thursday mornings, 9:00 a.m. to noon, on Thursday, January 17.** We meet in the Trinity building. All are welcome. Questions? Call Renee Johnson at 815-397-9270.

No Our Master's Group – they already studied Unafraid in the Thursday book study group

Classes will be taught using a video. You may come to classes as you choose and be able to participate fully in the discussions. No need to buy the book for this class. No need to sign up - just come as you can.



Women's Circles

**Caravan Circle Meeting
Wednesday, January 16,
9:30 a.m. at Our Master's
Center**

Our speaker will be Joy Hayag, who is the Director of Children's and Family ministries and a deaconess at Christ UMC. We will also have our annual pledge service for United Methodist Women. Deb Whinnery will do devotions and provide refreshments. Everyone is welcome. If you have any



Good Grief Support Group Schedule

Good Grief is a support group for anyone who has lost a loved one. No sign-ups are necessary, just come as you can. **The next meeting date will be January 24, 5:00-7:00 p.m. in the Alpine Coffee House, and the fourth Thursday of every month following.** If you have any questions, please contact Pastor Dee at the church office, 815-399-5910. Please join us for a time of hope and healing.



questions, contact Sharon Watts at 815-398-3541.



Coffee Hour Servers Needed at Alpine Center

Coffee hour servers are needed for **February 3, 10, 17**. If you can help, please sign up at the Alpine Connection Center or email Gayle George at gaylegeorge@christumc.cc.

Scout Sunday is February 10

On February 10, we will celebrate those who are in Boy or Girl Scouting. Everyone is invited to wear their uniform to church that day as we recognize those who participate in these organizations.



Daily Breakthrough Prayer

Please stop and pray this prayer daily at 7:07 a.m. and/or 7:07 p.m.

God of hopes and dreams and visions for the future, we ask you to send the Holy Spirit to break through into our lives and into your church. Help us sense where your Spirit is leading. Give us faith and courage to step through the doors that you open.

Amen.

Click below to go to the three Facebook pages for Christ UMC:

<http://www.Facebook.com/cumcroxford>

<https://www.facebook.com/studentministriescumc/>

<https://www.facebook.com/Christumcchildrensministry>

Click below to go to the Christ UMC Website:

<http://www.christumc.cc>